



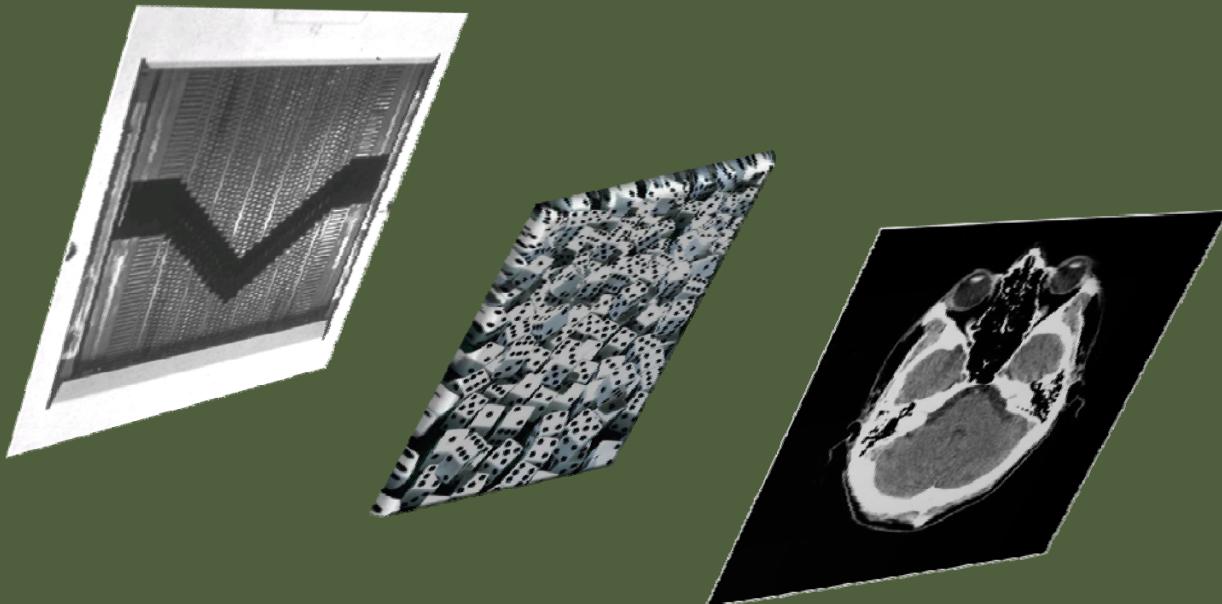
## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning



A. Leal Plaza<sup>1,2</sup>; FJ. Salguero<sup>1</sup>; B. Palma<sup>1</sup>; R. Arráns<sup>2</sup>; A. Ureba<sup>1</sup>; I. Romero<sup>2</sup>

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2 Hosp. Univ. Virgen Macarena, Serv. Radiofísica/Radioterapia, Sevilla





## Radiotherapy Techniques to be used from now on:

### From the point of view of procedure

- Shaping by MLC.
- Modulation by MLC.
- Collimation device integrated in the planning system.

Latest 3 years

290 references MLC

### From the point of view of Radiation protection

- Less shielding possible for just the necessary MUs (few fields instead of sliding windows).

50 references DAO

### From the point of view of the administration

- More treatments with high dose rate.
- Hypofractionation where possible.
- Simultaneous irradiation volumes.

170 references APBI

55 references SIB



## Hardware for these techniques:

- Robust Multileaf collimation device.
- Good positioning system (IGRT).

## Software for these techniques:

- A system able to give solutions with the required precision.
- A system with the correct input sources.
- A system able to consider the actual interactions with the collimation devices.
- A system able to consider the inhomogeneities in the dose calculation.



## Problems in Radiotherapy (utopian goal: dual objective):

- Dose calculation in the patient.
- Fluence map for IMRT.
- To find the MLC segments or apertures.

## Mathematical solutions:

- Numeric method for dose calculation (Monte Carlo)
- Optimization procedure to find the weights.
- Sequencer to obtain the apertures.



**"An accuracy of about 5% in dose delivery is required to effectively treat certain types of cancers and to reduce complications".**

**ICRU Reports 24 (1976) and 42 (1988)**

$$\sigma^2 = \sigma_{\text{calib}}^2 + \sigma_{\text{dose}}^2 + \sigma_{\text{setup}}^2 + \sigma_{\text{motion}}^2 + \dots$$

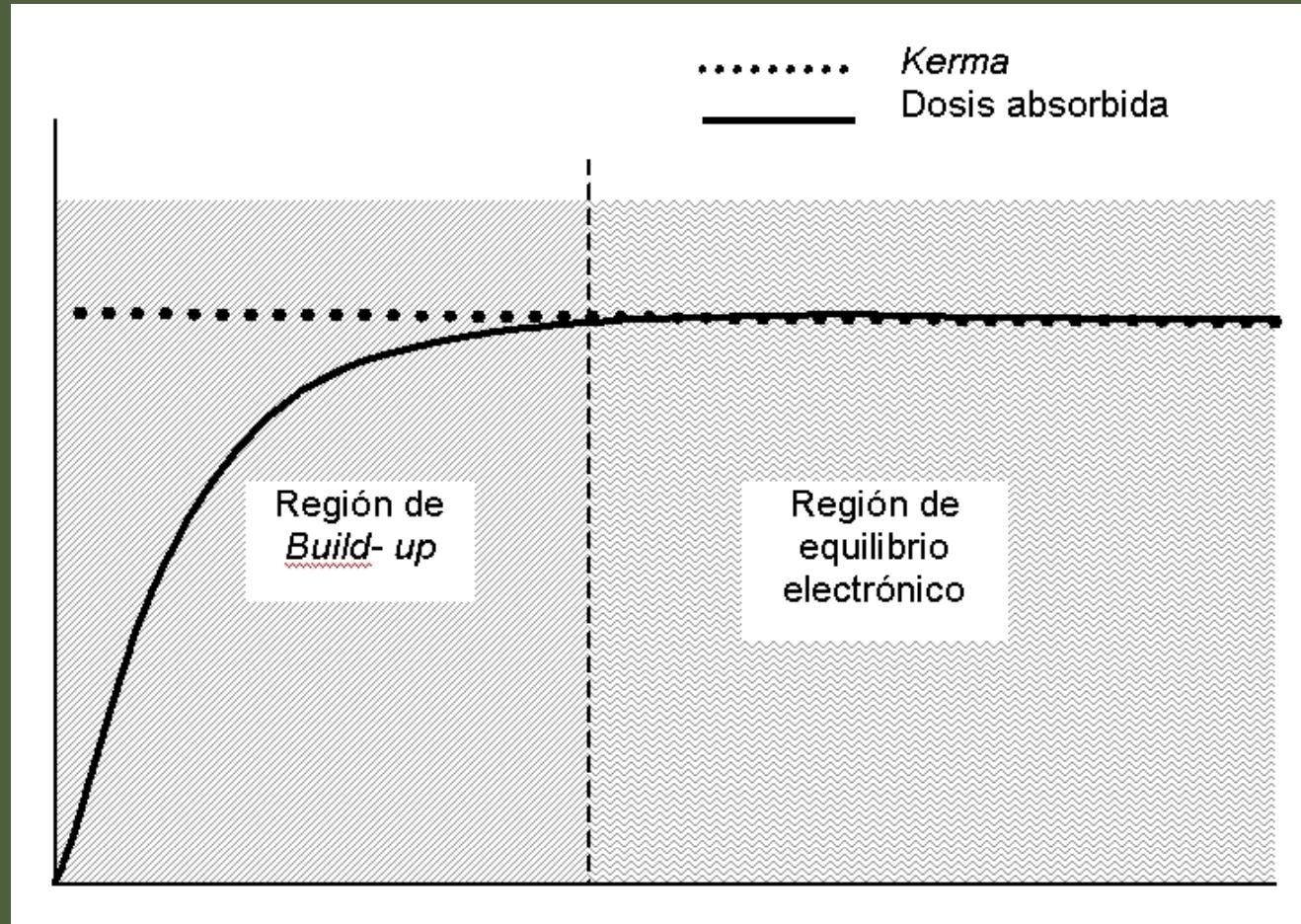
and

$$\sigma \geq 2\sigma_{\text{dose}} = 5\%$$

then

$$\sigma_{\text{dose}} = 2.5\%$$

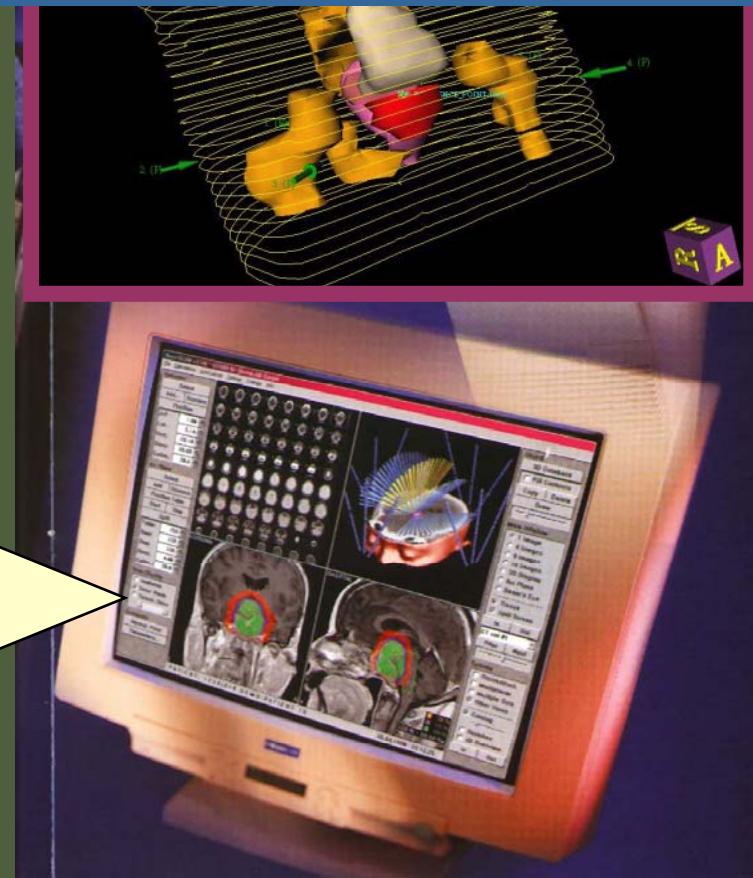
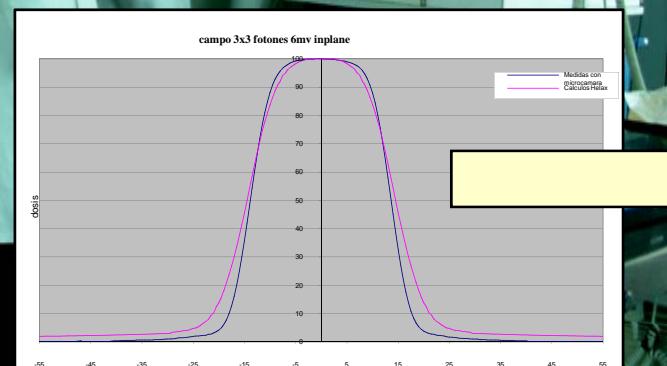
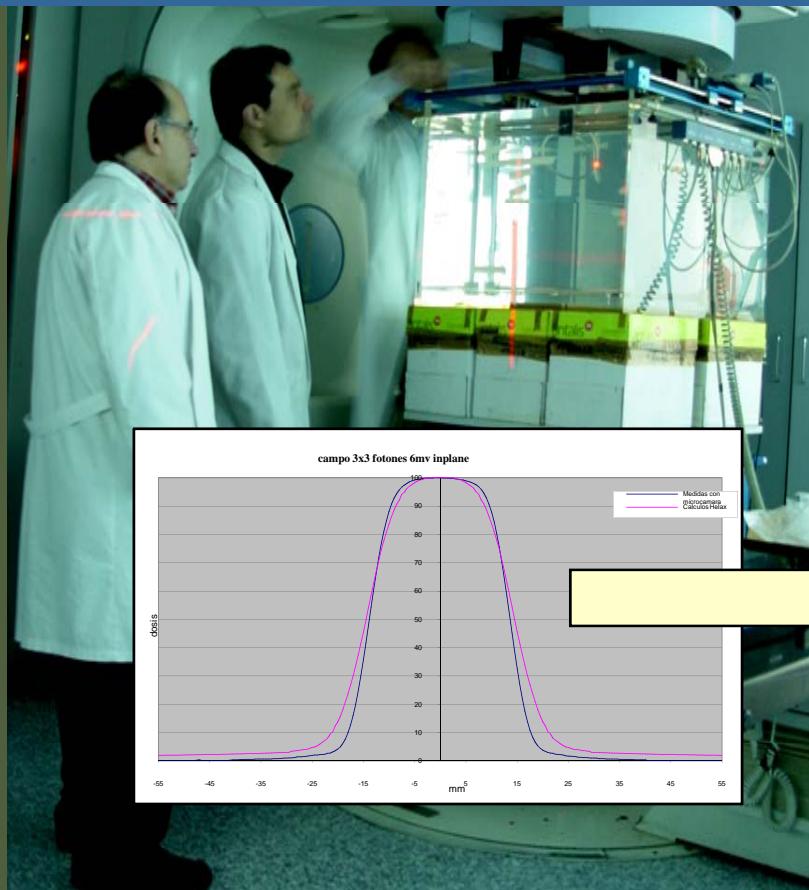
## General problem: No local energy deposition



KERMA: Kinetic Energy Released in MAterial

# Uncertainty linked to measurements

The best analytic algorithm needs experimental measurements for the relative dose in a conventional TPS





## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning



What about a protocol for non standard fields (IMRT, Radiosurgery) ?... Capote et al. IAEA



IAEA-TECDOC-1455

### *Implementation of the International Code of Practice on Dosimetry in Radiotherapy (TRS 398): Review of testing results*

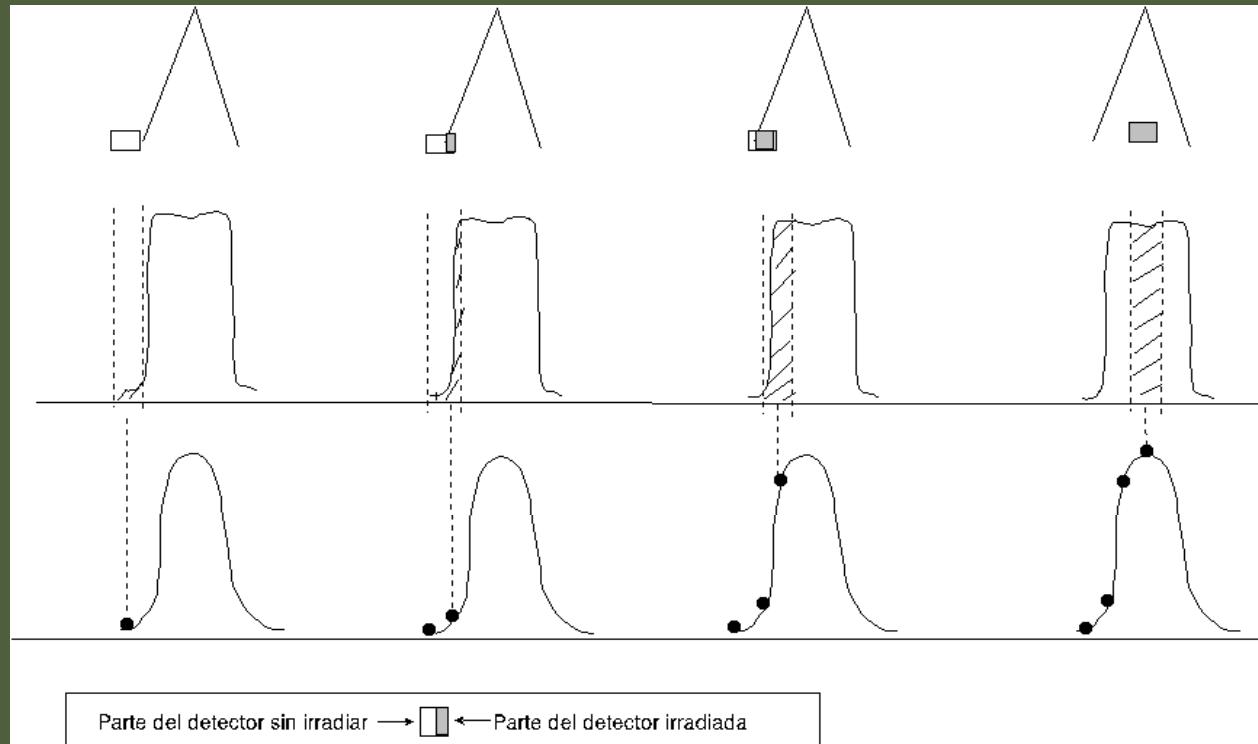
*Final report of the Coordinated Research Projects on Implementation of the International Code of Practice TRS 398 at Secondary Standards Dosimetry Laboratories and Hospitals*



June 2005

$$D_{water} = D_{air} \cdot s_{w,air} \cdot p_{cav} \cdot p_{dis} \cdot p_{wall} \cdot p_{cel}$$

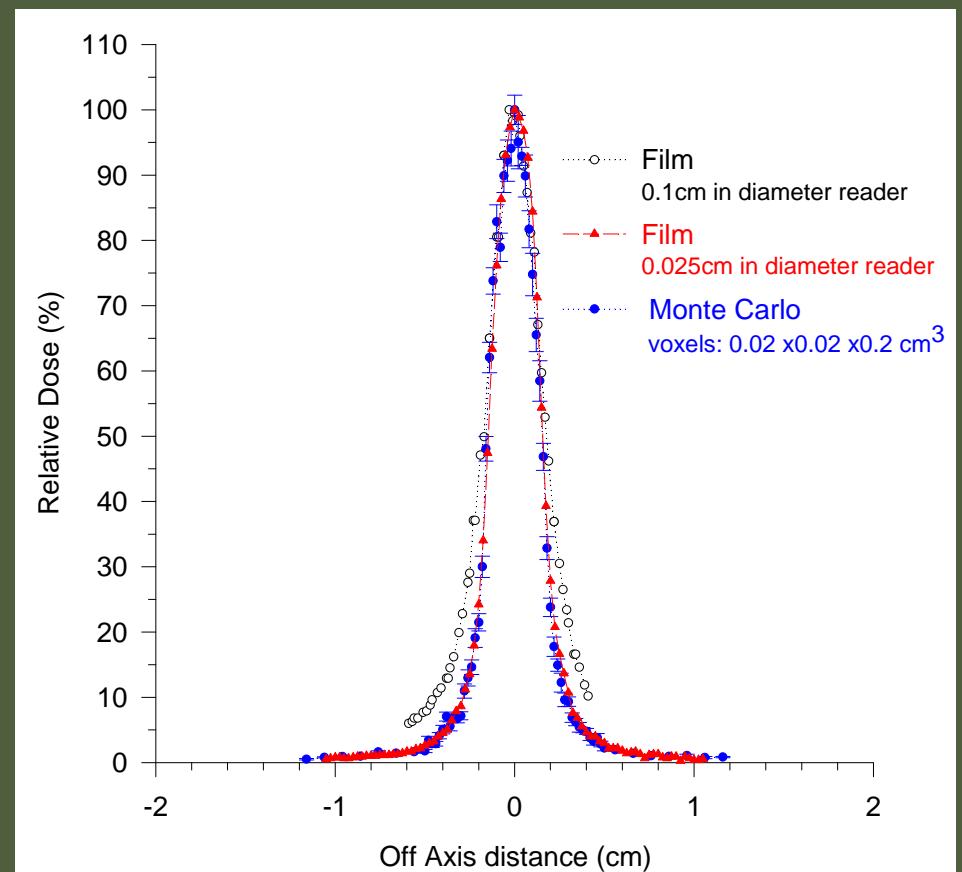
The smaller detector is too big to measure penumbra of small fields



Resolution? —————> Reader size

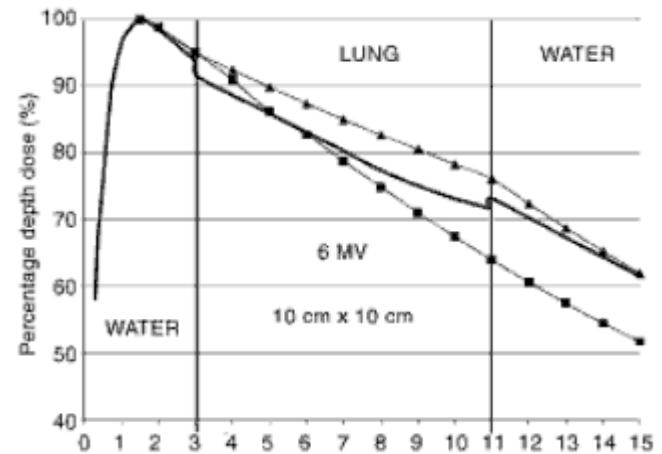
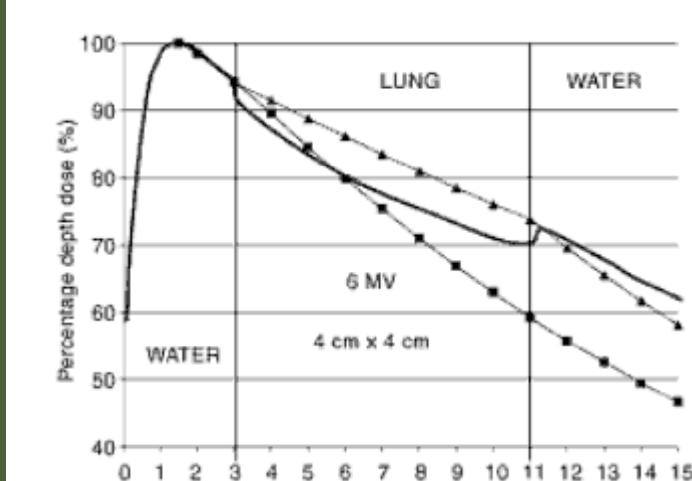


## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning

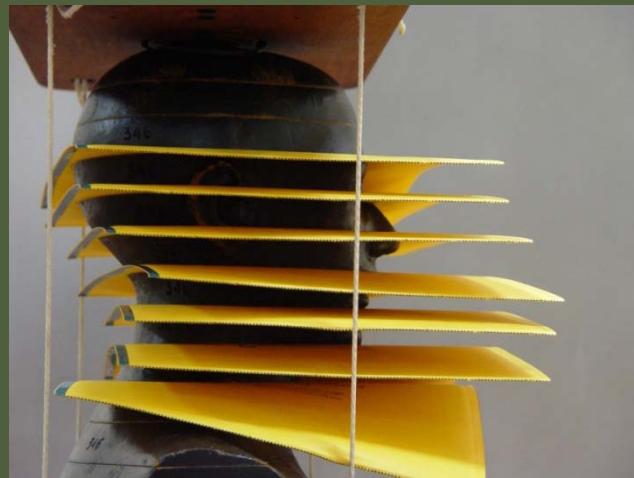


### Heterogeneities considerations:

- How is considered the build-up region?
- What about rebuild effect?



**Handbook of radiotherapy physics: theory and practice** Escrito por Philip Mayles, Alan E. Nahum, Jean-Claude Rosenwald



Patients do not let us do certain things



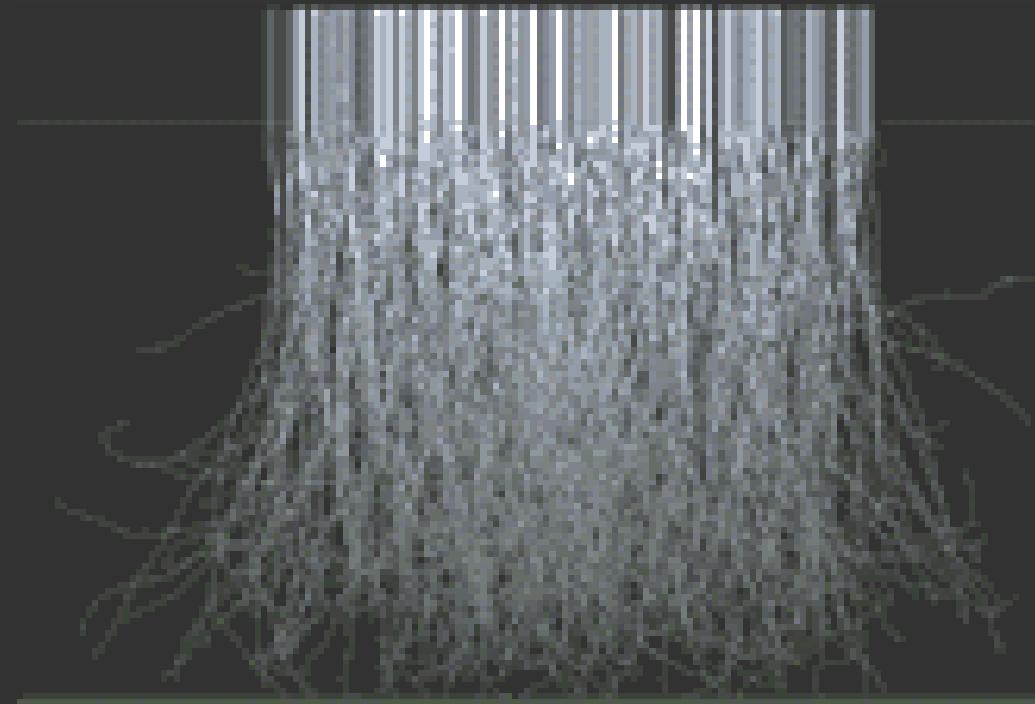


## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning



# Monte Carlo

# EGS (Electron Gamma Shower)





## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning



### Inventors: Neumann and Ulam 1949



**John Von Neumann**

(1903-1957)



**Stanislow M. Ulam**

(1909-1984)



Random  
numbers

Monte Carlo

Results

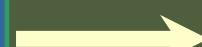
Physical  
Problem

Probability  
Functions

(well defined)



Statistical  
Error  $\frac{1}{\sqrt{N}}$





- Conventional algorithm:

- Radiotherapy: Treatment Planning system (TPS)

- Pencil beam

- Collapsed cone

- Monte Carlo Method:

- Physical problem described by probability well known.
  - Random numbers linked to parameters of the functions.
  - Average values from the sampling with high N.
  - Dose Variance ( $\sigma^2$ ). The higher N the lower  $\sigma$     $\sigma^2 = 1/N$
  - Efficiency ( $\epsilon$ )

$$\epsilon = 1/(\sigma^2 T)$$

T (CPU time)



## Radiation transport

- Photon events

Rayleigh scattering

Photoelectric effect      Energy value      Atomic number ( $Z$ )

Compton scattering

Pair production

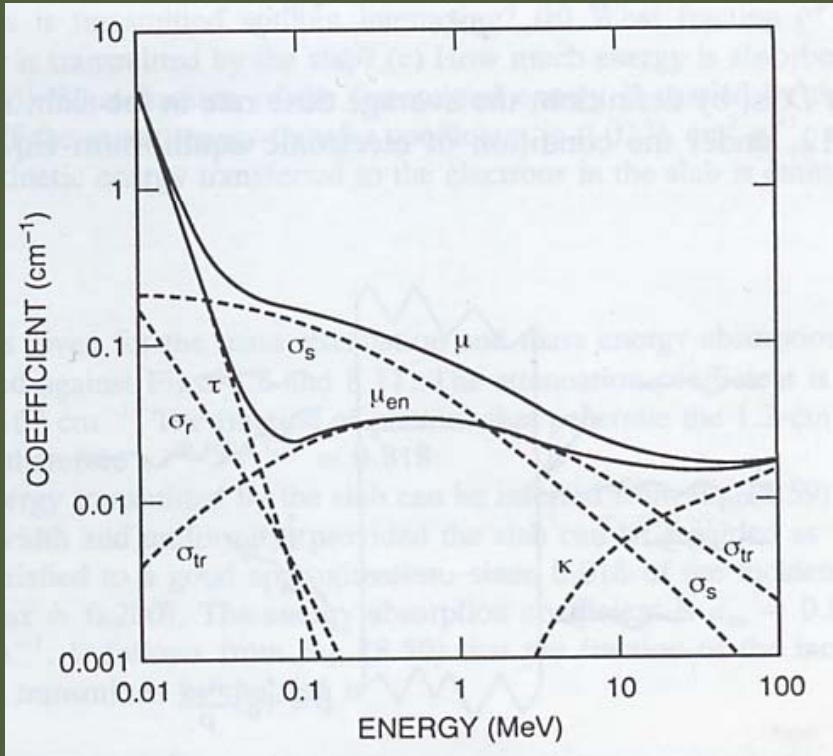
- Electron events

Inelastic collision with  $e^-$

Bremsstrahlung

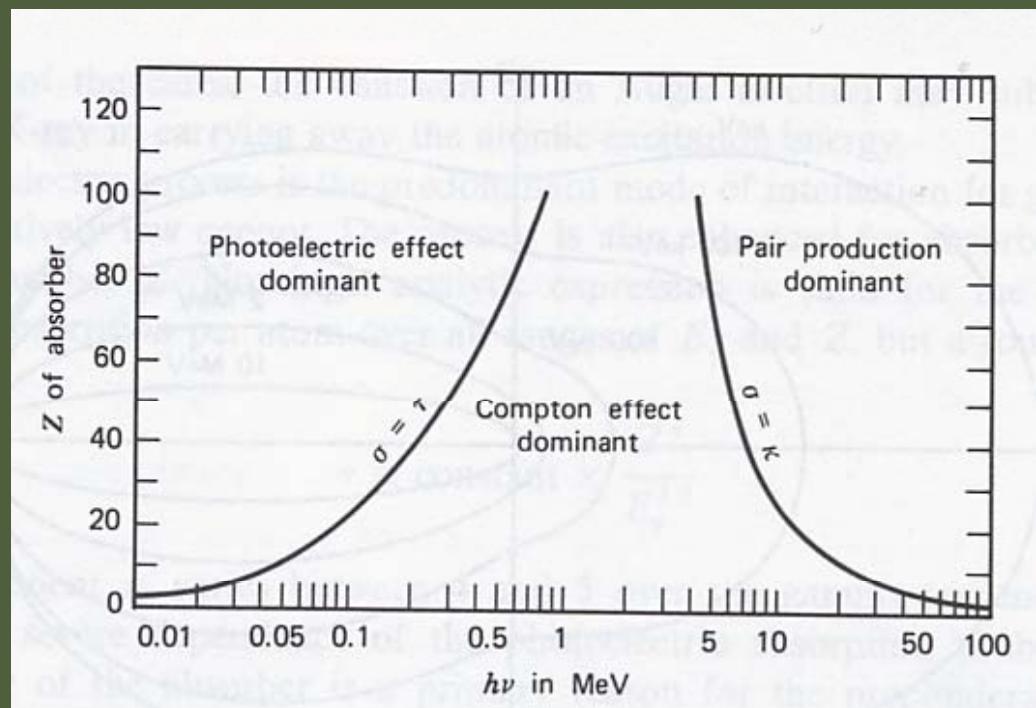
Electron-positron annihilation

Elastic collisions with atomic nucleus



Essential cross sections corresponding to clinical energy values

Attenuation coefficients depending on the incident energy photon in water





## Clinical implementation of Monte Carlo

- F Hasenbalg, H Neuenschwander, R Mini and E J Born. Collapsed cone convolution and analytical anisotropic

Monte Carlo dose calculation for photon and electron beams. Med Phys 32(2005) 2850-2859

**"Issues associated with clinical implementation of  
Monte Carlo-based photon and electron  
external beam treatment planning"**

**Med Phys: 34 (2007) 4818-4853**

**AAPM TG 105 report**

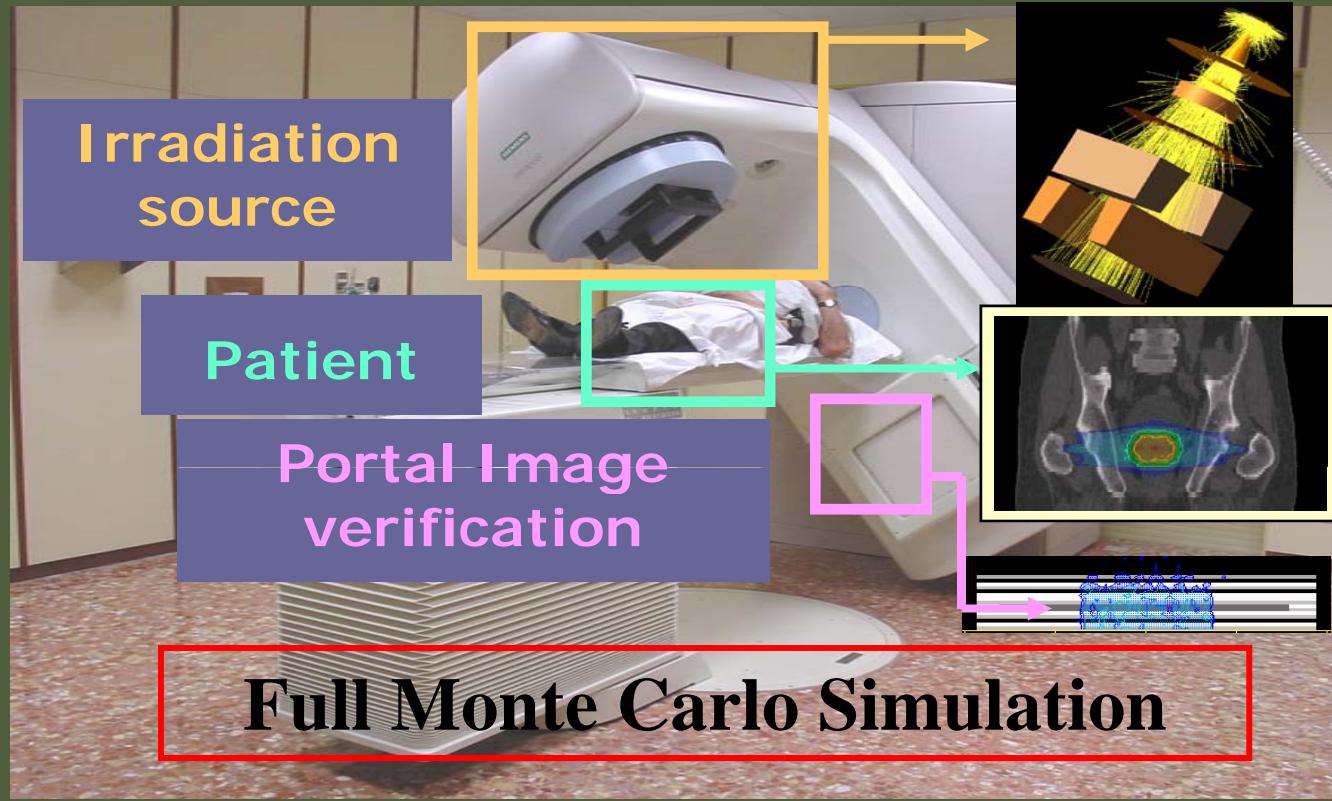
**IJ Chetty, B Curran, J Cygler, J DeMarco, G  
Ezzell, B Faddegon, I Kawrakow, P Keall, H  
Liu, C-M Ma, DWO Rogers, D Sheikh-Bagheri,  
J Seuntjens, JV Siebers**

calculation method for photon beams".

- Krieger T, Sauer OA. Phys. Med. Biol. 2005, Vol.50,Iss.5, 859-868. " Monte Carlo- versus pencil-beam-/collapsed-cone-dose calculation in a heterogeneous multi-layer phantom".

Monte Carlo dose engines are already implemented in commercial TPS.

- Monte Carlo calculations of dose in a patient phantom VMC++ in MDS-Nordion (Kawrakow and Fippel).
- Several MCTP home made system and no more:



Linacs simulated by the Medical Physics Sevilla group

Elekta

Siemens

Varian

SL-18



Primus



Varian 2100 DC



Radiosurgery

IMRT  
Step & Shoot

IMRT  
Dynamic

## Technical specifications

**7.3.2 SL series radiation head reference dimensions**

**Hardening Filter**

Top of 3mm  
in the  
wall end of  
the filter to  
get side  
collimator  
8 mm from  
set ref.

Section A (not to scale)

Target ref.  
Electron window  
Rotatable collimator  
15  
12.9  
27.4 ± 10°  
62.9

**Diodragnos:**  
Lead with Tungsten Inlet  
Machines from 5141  
are 60mm Pb, 40mm W.  
Tungsten is on the front.

**Figure 7-4 SL Series radiation head reference**

NOTE: all dimensions are nominal mm  
 $X = 20\text{mm}$  for the large wedge  
 $X = 17\text{mm}$  for the standard wedge  
 Target to base  
 Target to primary  
 Target to Law En

Lead = 96% Pb, 4% Sb.  
 Tungsten = 95% W, 3.75% N

**Figure 7-5 The modulated wedge**

Patient Support System & Accessories Operators Manual  
 © 1996 Philips Electronics U.K. Limited

**Santiago Workshop**



# Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning



## BEAMnrc/EGSnrc

### BEAM Users Manual

D.W.O. Rogers, C.-M. Ma, G.X. Ding and B. Walters

Ionizing Radiation Standards

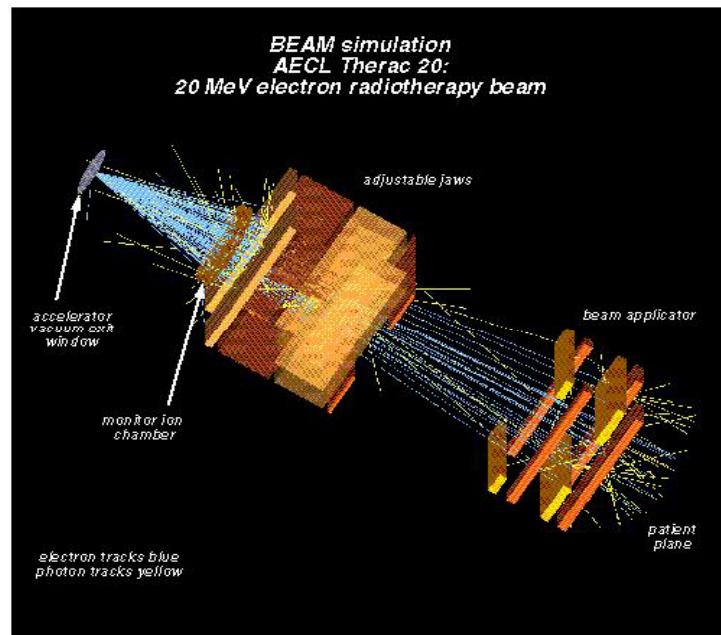
National Research Council of Canada

Ottawa, K1A 0R6

dave@irs.phy.nrc.ca

Prepared: September 30, 1997 (last edited: 28 Sep 1997)

NRCC Report PIRS-0509(A)revB

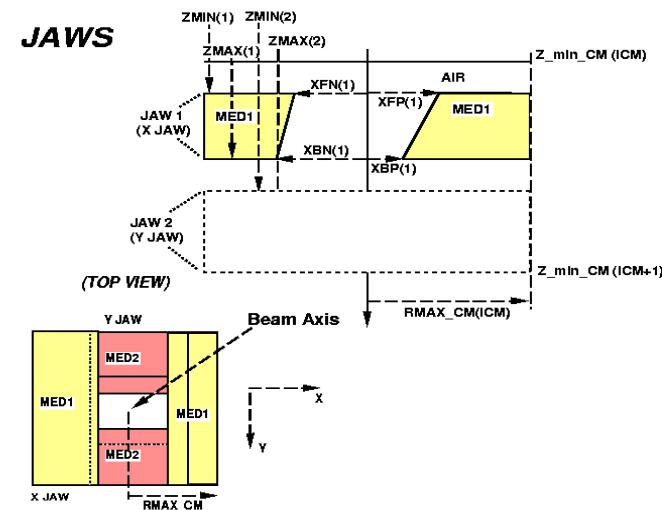
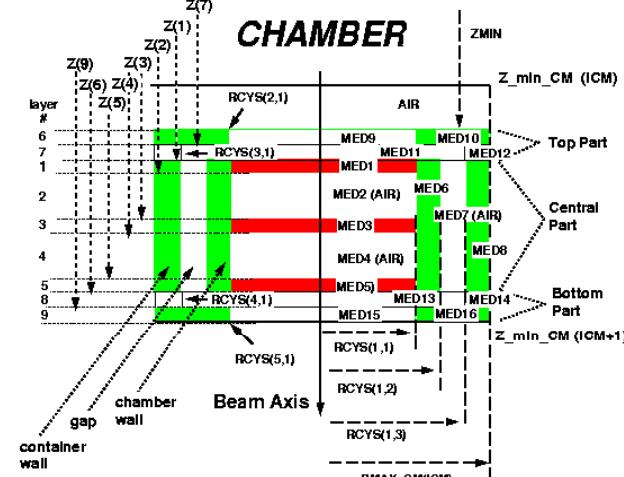
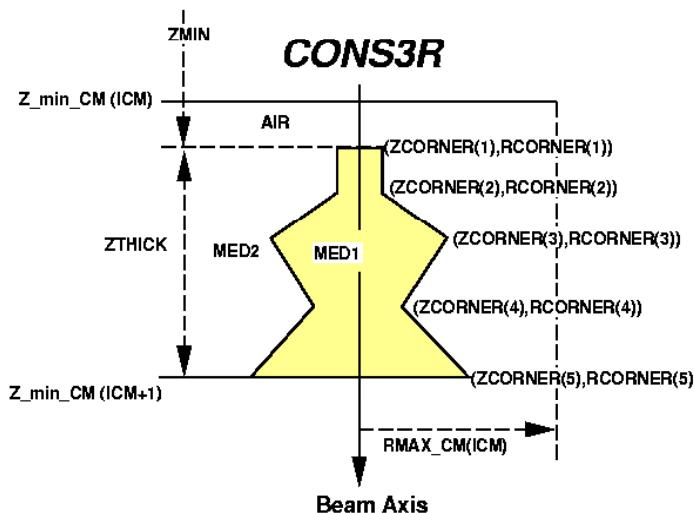
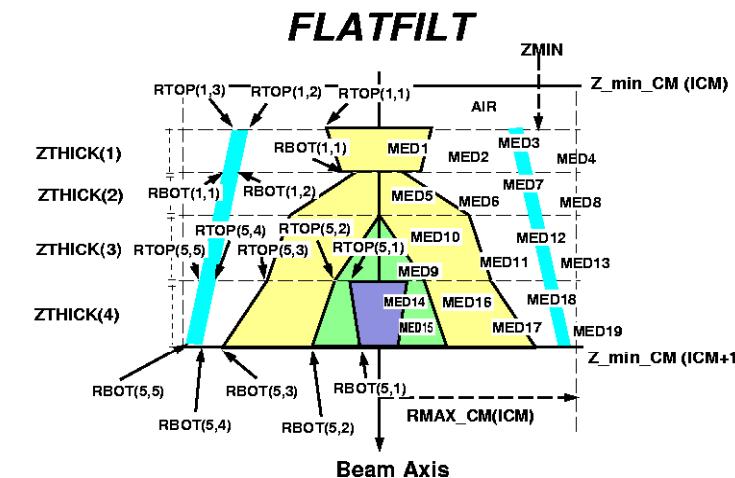


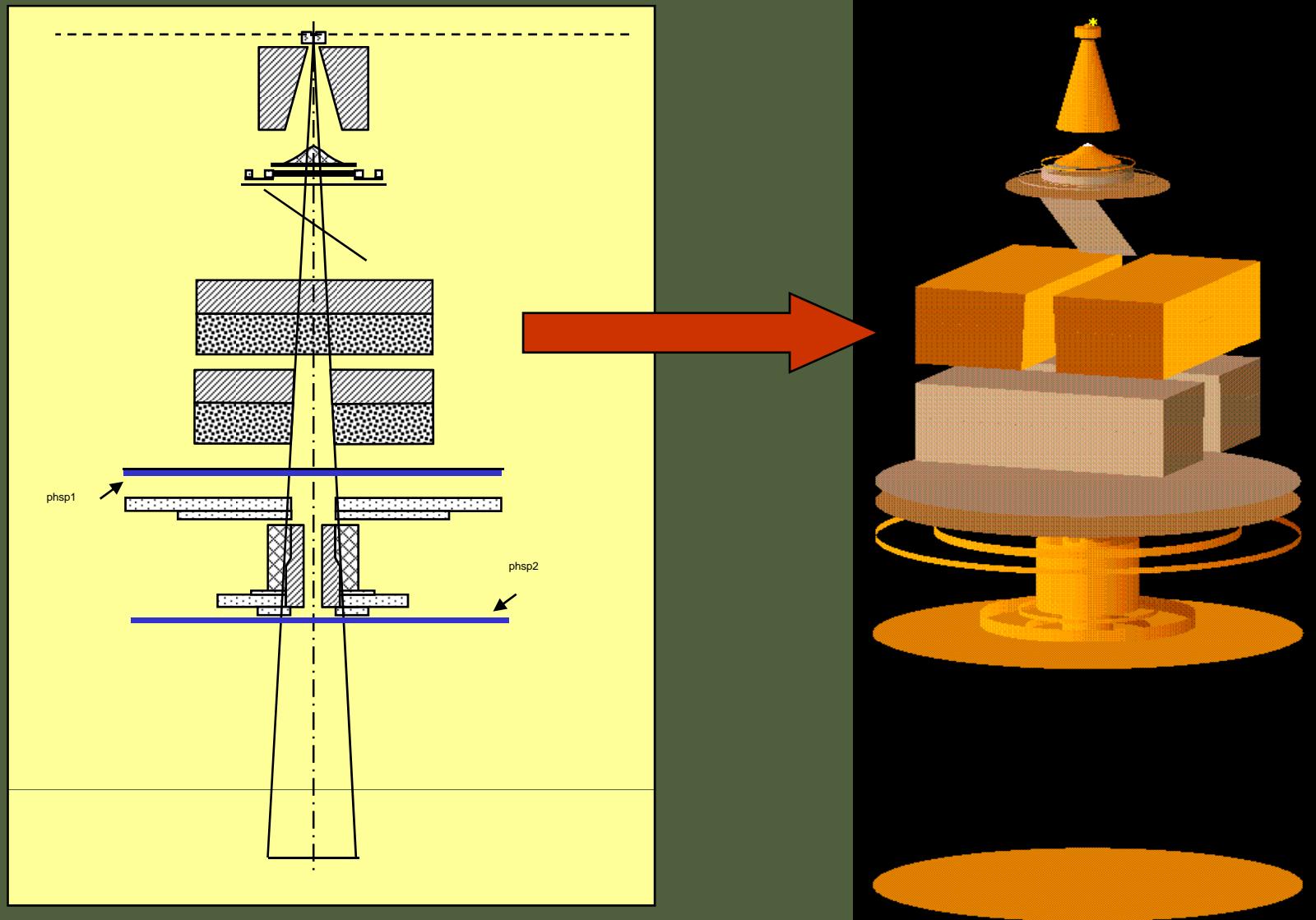
Source tex file is: \$OMEGA\_HOME/doc/beam\_utm/beam\_utm.tex

Available on-line for authorized users via:

<http://www.irs.inms.nrc.ca/inms/irs/BEAM/beamhome.html>

## Component modules







## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning



# Radiosurgery

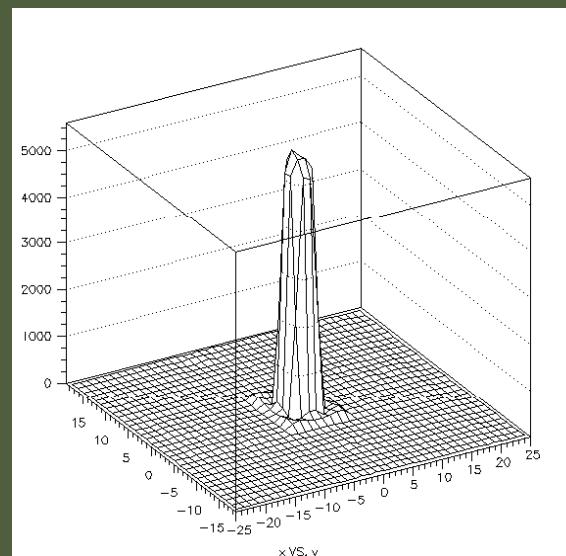
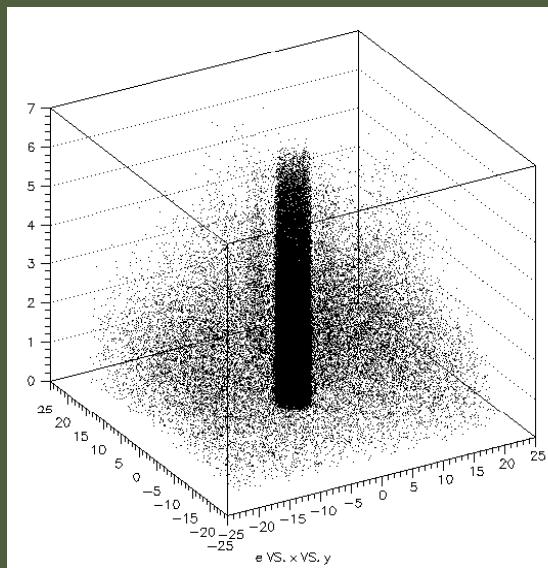
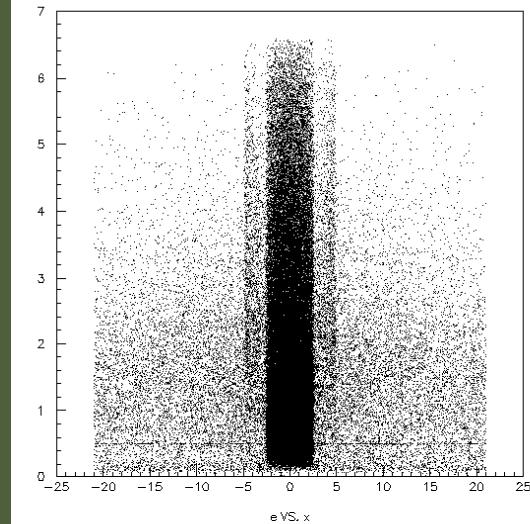
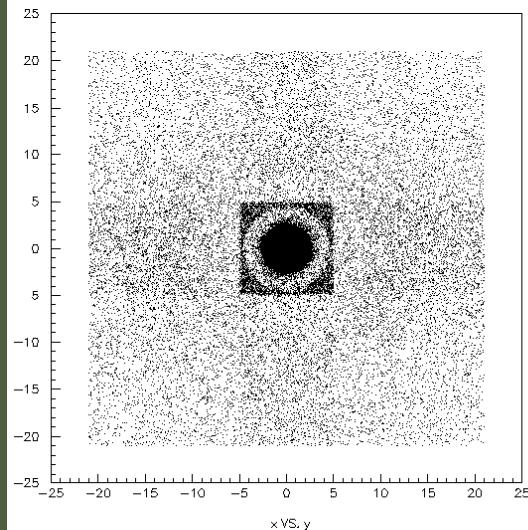




## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning



# Radiosurgery



## IMRT: Effect of the interaction with the MLC

**- This study is not feasible using conventional TPS :**

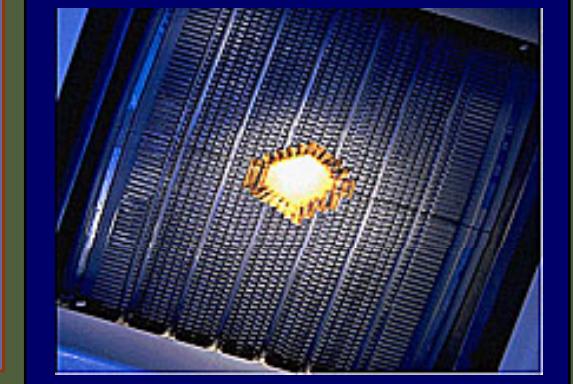
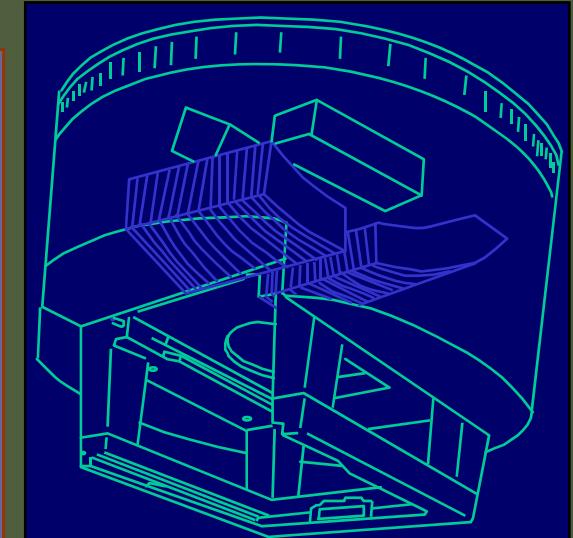
Experimental data is needed as input

**-Accurate, universal and portable results:**

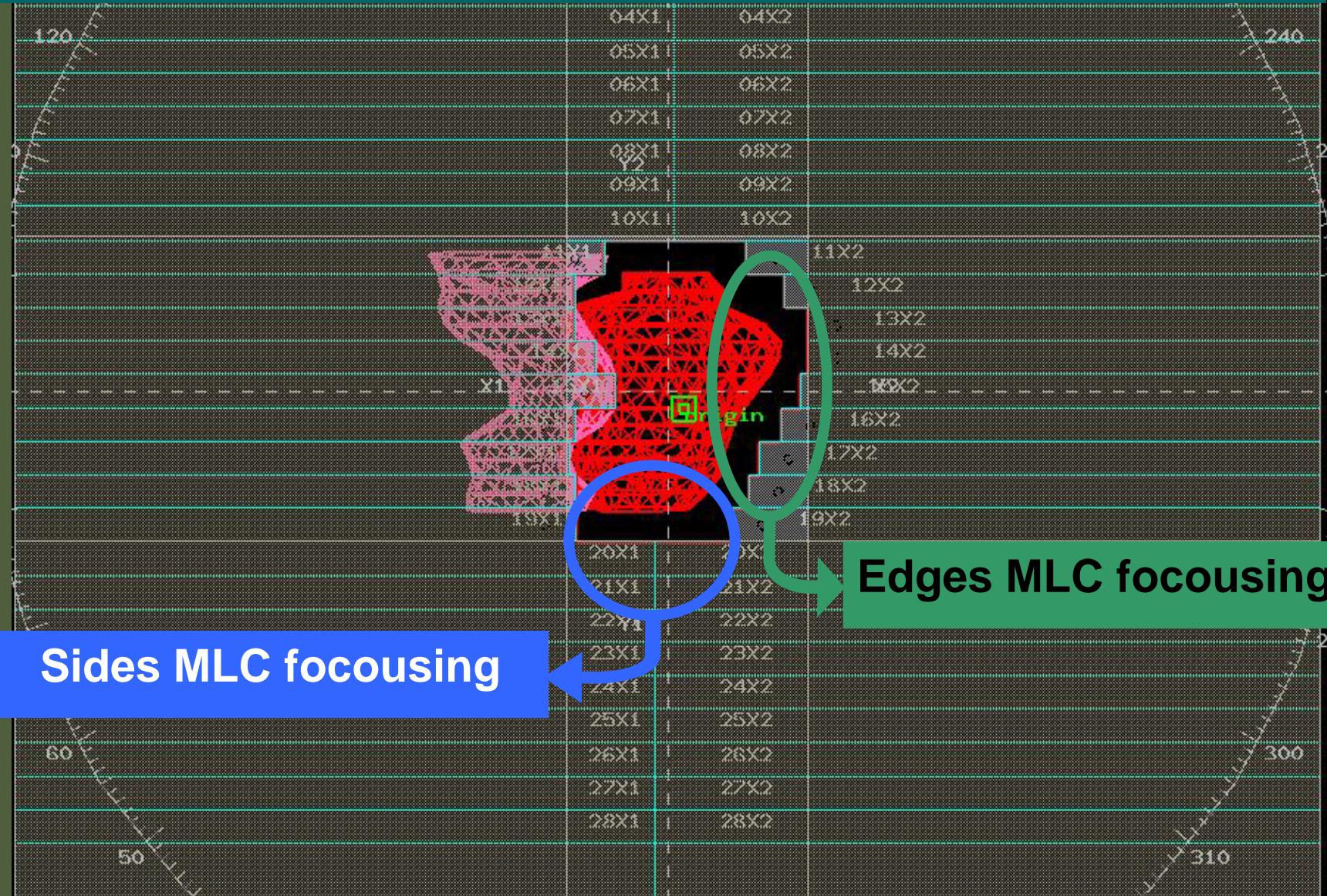
TPS independent dose distribution

**- Flexible geometrical specifications :**

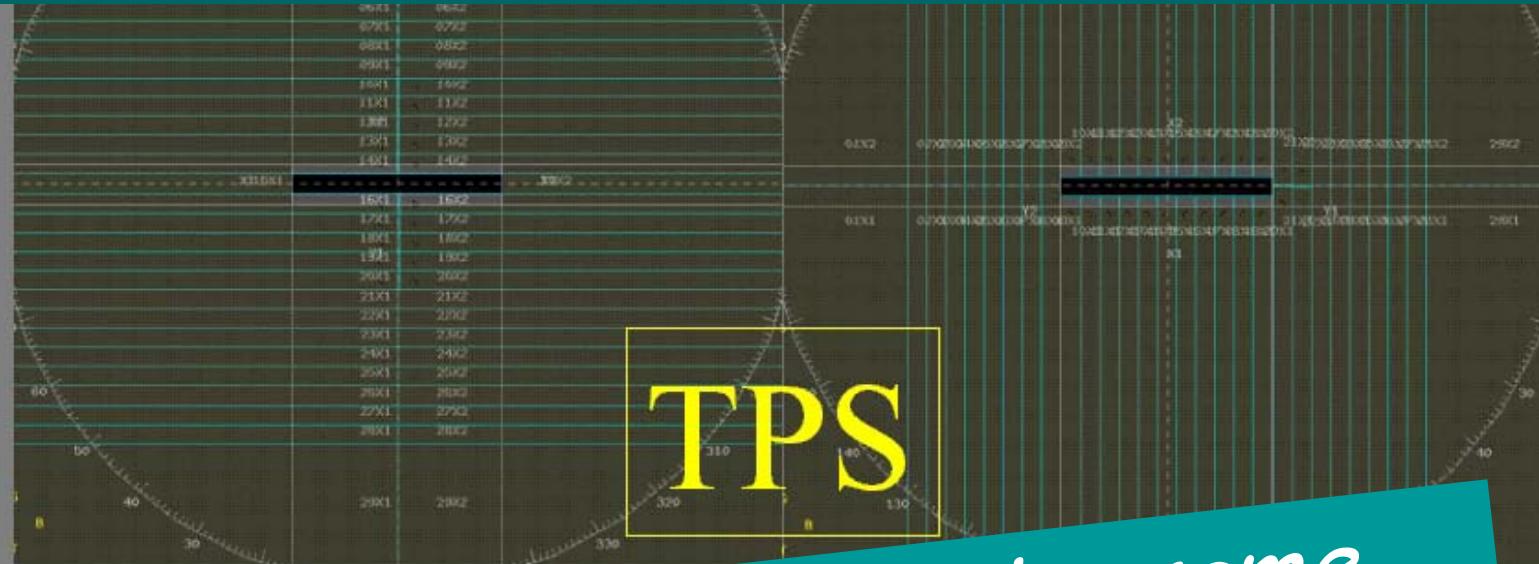
Dose differences can be associated with any specific MLC geometric variations.



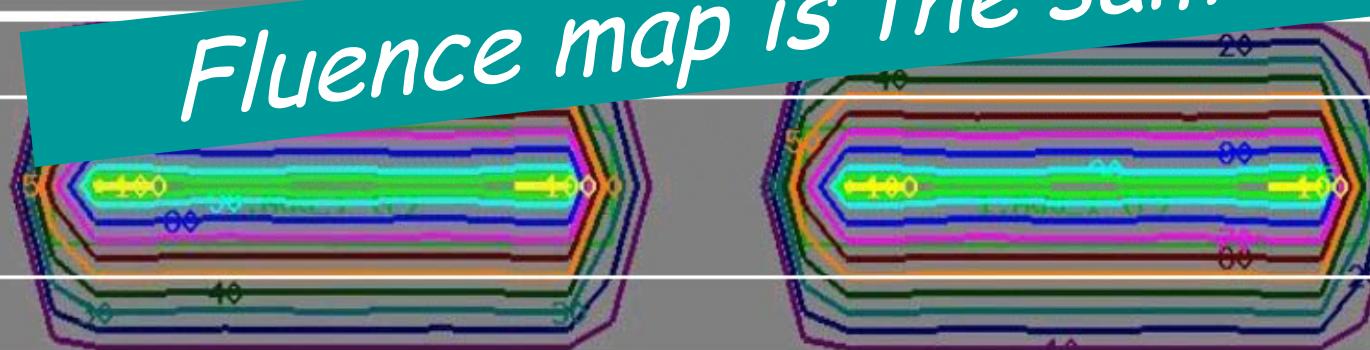
## IMRT: Effect of the interaction with the MLC



# IMRT: Effect of the interaction with the MLC



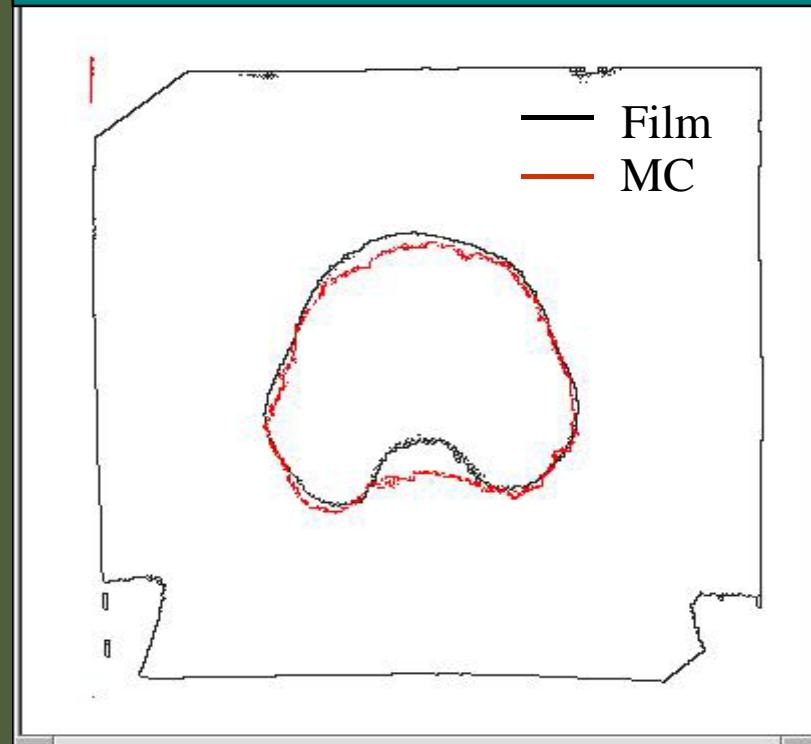
*Fluence map is the same*



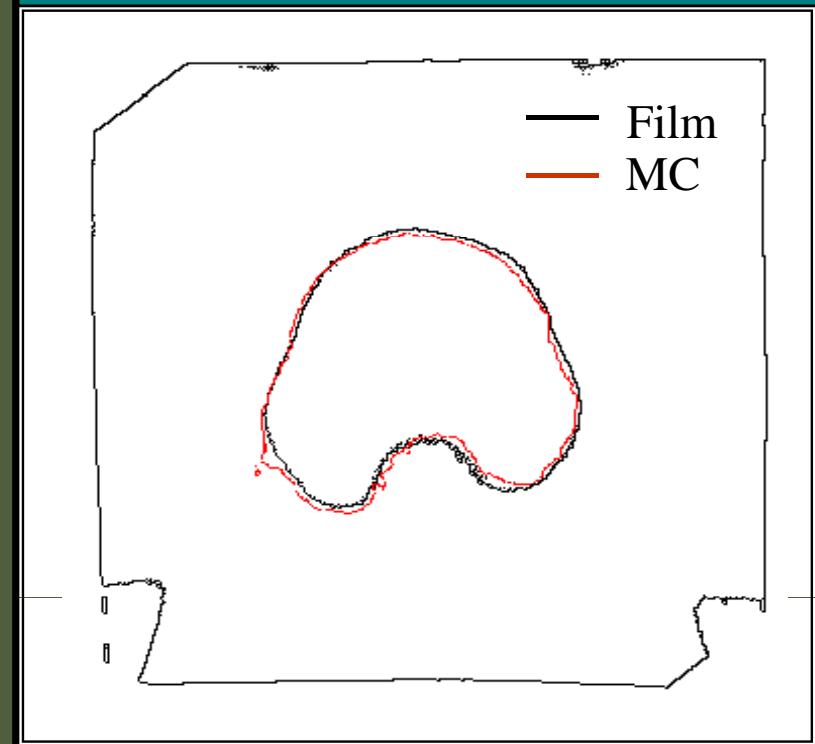
Built with the leaf's SIDE      Built with the leaf's END

# IMRT: Effect of the interaction with the MLC

MC(single focus)  
versus  
Film  
**85 %**

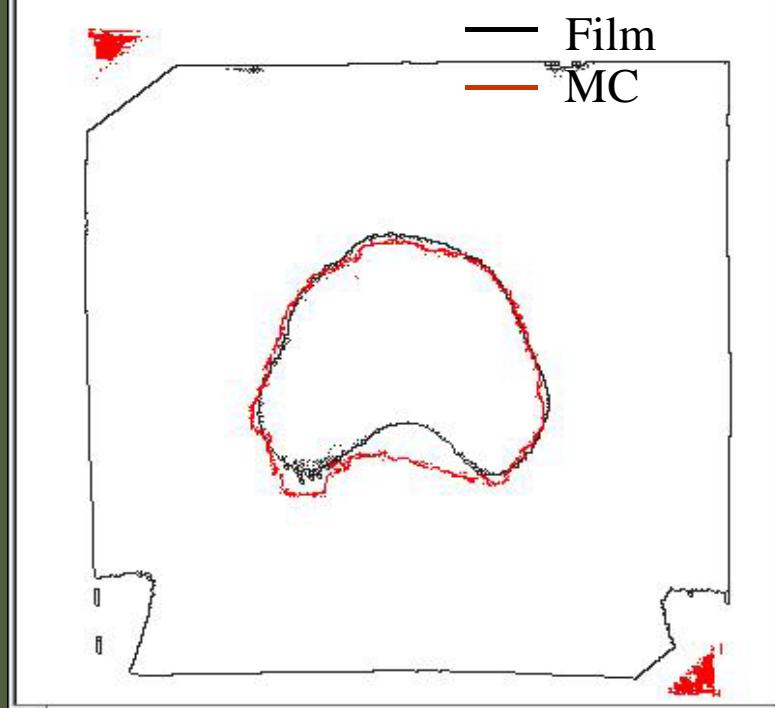


MC(double focus)  
versus  
Film  
**85 %**

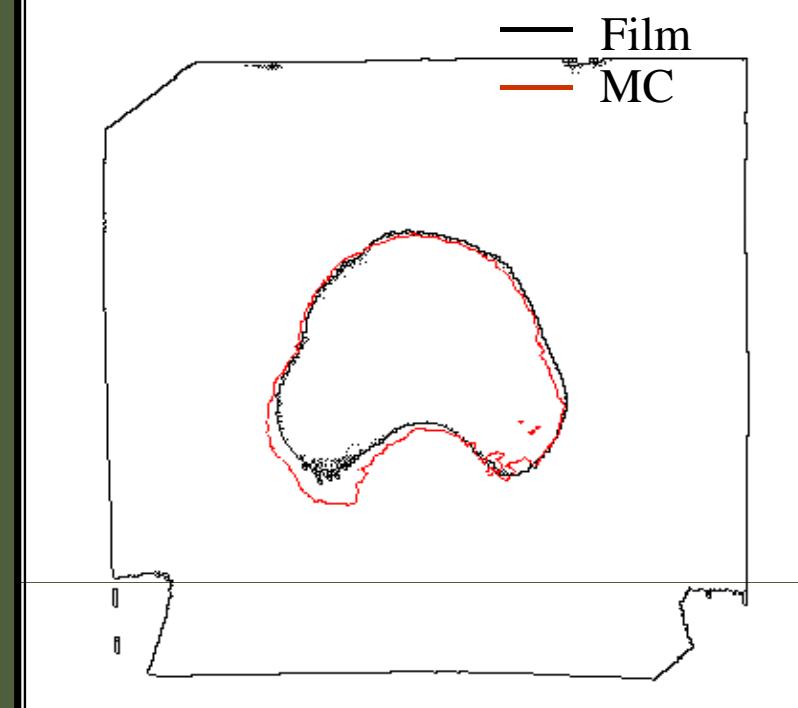


# IMRT: Effect of the interaction with the MLC

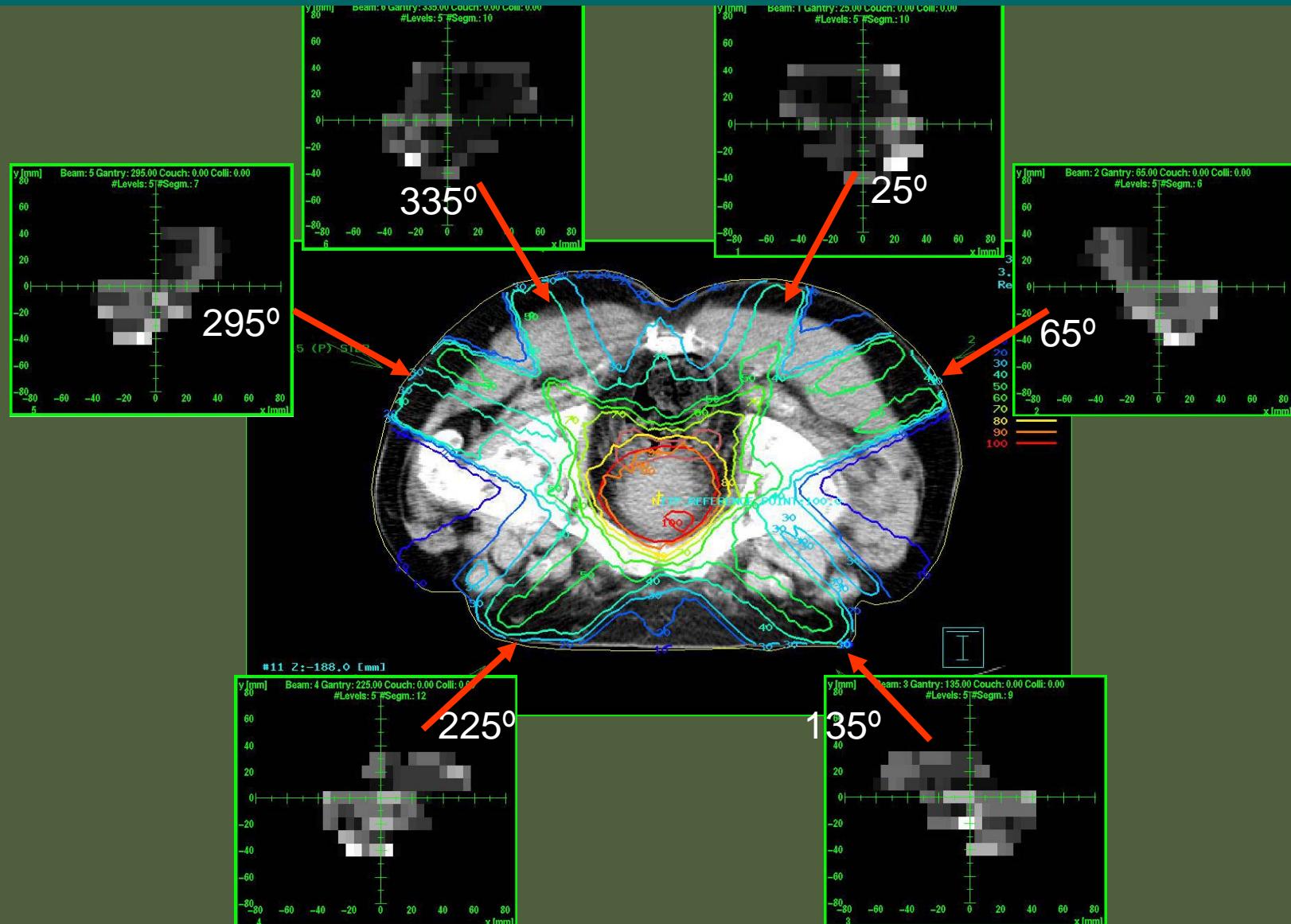
MC(single focus)  
versus  
Film  
**90 %**



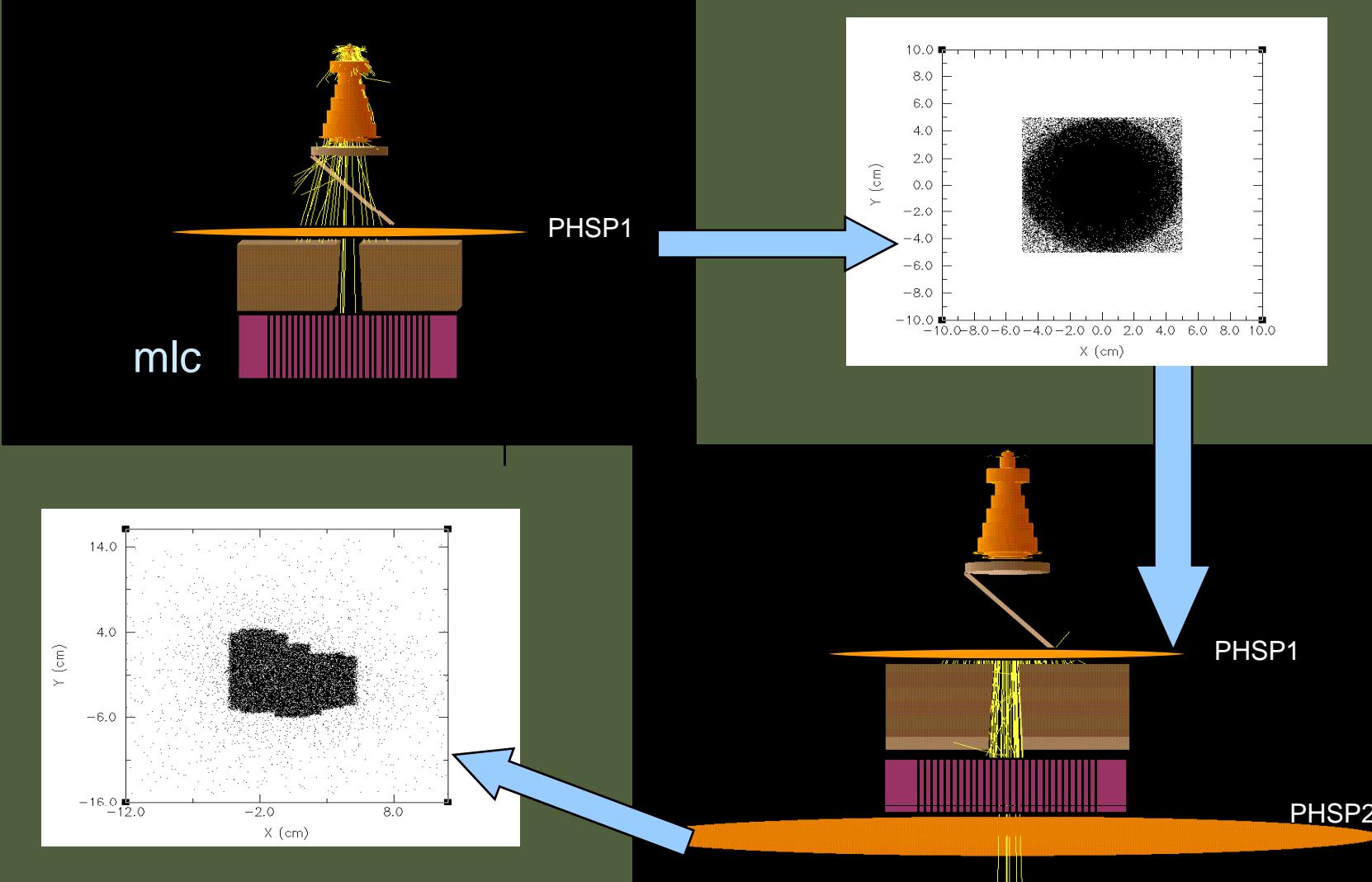
MC(double focus)  
versus  
Film  
**90 %**



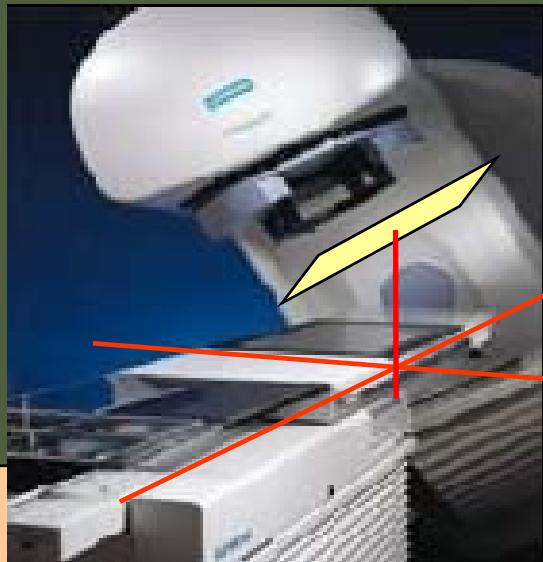
## IMRT simulations



## IMRT simulations



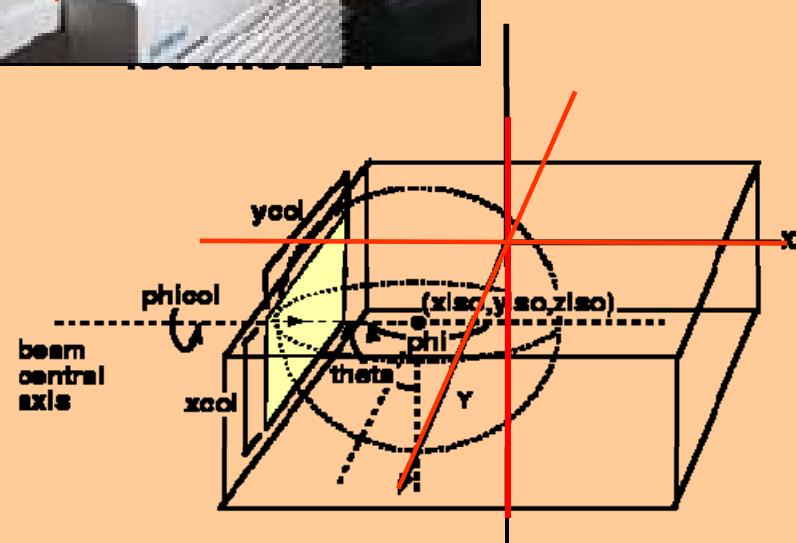
## IMRT simulations



From the bunker to the MC system

Coordinates  
transformations

Changing parameters  
for a whole  
treatment simulation

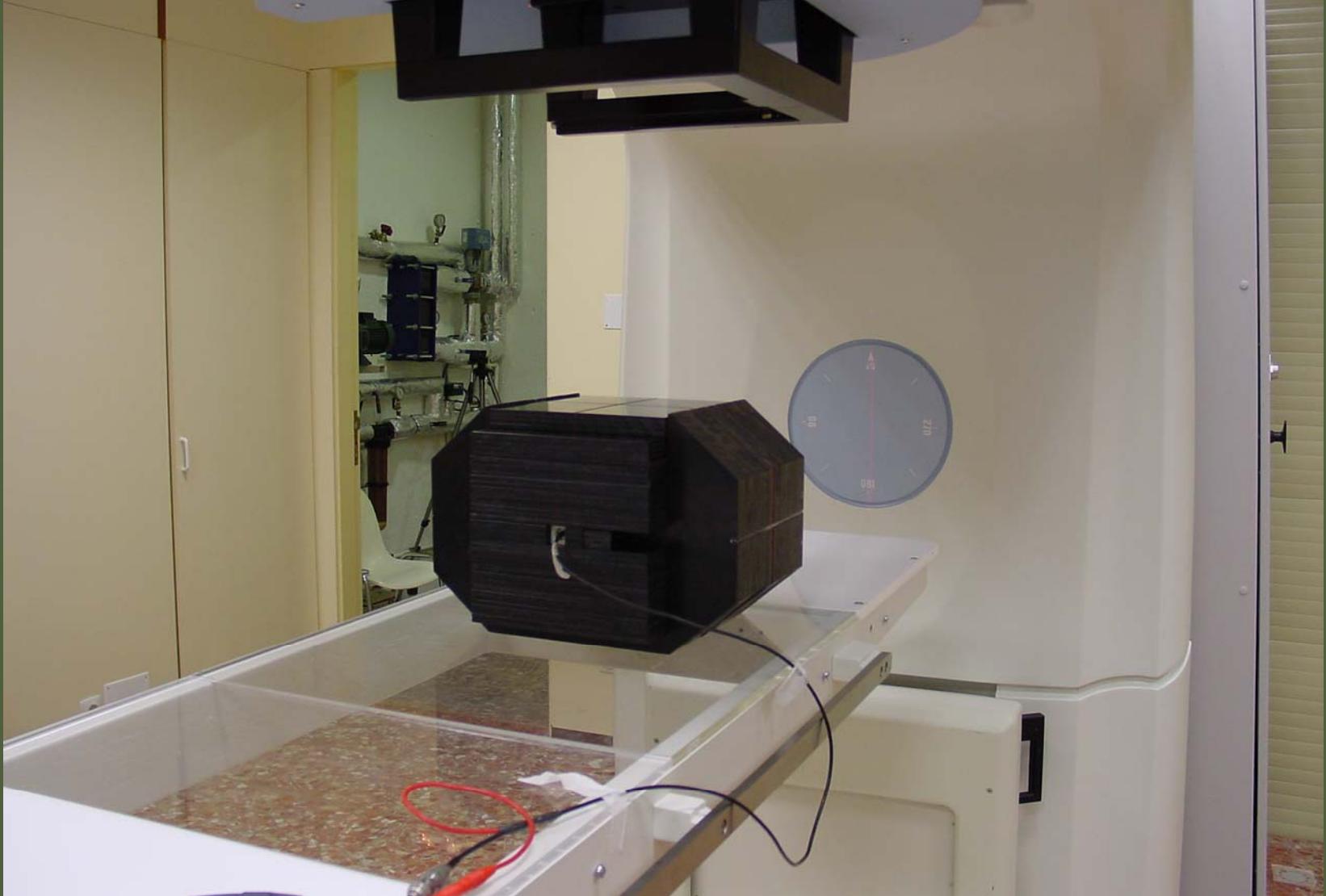




## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning



# Verification of IMRT simulations

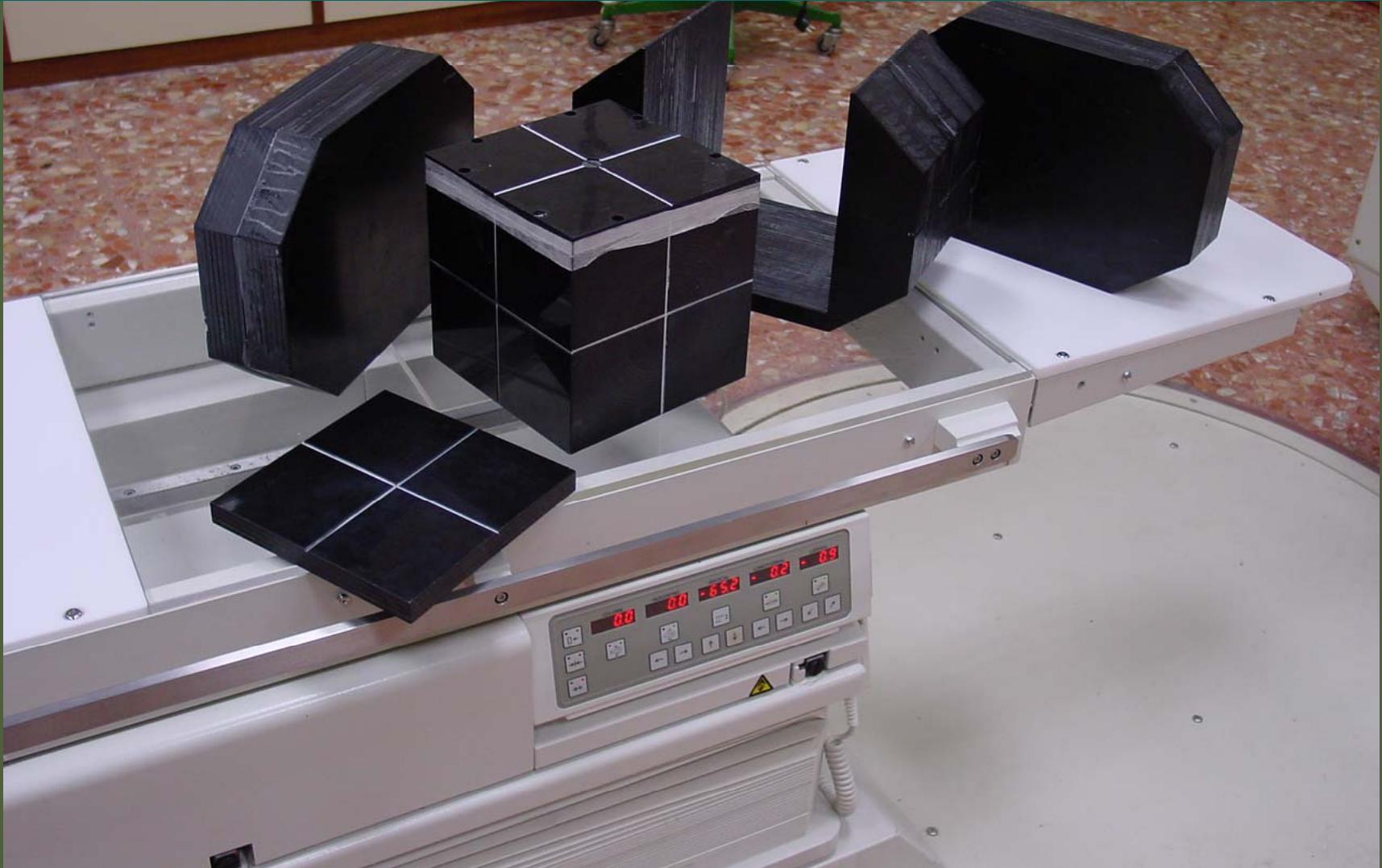




## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning



# Verification of IMRT simulations





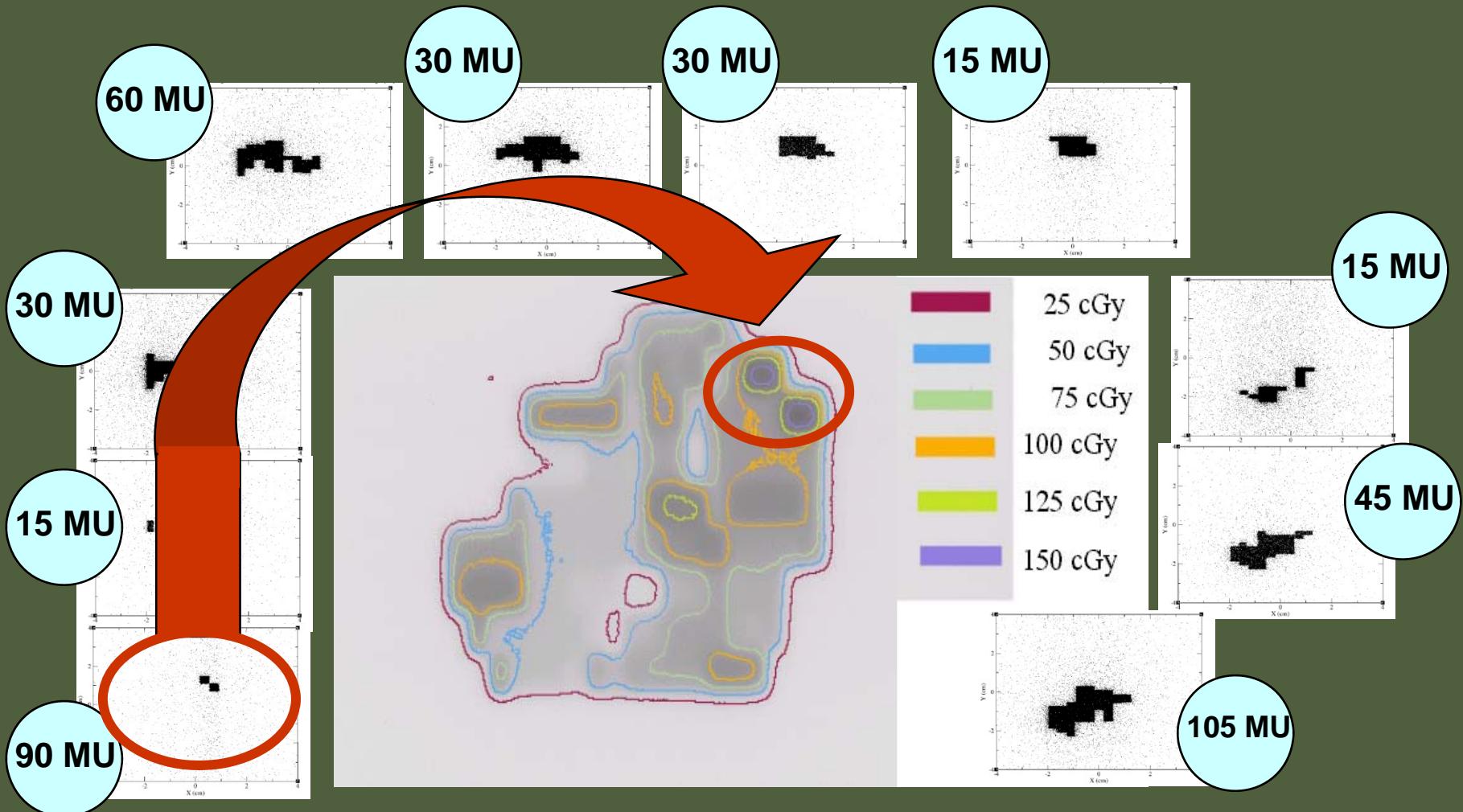
## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning



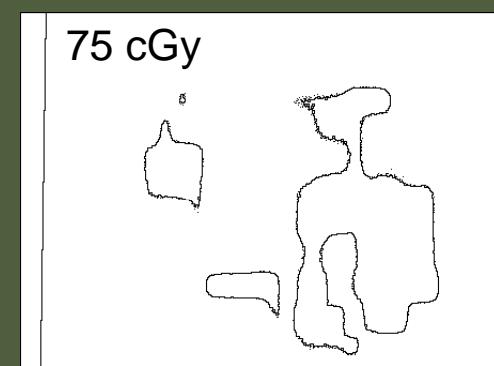
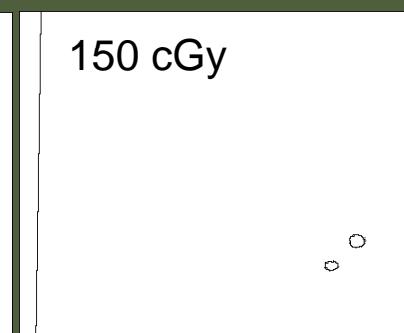
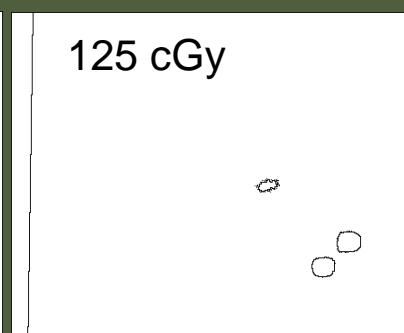
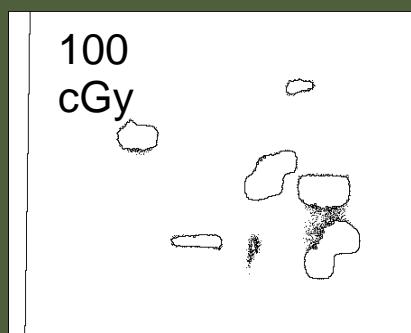
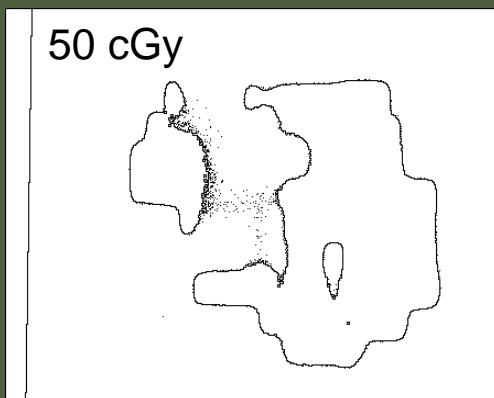
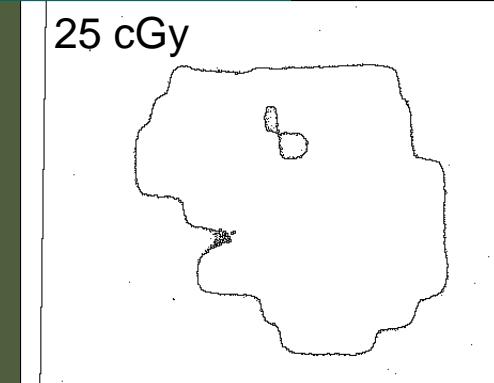
# Verification of IMRT simulations



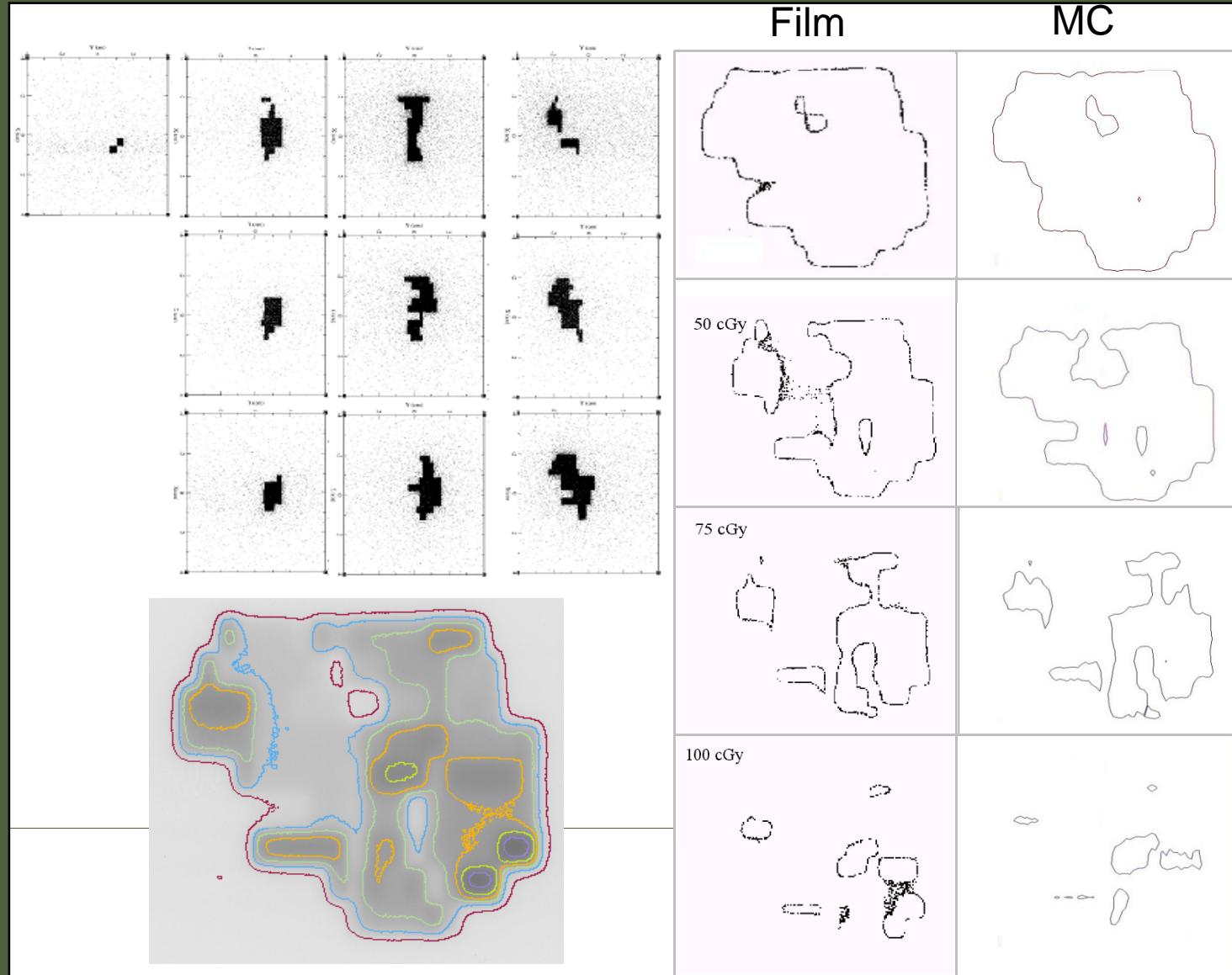
## Verification of IMRT simulations



## Verification of IMRT simulations

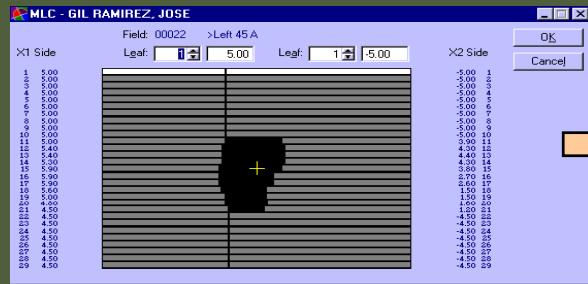


## Verification of IMRT simulations



## Automatic procedure

TPS



Network

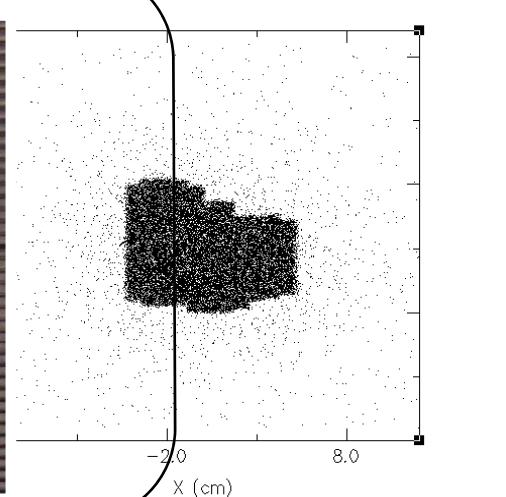
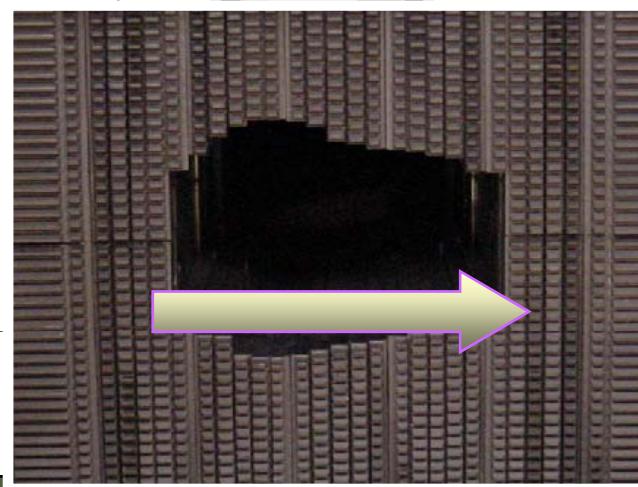
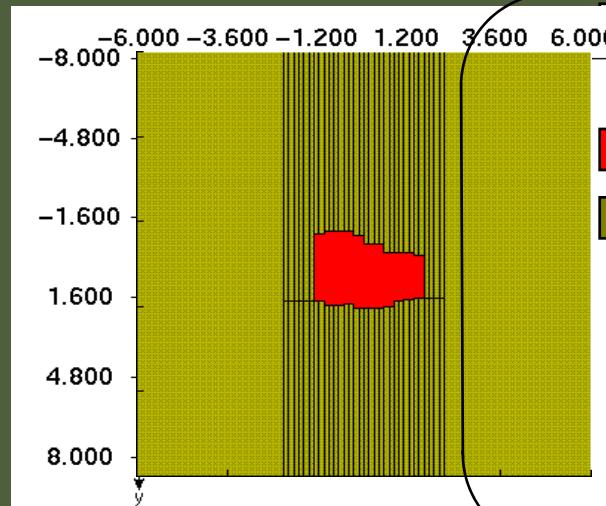


**DATA**  
X y cos  
8,34,5,6678, 45 67 46 4634 7856 567W45  
W4,56,89 745 346 656 3446 43  
99H,675,32, 89 456235 45  
986 78 6743 9 8 263 02449237 94 7349  
40457 5 5235 6 5634534557 235RTNHJ  
4515 31451 3435

LINAC



MONTE CARLO

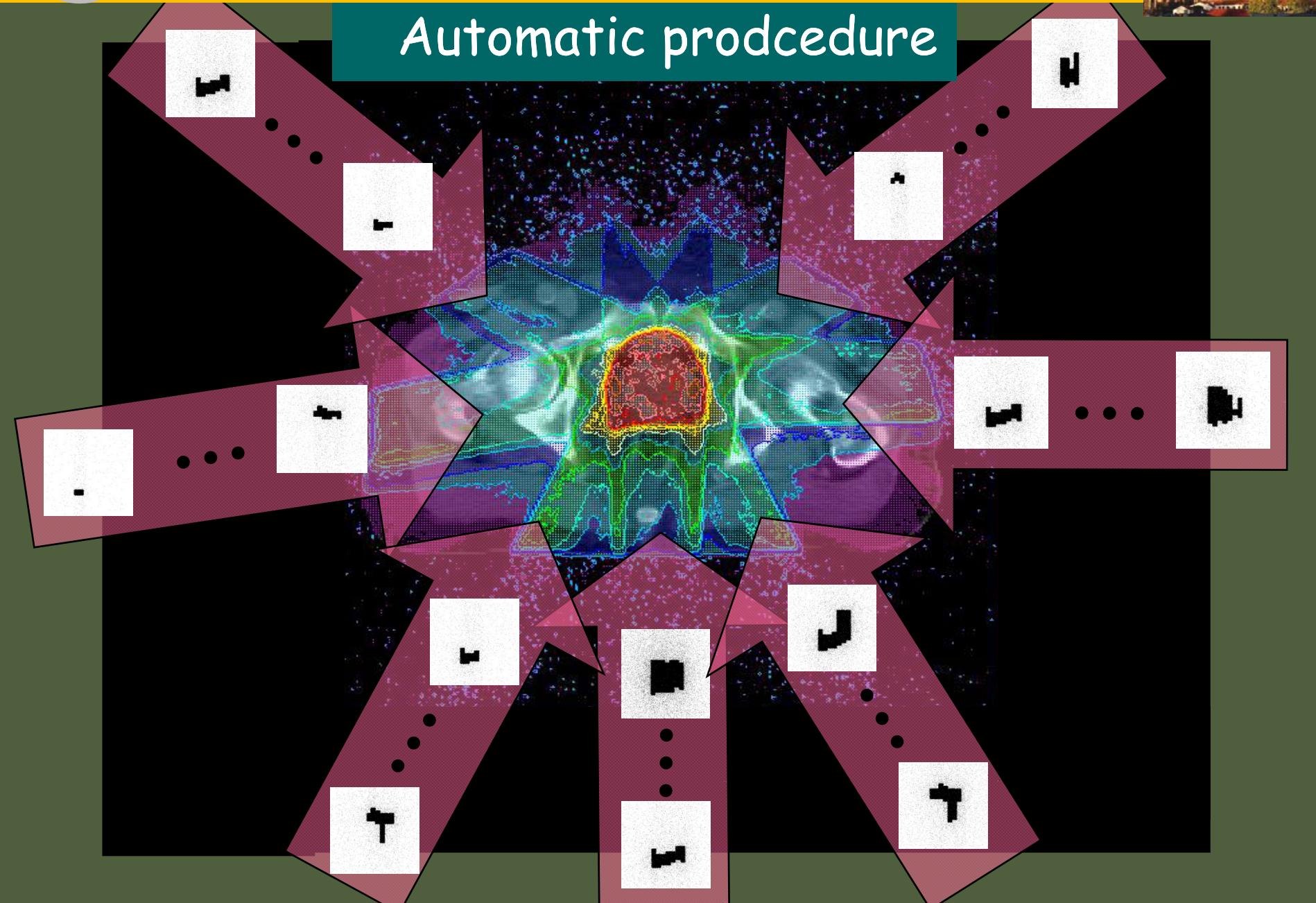




## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning



### Automatic procedure



## Two histories are statistical independent



### SERVERS

6 Pentium IV 3 GHz, 1 GB RAM, HD – 250 GB

-----

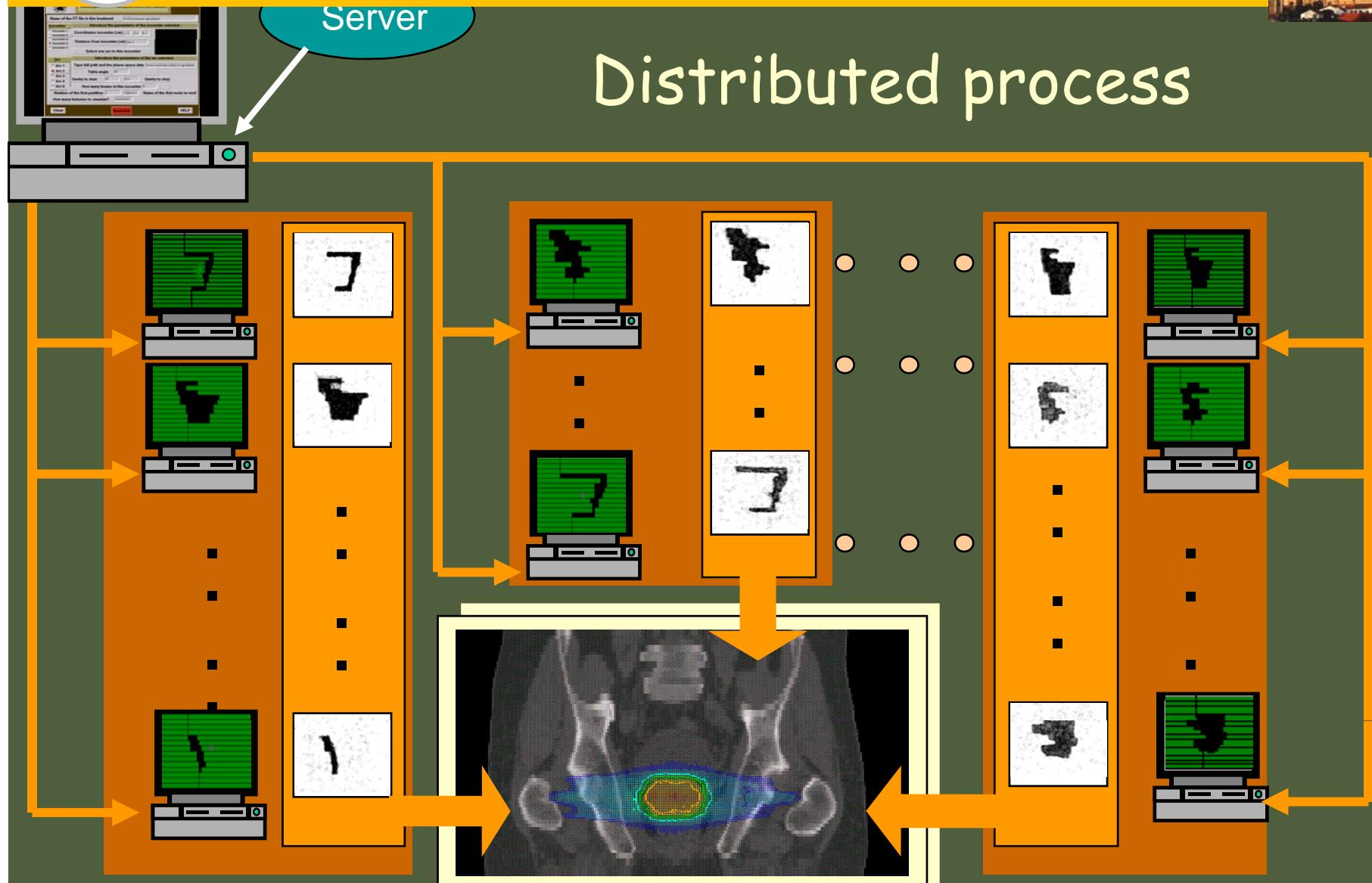
144 CPUs PIII (72) – PIV (72)  
432 GHz, 60.4 GB RAM

HD: 9 TB

3 Switch 3Com  
48 - 10/100 Mbps  
24 – 1Gbps  
6 – 1 Gbps to Server



## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning



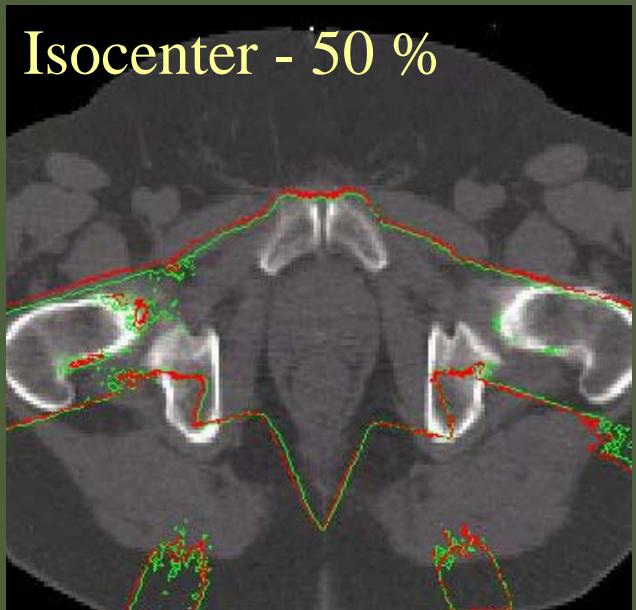
Routine IMRT verification by means of an automatic MC simulation system.  
Leal et al. *Int. J. Rad. Oncol. Biol. Phys.* 2003; 56(1):58-68



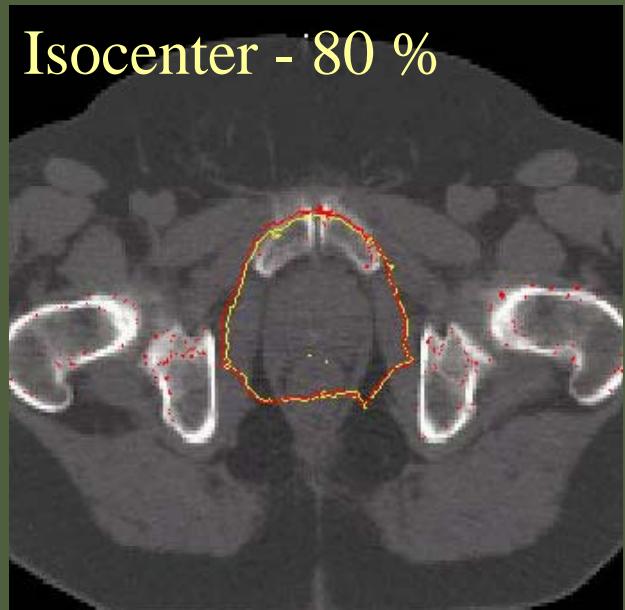
## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning



Isocenter - 50 %

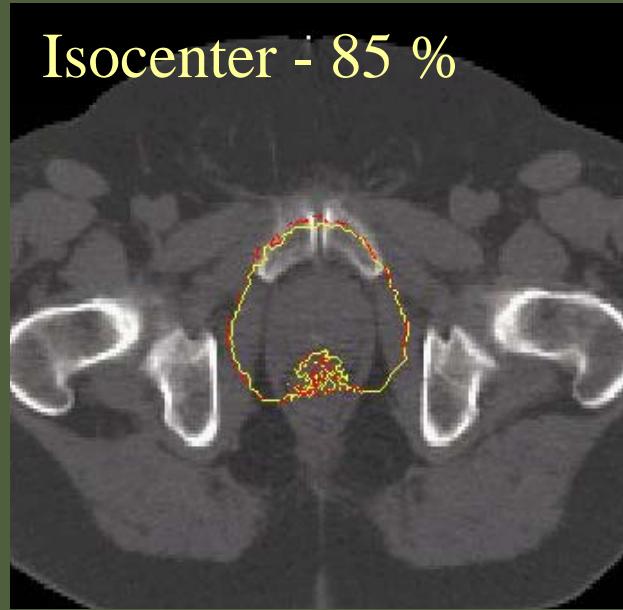


Isocenter - 80 %

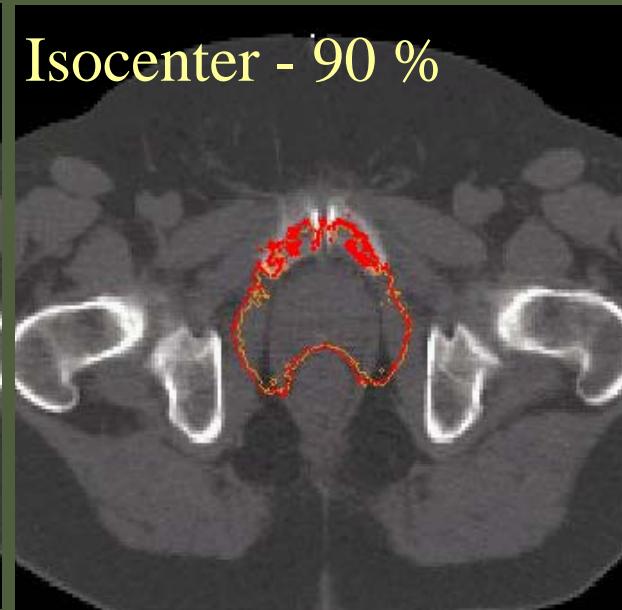


— PRIMUS

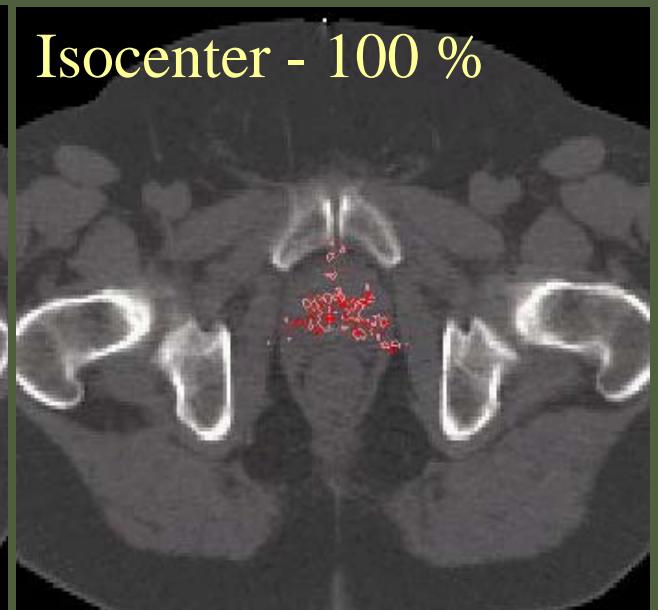
Isocenter - 85 %



Isocenter - 90 %

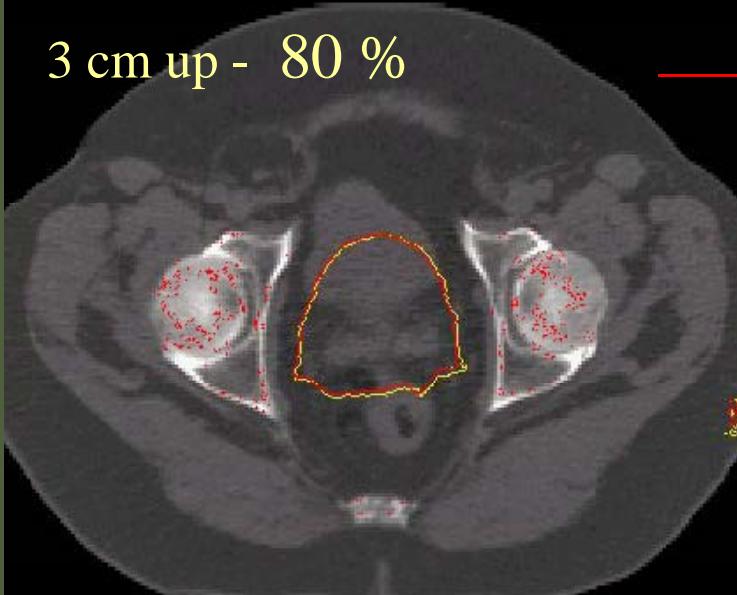
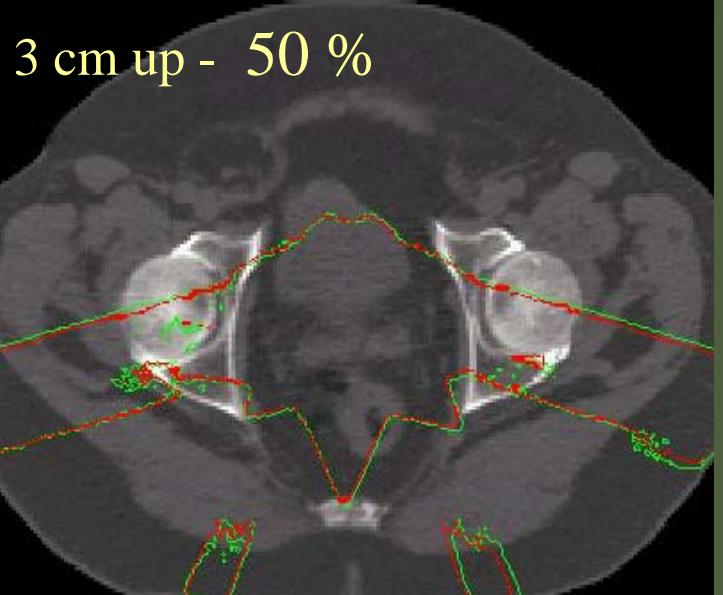


Isocenter - 100 %

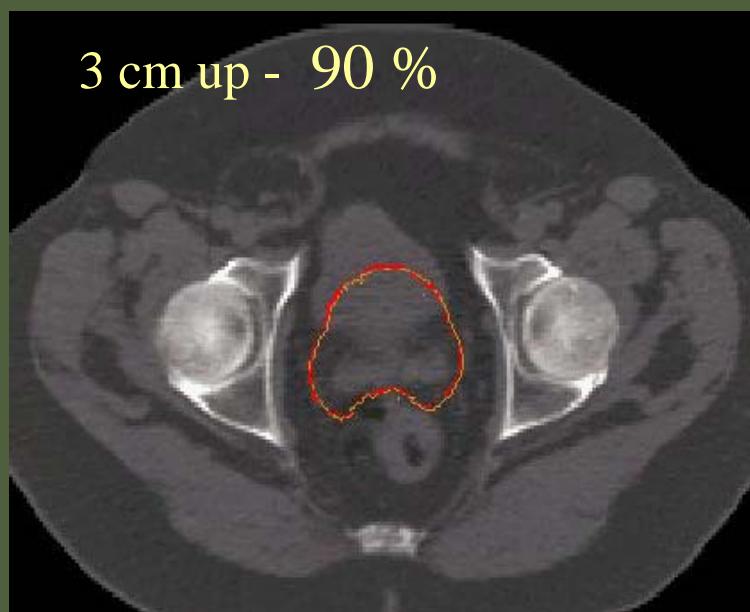
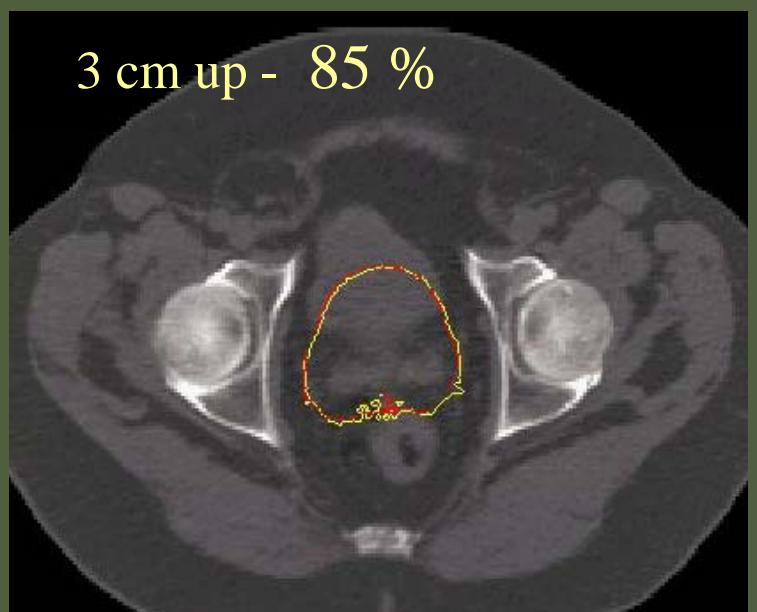




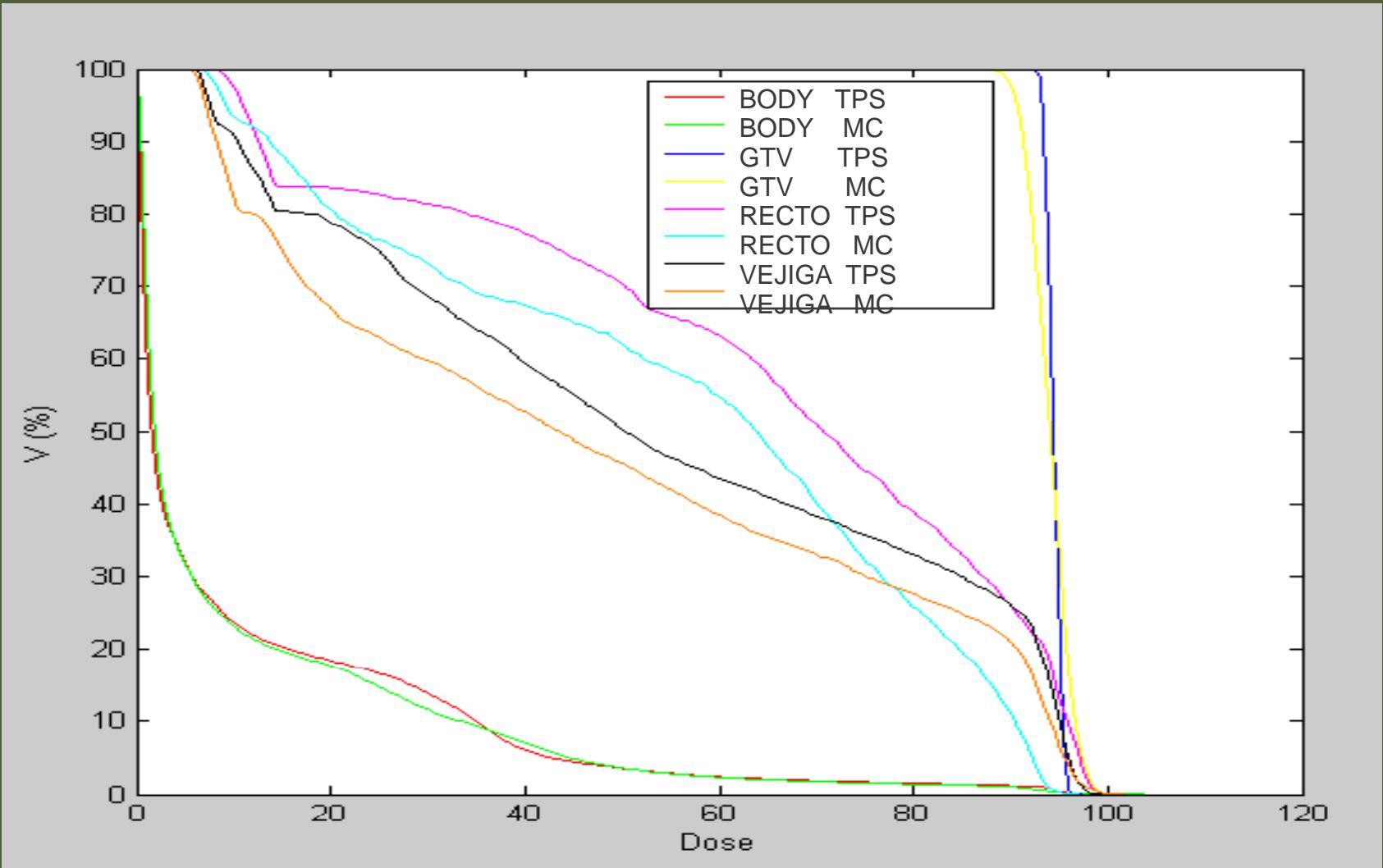
## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning



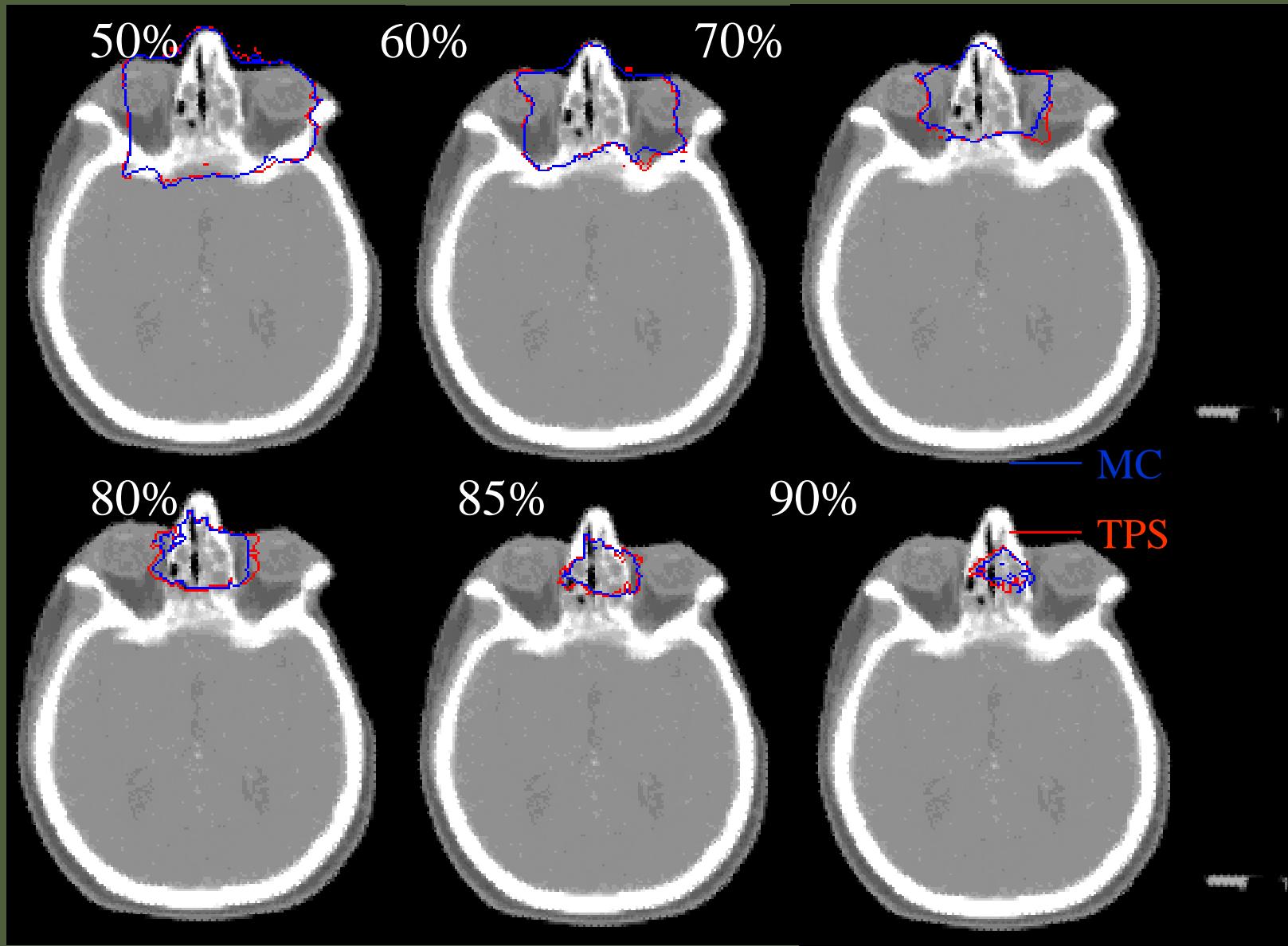
— PRIMUS



## TPS verification



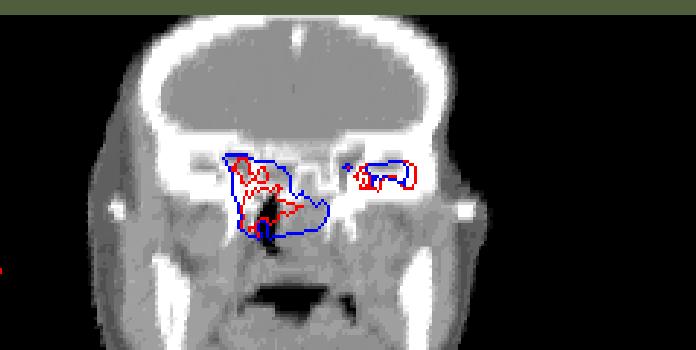
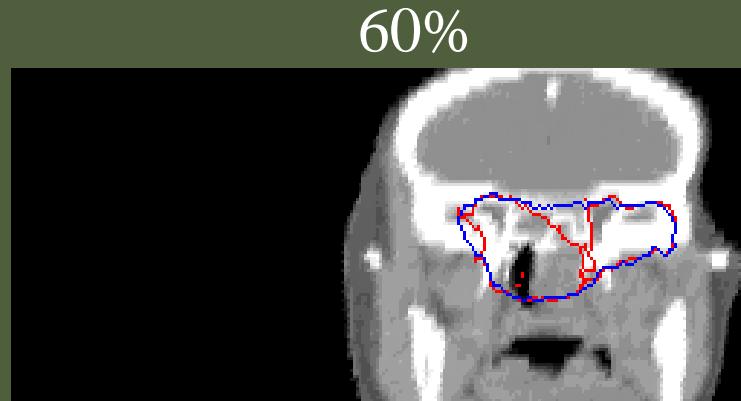
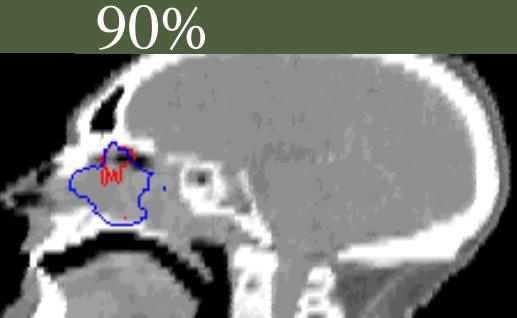
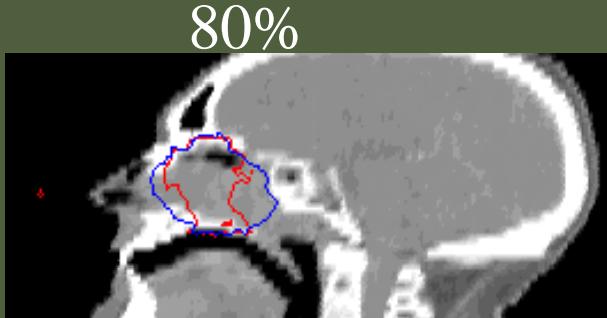
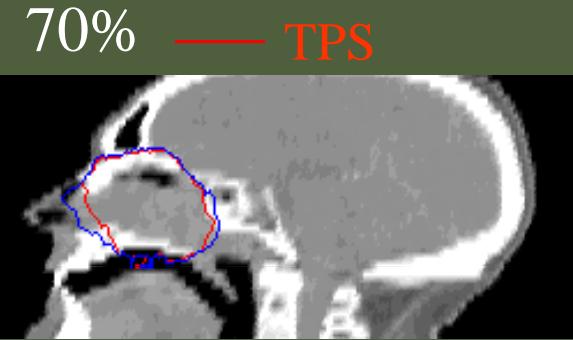
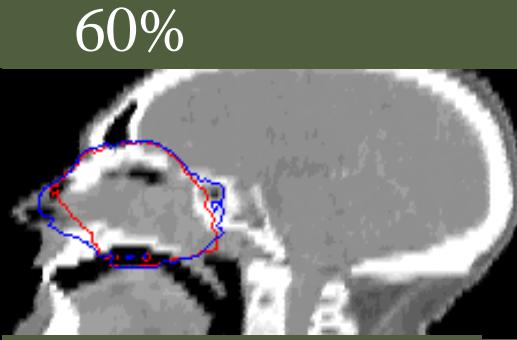
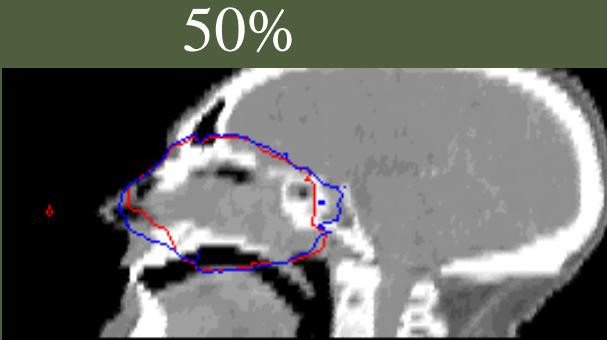
## TPS verification



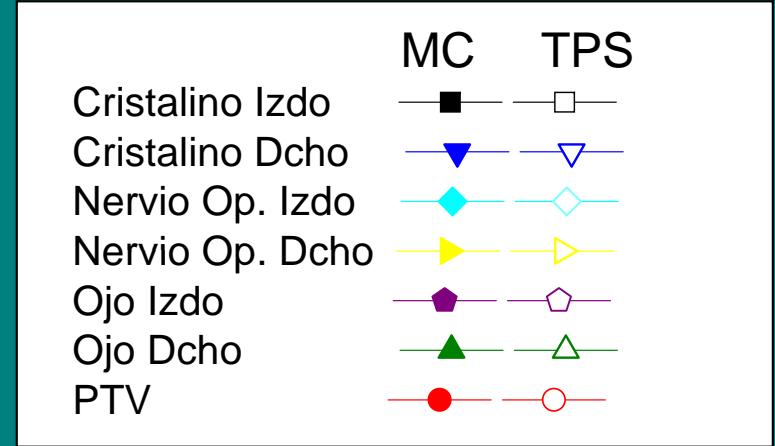
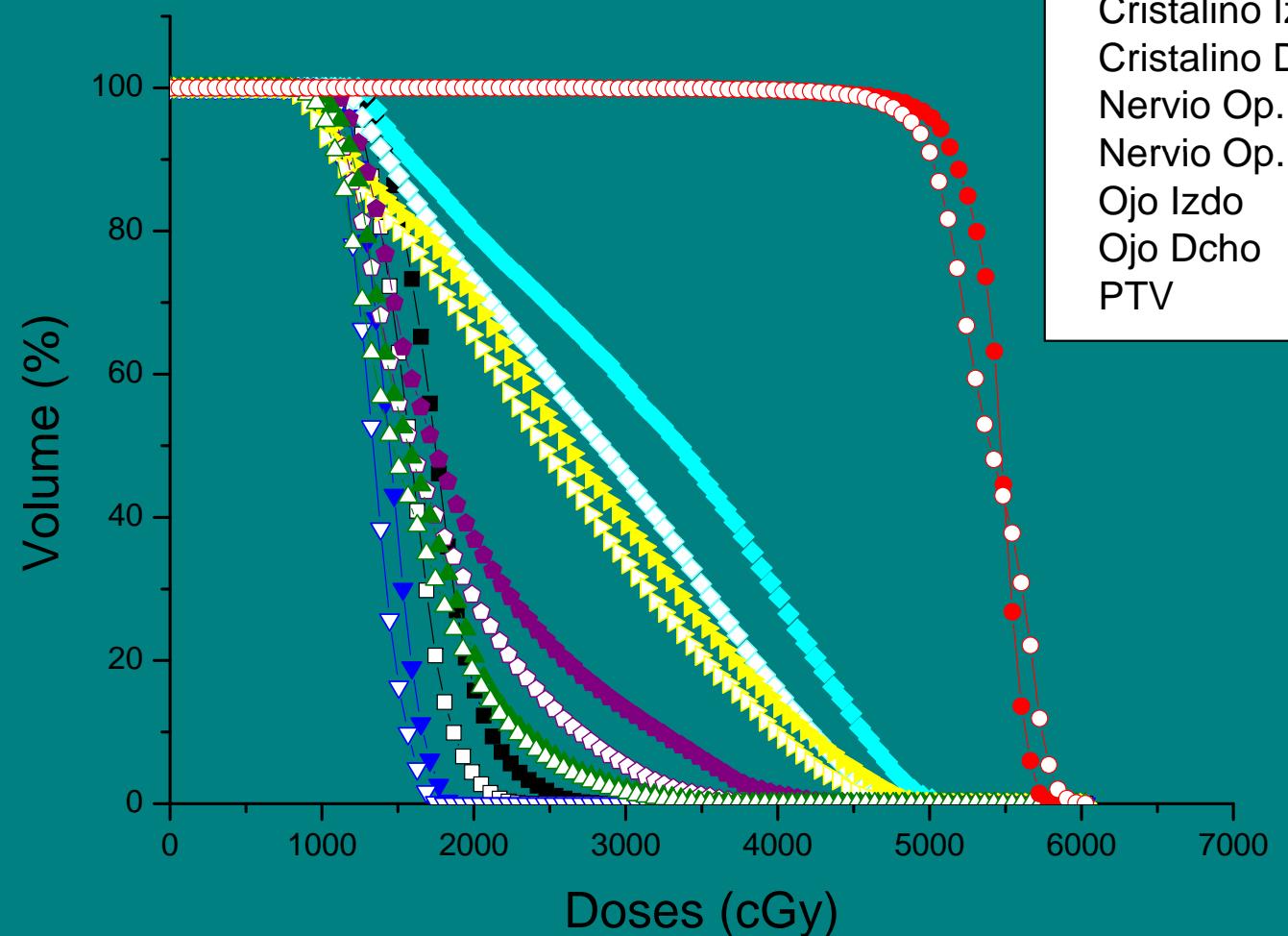
## TPS verification

— MC

— TPS



## TPS verification





# Modulated electron Radiotherapy (MERT)

***"there is no alternative treatment to electron beam therapy"***

G. H. Fletcher, "Clinical applications of the electron beam,"

N. Tapley, ed. (New York, Wiley), 1976:1.

R. Mohan, T. D. Brown, D. Kuban, .....

## Shallow Tumors (< 7 cm depth)

Chest wall and no deep breast cancer (< 7 cm)

- Accelerated Partial Breast Irradiation (APBI)

Head and Neck

Lip and skin

*Boost to nodes*

Potential combination with photon IMRT

- Simultaneous Irradiated Boost (SIB)



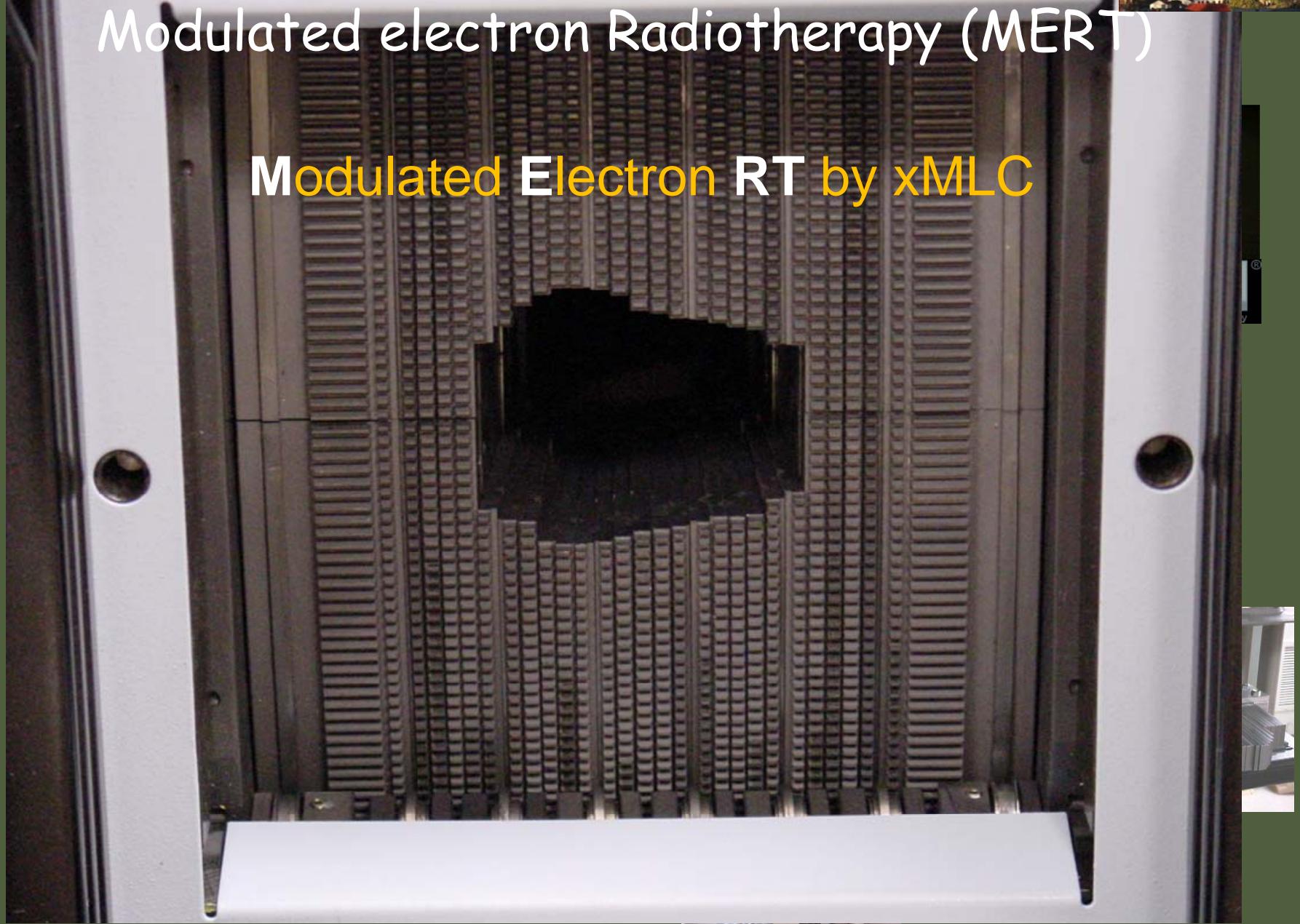
## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning



# Modulated electron Radiotherapy (MERT)

- 

Modulated Electron RT by xMLC

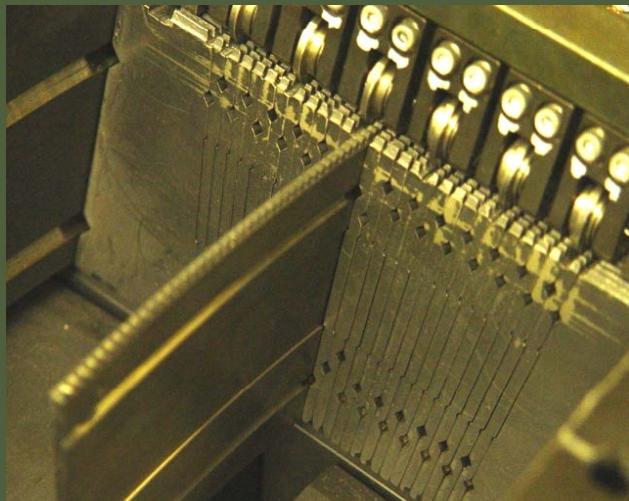


# Modulated electron Radiotherapy (MERT)

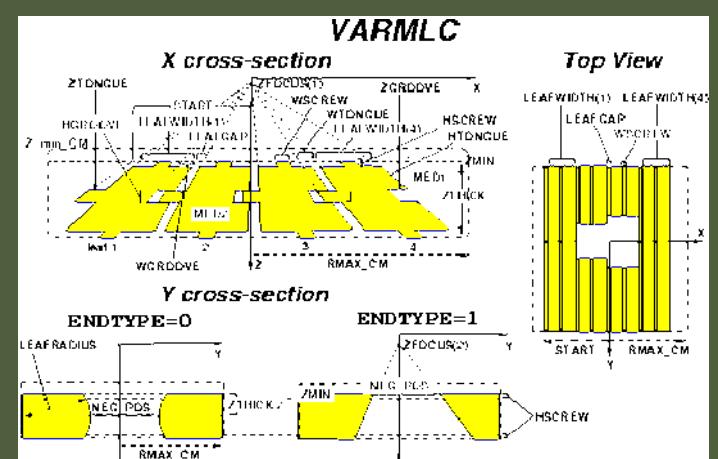
Kudchadker et al. stated the xMLC as the “**most attractive**” option for the future when “**electron scattering from leaf ends, leaf leakage, and bremsstrahlung production, were taken into account in the computation of dose**”. Int J Radiat Oncol Biol Phys, 53(4):1023–37, 2002.

The solution is MERT by means of MCTP:

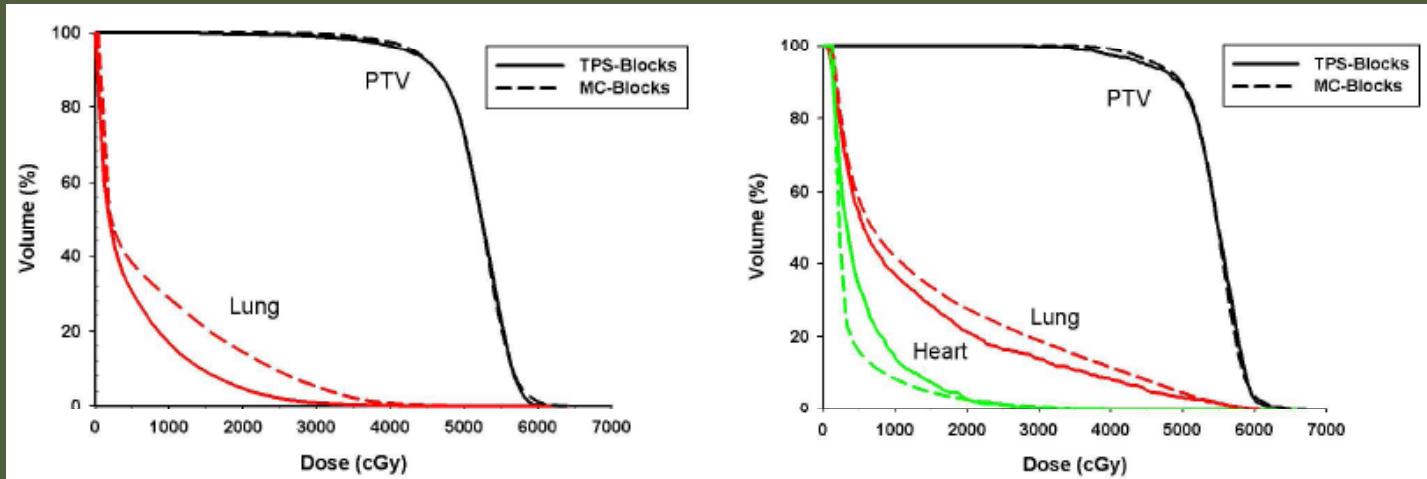
- Full MC simulation



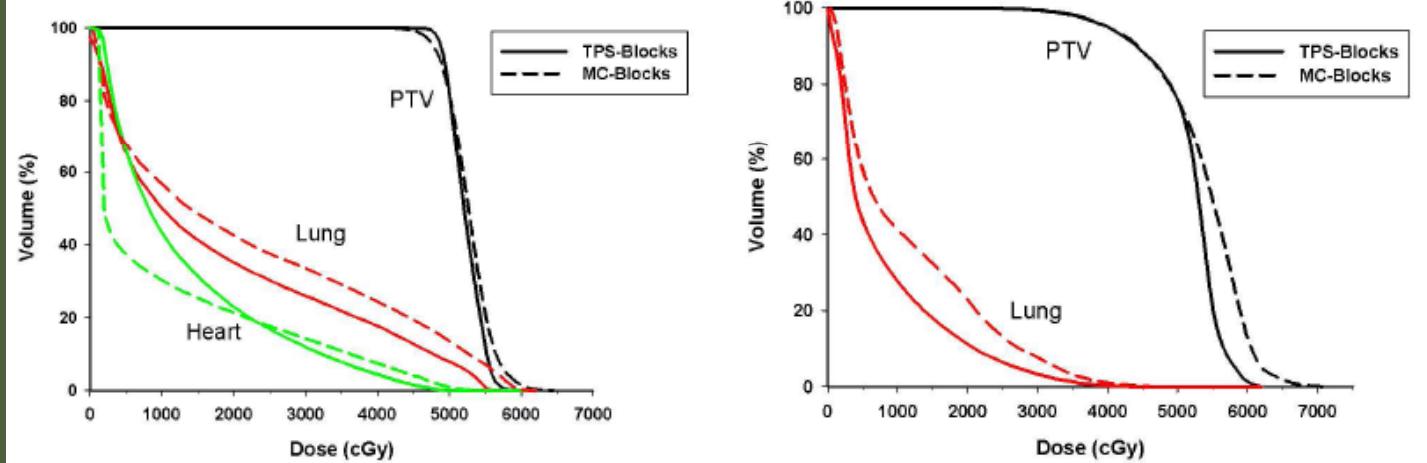
- Not ray-tracing method.



## Monte Carlo Treatment Planning is required for shaped electron beams

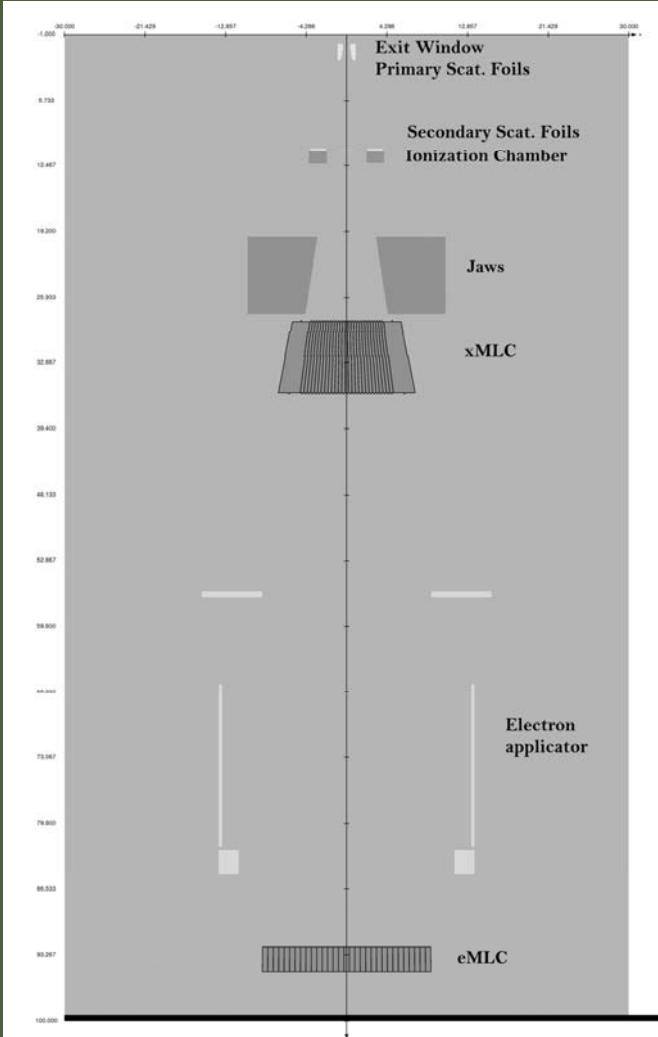


## TPS(pencil beam) vs MC

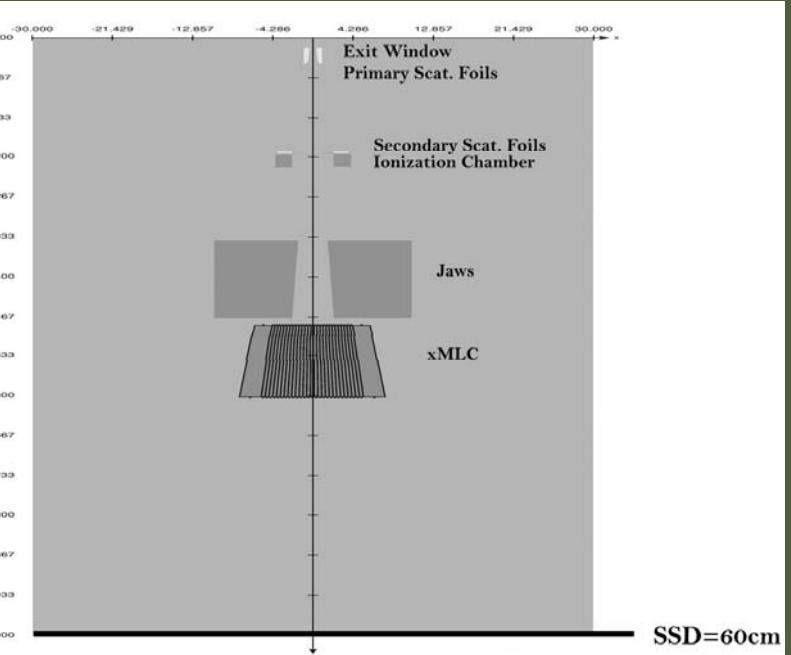


# Monte Carlo Treatment Planning for MERT + IMRT

**IMRT setup**

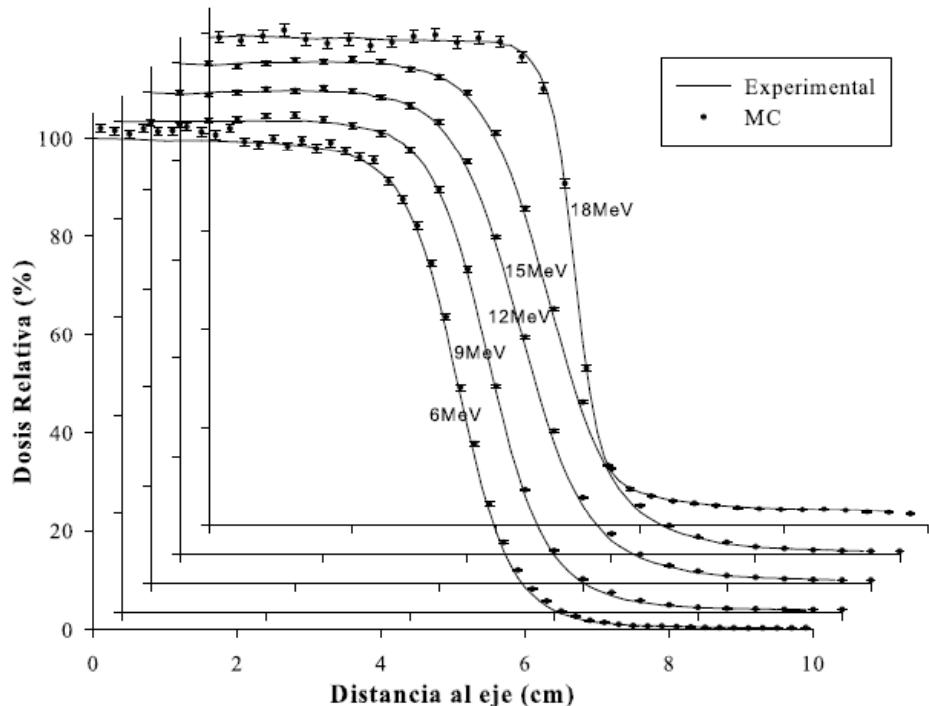
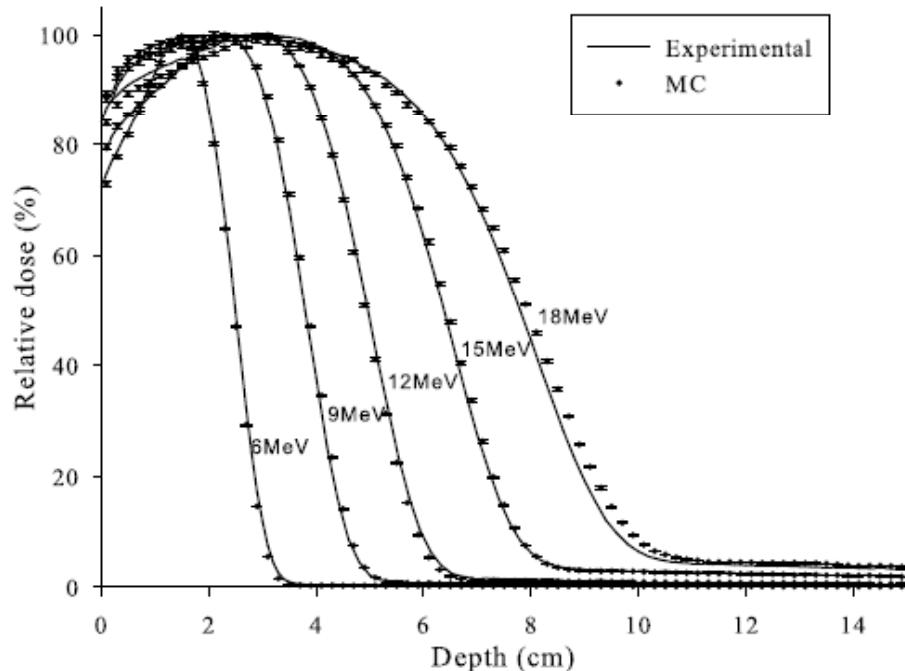


**MERT setup**



## Monte Carlo Treatment Planning for MERT + IMRT

MC simulation and experimental data fit  
 $SSD = 60\text{cm}$  ( $9 \times 9 \text{ cm}^2$ )





## Monte Carlo Treatment Planning for MERT + IMRT Feasibility of the xMLC for electron beams

**0.6x0.6 cm<sup>2</sup>**

Energy (MeV)	% $D_s$	% $D_x$	$R_{90}$	$R_{50}$	$R_p$	$G$
6	94.9(97.8)	0.8(0.1)	1.3(0.5)	2.3(1.1)	3.1(1.9)	2.2(1.4)
9	93.5(96.3)	2.5(0.6)	1.5(0.7)	2.9(1.7)	4.5(2.9)	1.5(1.4)
12	92.7(95.7)	3.3(0.9)	1.5(0.7)	3.3(1.9)	4.9(3.3)	1.4(1.3)
15	86.4(96.8)	8.0(2.2)	1.7(1.1)	3.9(2.3)	5.7(3.5)	1.4(1.4)
18	91.3(94.1)	6.7(3.6)	1.7(1.3)	3.7(2.7)	5.3(4.1)	1.4(1.4)

**3.0x3.0 cm<sup>2</sup>**

Energy (MeV)	% $D_s$	% $D_x$	$R_{90}$	$R_{50}$	$R_p$	$G$
6	81.5(80.5)	0.1(0.1)	1.7(1.7)	2.3(2.3)	3.7(2.9)	2.6(2.5)
9	91.1(84.8)	0.2(0.3)	2.5(2.5)	3.5(3.5)	4.7(4.7)	2.4(2.2)
12	93.1(87.2)	0.5(0.6)	2.7(2.9)	4.5(4.5)	5.9(5.9)	2.0(2.2)
15	91.3(87.2)	1.5(1.9)	2.9(3.5)	5.3(5.3)	7.7(7.3)	1.7(2.0)
18	90.2(87.2)	2.8(3.8)	3.5(4.1)	6.3(6.3)	8.9(8.5)	1.6(1.8)

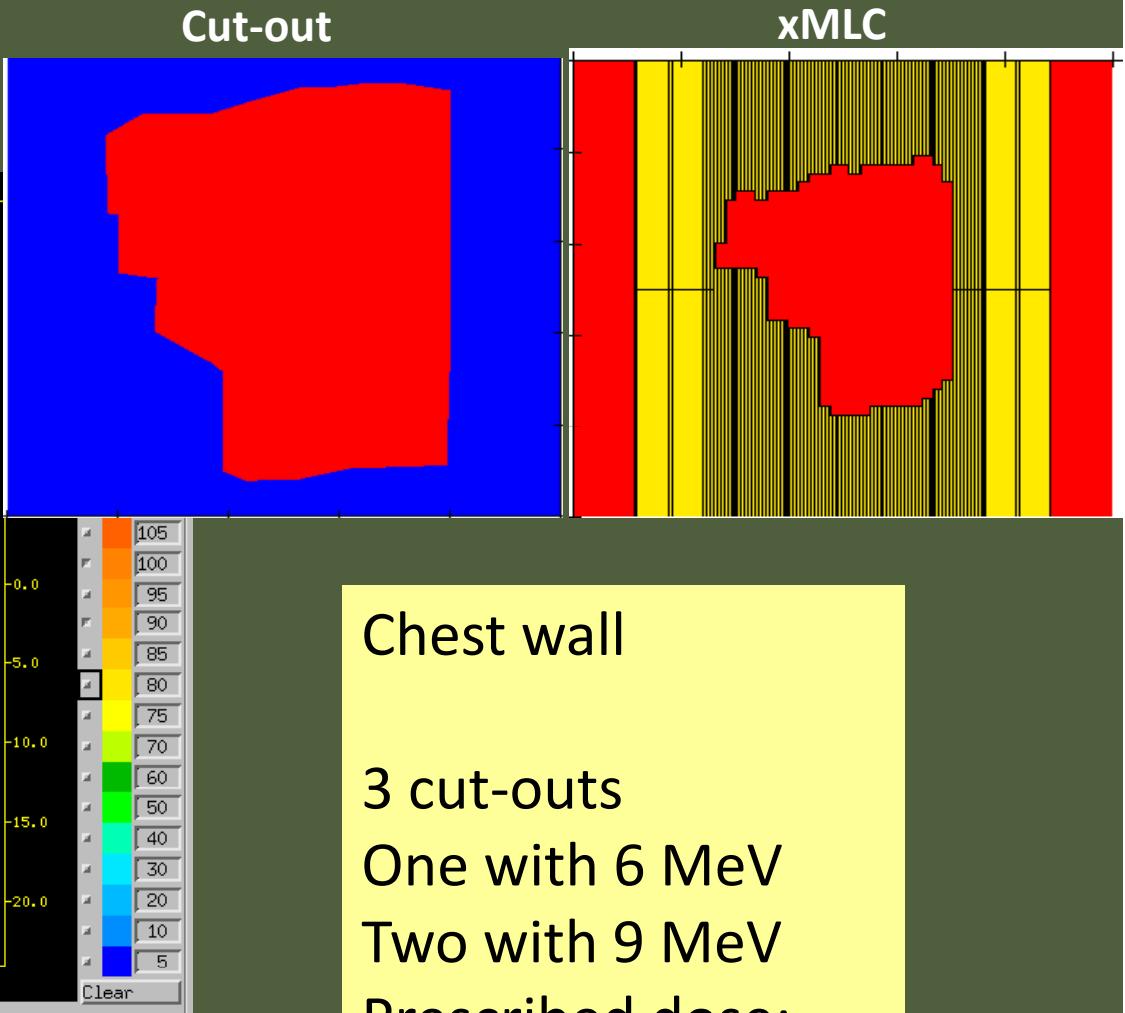
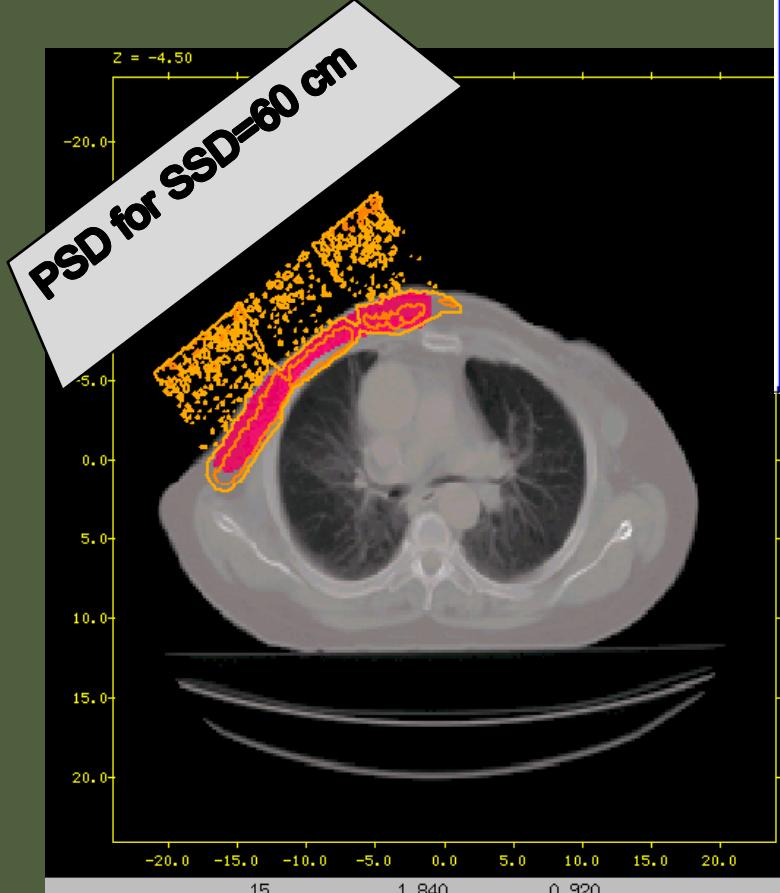
**5.4x5.4 cm<sup>2</sup>**

Energy (MeV)	% $D_s$	% $D_x$	$R_{90}$	$R_{50}$	$R_p$	$G$
6	75.0(76.2)	0.1(0.1)	1.9(1.7)	2.3(2.3)	3.1(2.9)	2.7(2.5)
9	78.6(82.4)	0.2(0.3)	2.9(2.9)	3.7(3.7)	4.7(4.7)	2.9(2.9)
12	82.7(86.2)	0.4(0.6)	3.7(3.7)	4.9(4.9)	5.9(5.9)	2.9(3.0)
15	86.8(89.2)	1.5(2.1)	4.5(4.5)	6.1(6.3)	7.7(7.5)	2.6(3.0)
18	85.7(88.5)	3.1(3.9)	5.1(4.9)	7.5(7.7)	9.7(9.5)	2.4(2.5)

**9.0x9.0 cm<sup>2</sup>**

Energy (MeV)	% $D_s$	% $D_x$	$R_{90}$	$R_{50}$	$R_p$	$G$
6	72.7(73.8)	0.1(0.1)	1.9(1.7)	2.3(2.3)	3.1(2.9)	2.8(2.5)
9	78.1(78.6)	0.3(0.3)	2.9(2.9)	3.7(3.7)	4.7(4.5)	2.9(2.8)
12	83.4(79.8)	0.5(0.6)	3.9(3.7)	4.9(4.7)	5.9(5.7)	3.0(3.1)
15	88.2(86.2)	1.7(2.2)	4.9(4.7)	6.3(6.3)	7.7(7.5)	3.0(3.1)
18	88.3(86.7)	3.3(4.0)	5.5(5.5)	7.9(7.9)	9.7(9.5)	2.9(3.1)

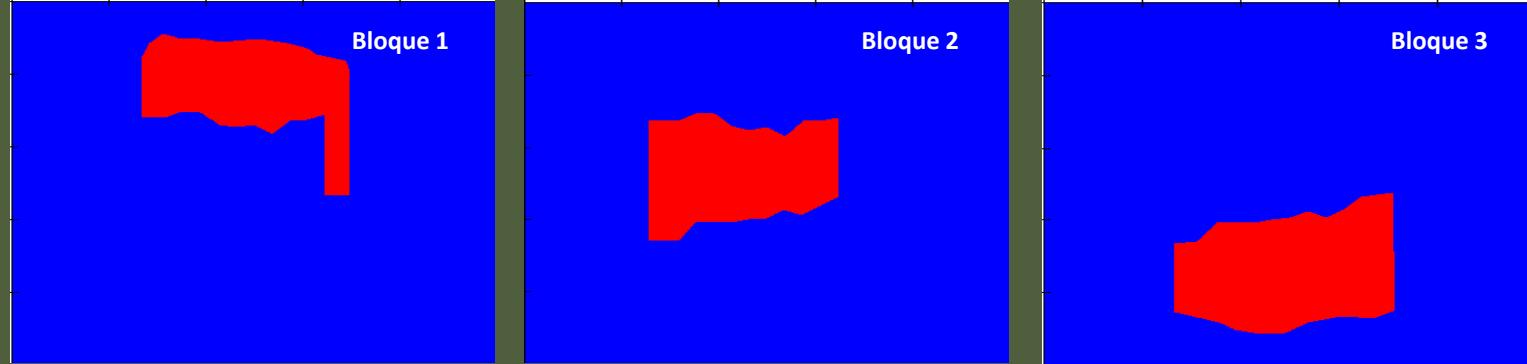
xMLC segments with SSD=60cm instead of cut-outs with SSD=100cm



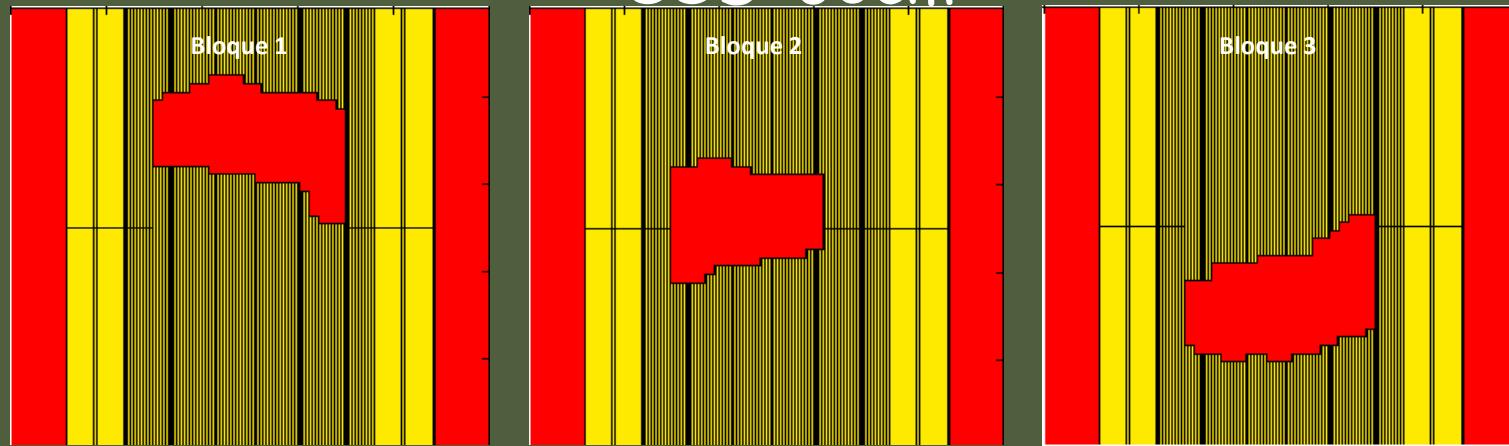
Chest wall

3 cut-outs  
One with 6 MeV  
Two with 9 MeV  
Prescribed dose:  
50 Gy at 90%

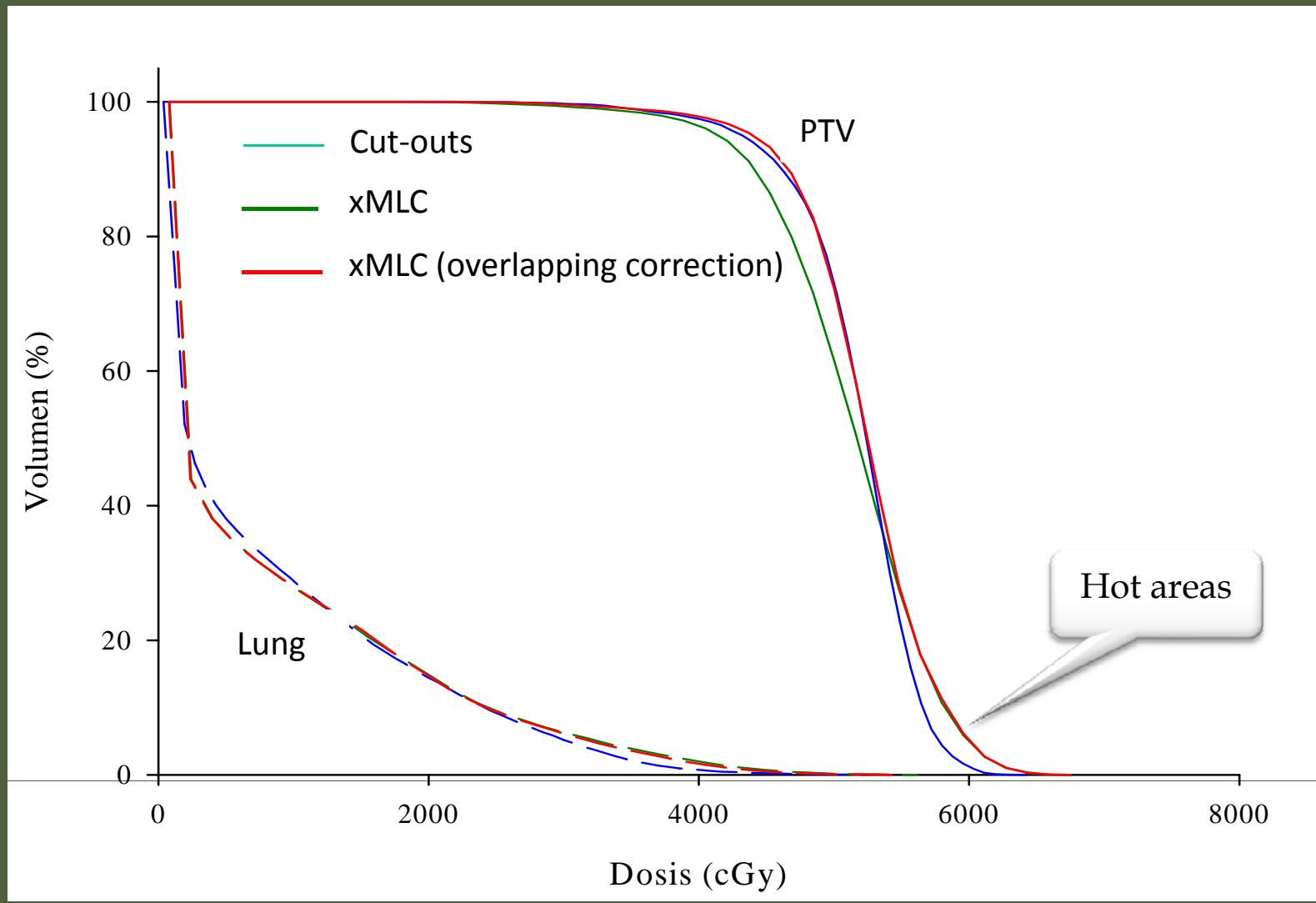
*Cut-outs with BEAMnrc (Block CM)  
SSD=100cm*

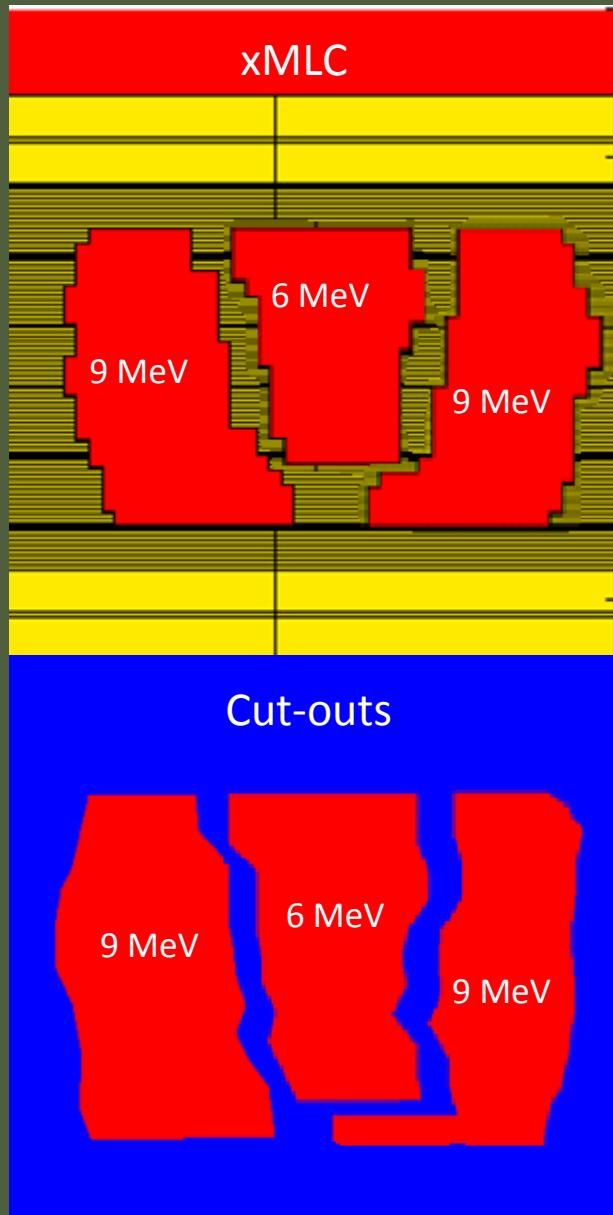


*xMLC segments with BEAMnrc (VARMLC CM)  
Divergence correction  
SSD=60cm*

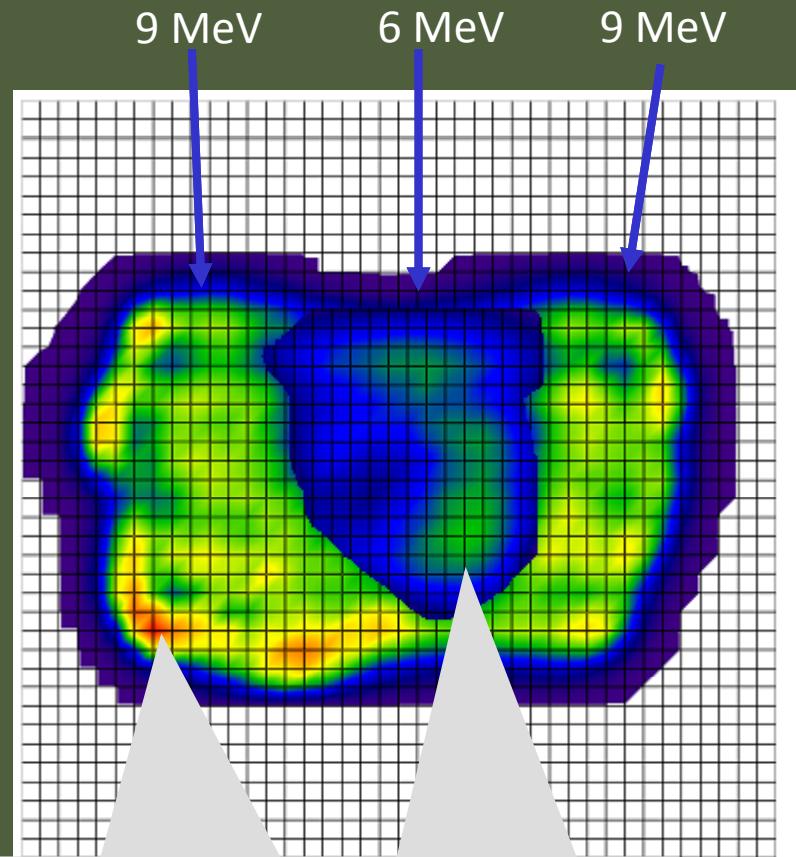


### Larger distance from the MLC to the patient





Optimised beamlets to get a better dose distribution



More segments are required



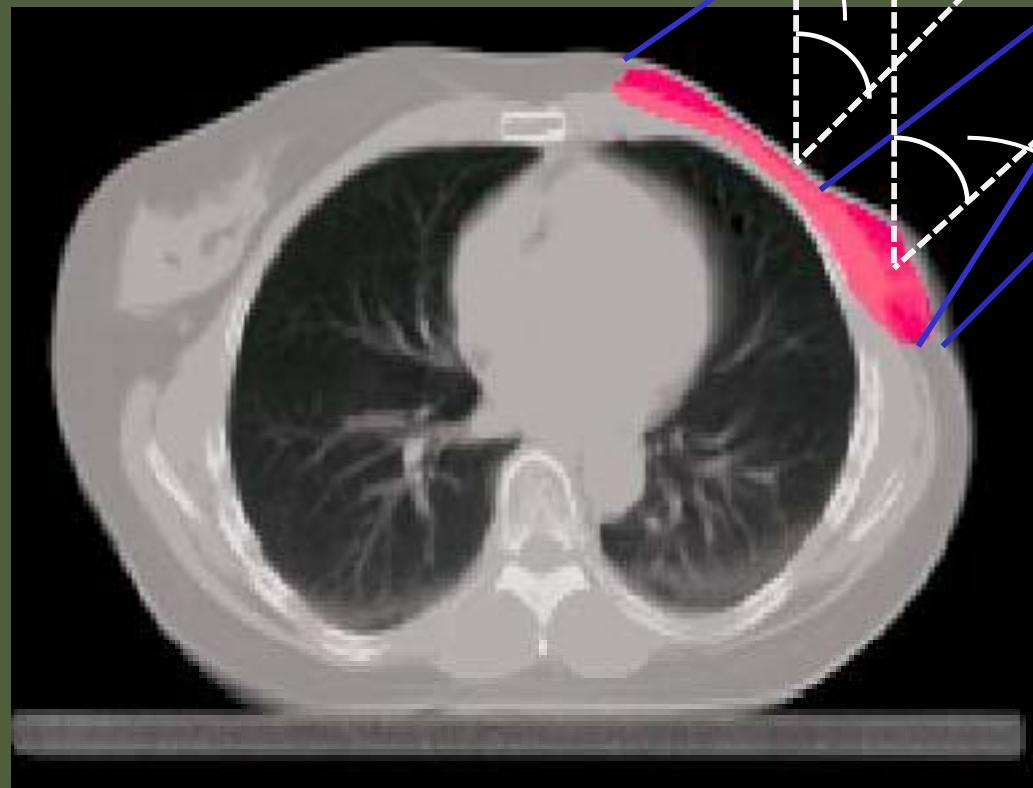
## Segments for weighting optimization process.

### Options:

1. Inverse planning optimization procedure:  
(beamlets weighted for a sequencer)
2. Class solutions based on the experience:  
(Direct Aperture optimization)
3. A hybrid optimization system  
(Under construction)

## Inverse planning optimization

1º Stage: Incidence angle and energy beams selection



6MeV + 9MeV

12MeV

Chest wall case

Prescribed dose:  
50 Gy at 90%

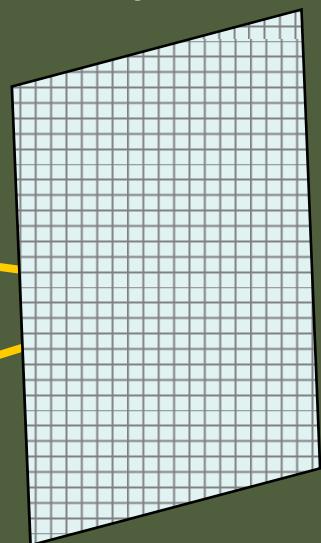
OARs: Lung; Heart

## Inverse planning optimization

### 2° Stage: Optimised Beamlets distribution



Monte Carlo  
PhaseSpace Data



$$\begin{aligned}
 \min \quad & \left\{ F = \theta_{\mathcal{O}} \sum_{(x,y,z) \in \mathcal{O}} \sum_{p=1}^N \omega_p D_p(x, y, z) + \theta_{\mathcal{P}} \sum_{(x,y,z) \in \mathcal{P}} \sum_{p=1}^N \omega_p D_p(x, y, z) \right\} : \\
 & d_{max} \geq D(x, y, z) \geq d_{min} \quad \forall (x, y, z) \in \mathcal{P}, \\
 & \omega_m \leq \frac{\alpha}{N} \sum_{p=1}^N \omega_p, \quad m = 1, 2, \dots, N, \\
 & \omega_p \geq 0
 \end{aligned}$$



## Inverse planning optimization

### 2° Stage: Optimised Beamlets distribution

$$\begin{aligned} \min \quad & \left\{ F = \theta_{\mathcal{O}} \sum_{(x,y,z) \in \mathcal{O}} \sum_{p=1}^N \omega_p D_p(x, y, z) + \theta_{\mathcal{P}} \sum_{(x,y,z) \in \mathcal{P}} \sum_{p=1}^N \omega_p D_p(x, y, z) \right\} : \\ & d_{max} \geq D(x, y, z) \geq d_{min} \quad \forall (x, y, z) \in \mathcal{P}, \\ & \omega_m \leq \frac{\alpha}{N} \sum_{p=1}^N \omega_p, \quad m = 1, 2, \dots, N, \\ & \omega_p \geq 0 \end{aligned}$$

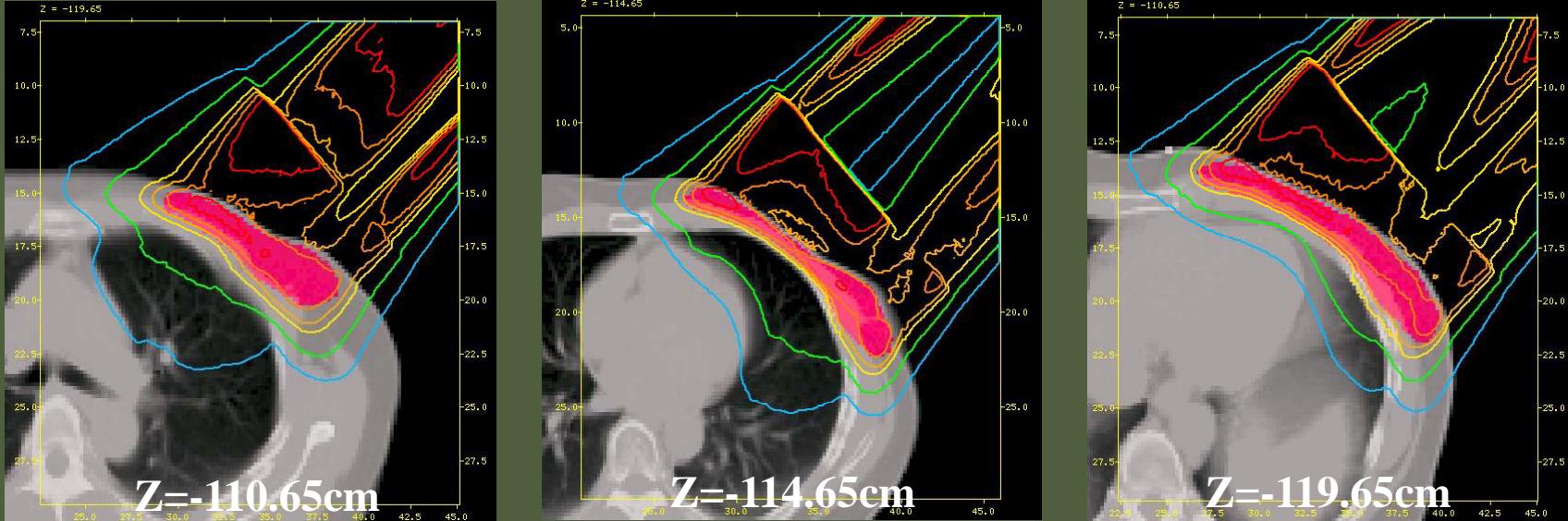
Nonlinear programming (commercially implemented):

Optimization algorithms:

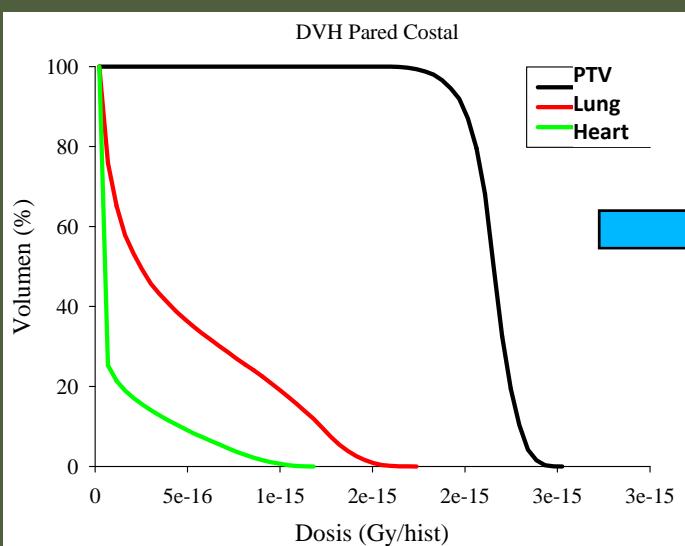
- Gradient method: Newton method; maximum gradient method (Bortfeld 1999, Hristov et al. 2002, Zhang et al. 2004)
- Stochastic algorithm: Simulated annealing method (Rosen et al. 1995, Wu et al. 2000)

## Inverse planning optimization

### 2° Stage: Optimised Beamlets distribution



Theoretical DVH  
with beamlets



Sequencer for  
the actual  
segments

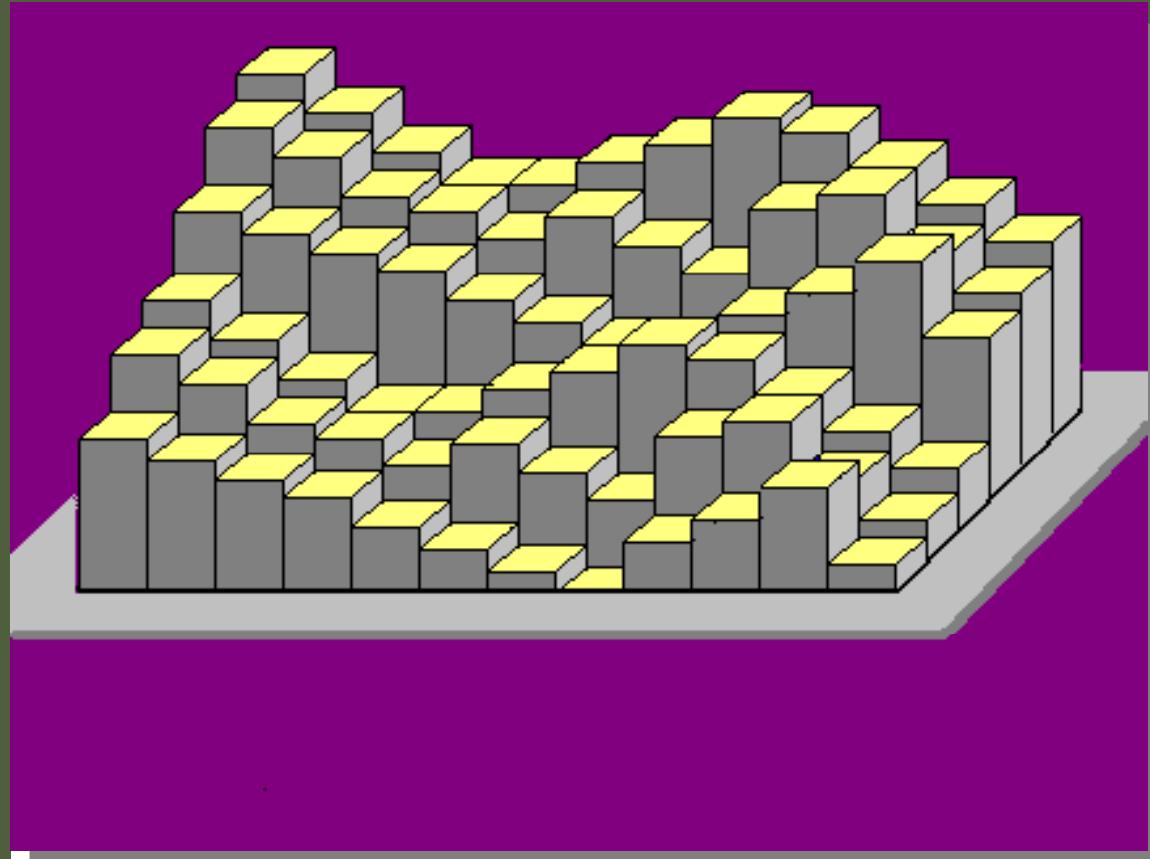


## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning



### Inverse planning optimization

Previous MC analysis for the sequencer



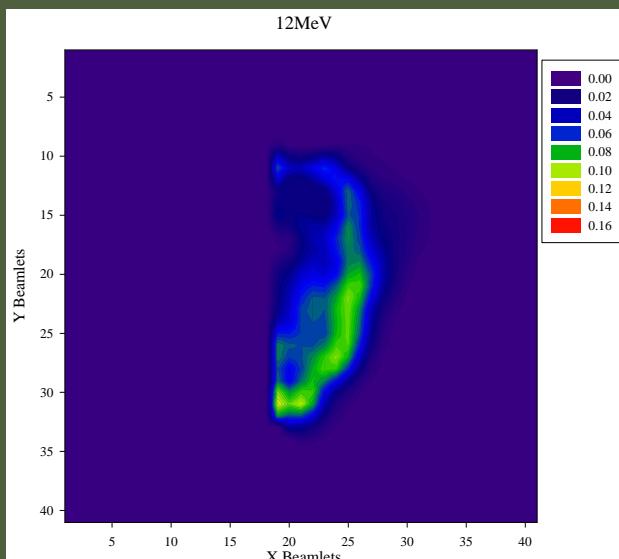
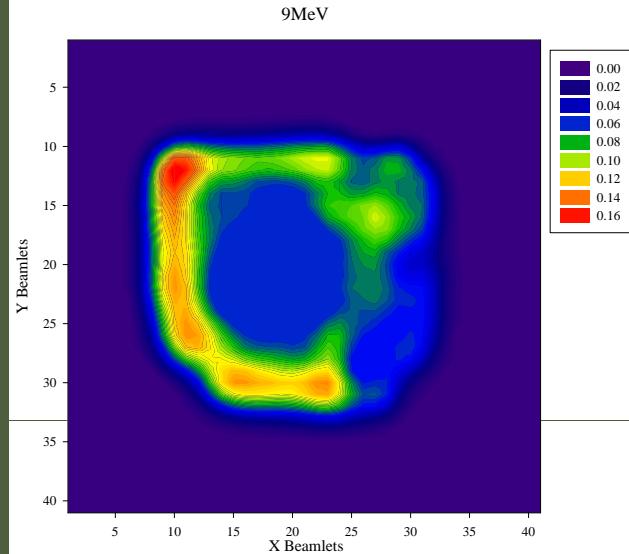
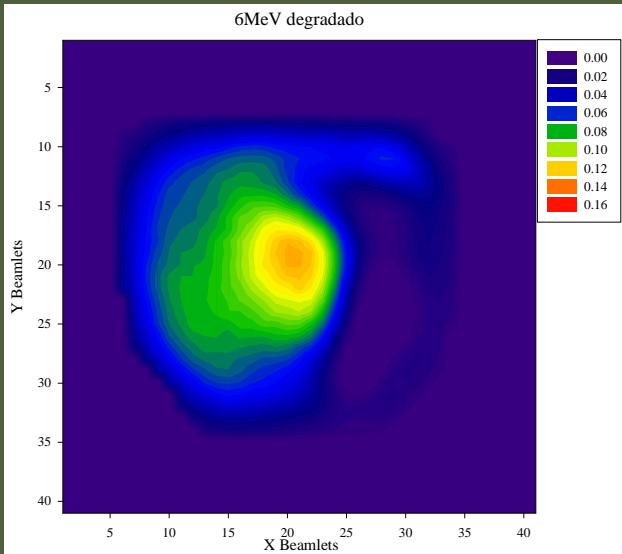


## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning



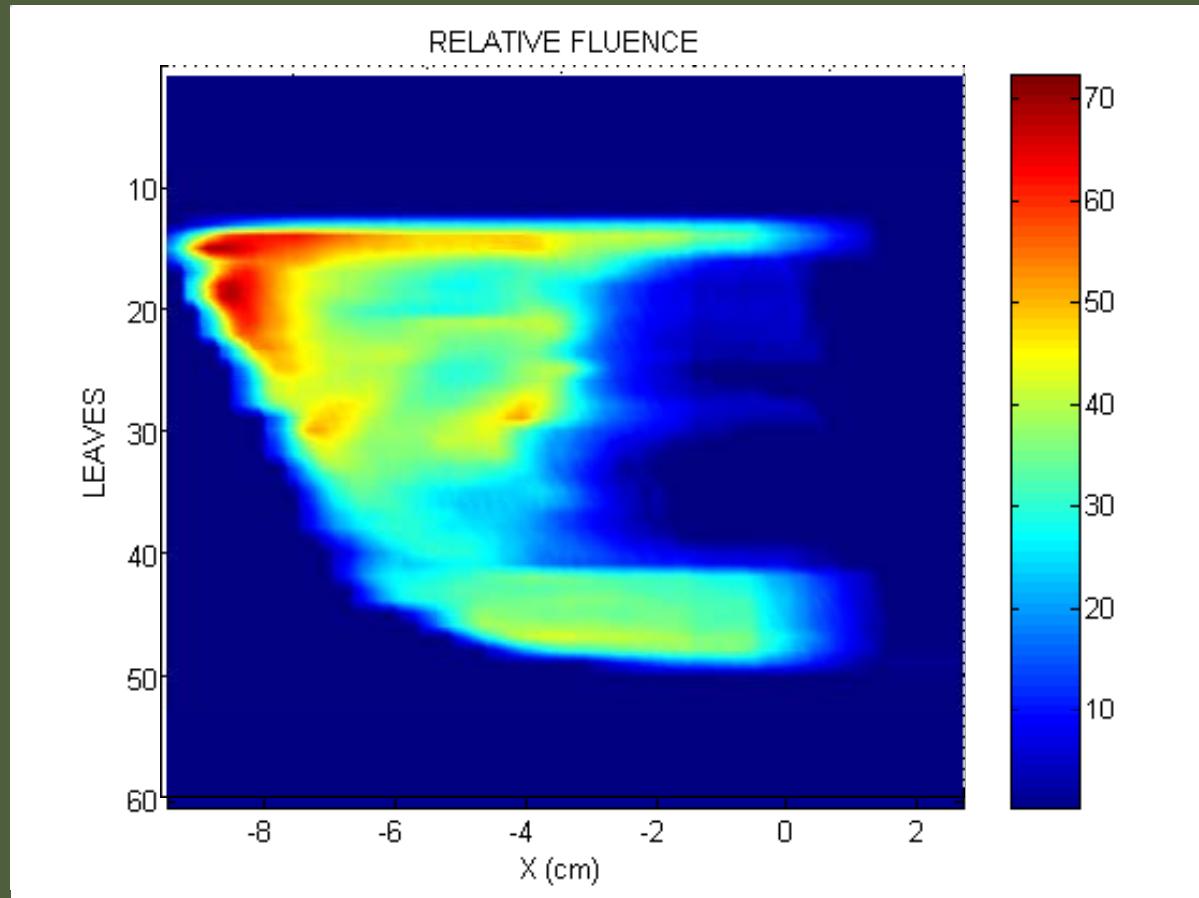
### Inverse planning optimization

### Fluence maps from the weighted beamlets



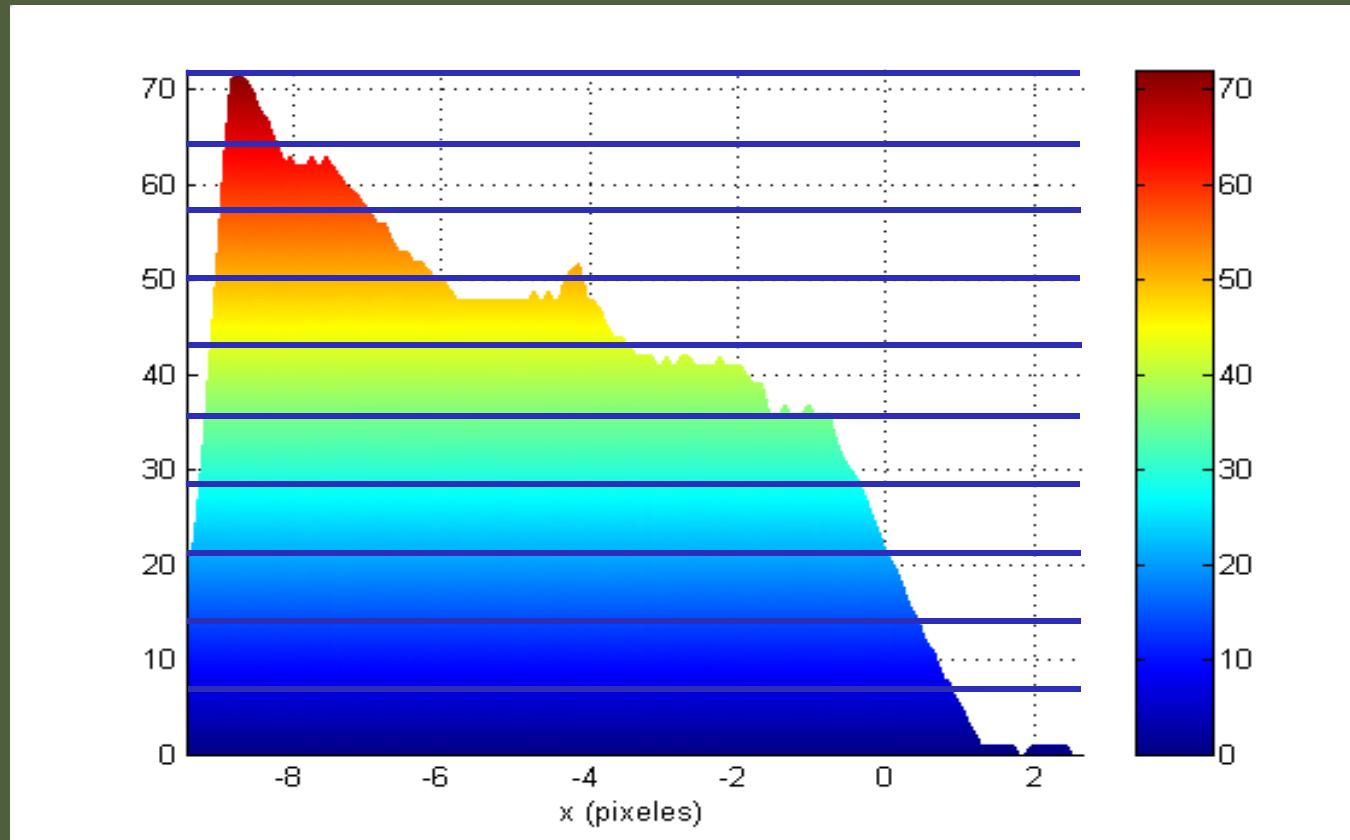
## Inverse planning optimization

### 3º Stage: Segmentation procedure



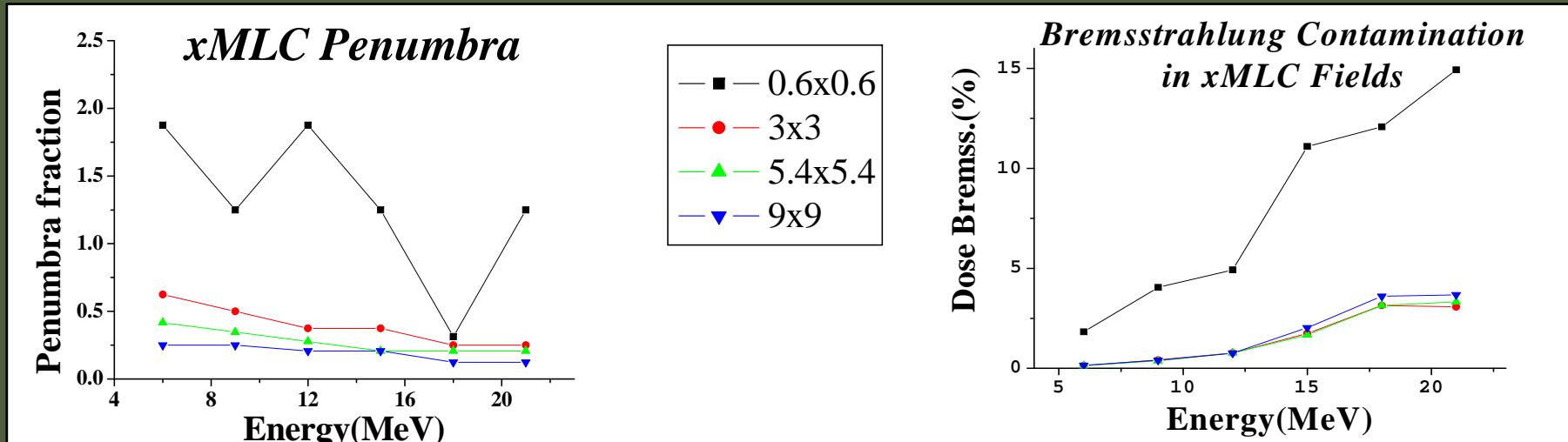
## Inverse planning optimization

### 3º Stage: Segmentation procedure

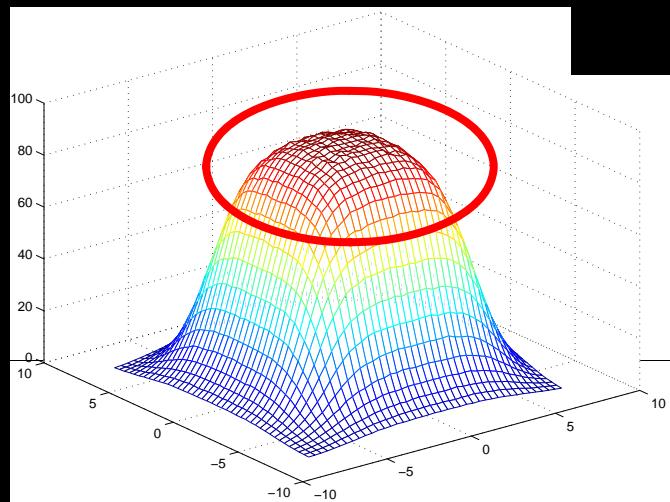


## Inverse planning optimization

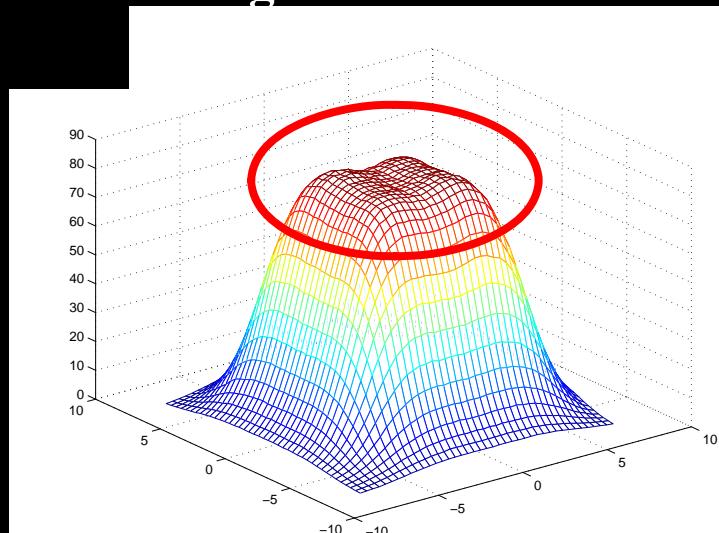
### Previous MC analysis for the sequencer



Single field



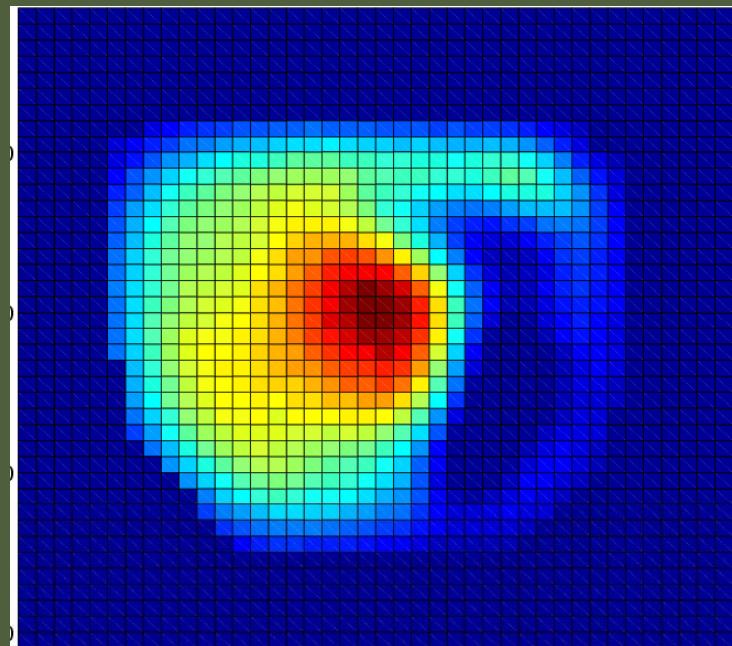
Segmented field



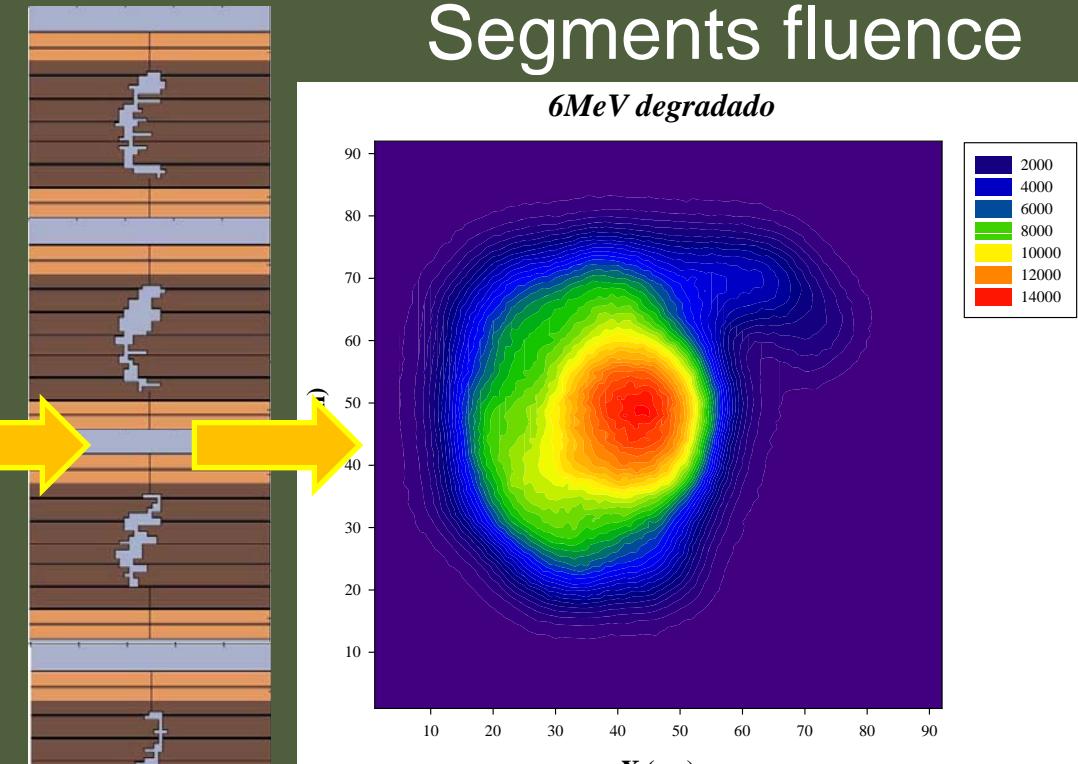
## Inverse planning optimization

### 3º Stage: Segmentation procedure

Beamlets fluence



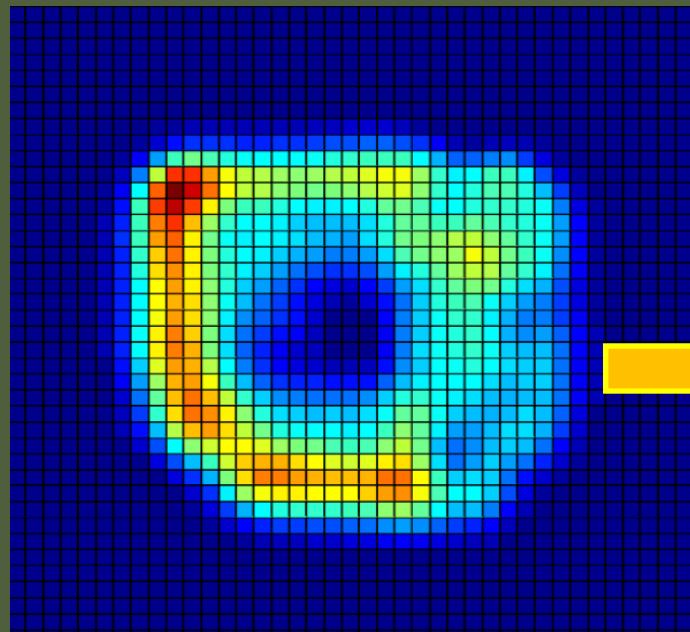
Segments fluence



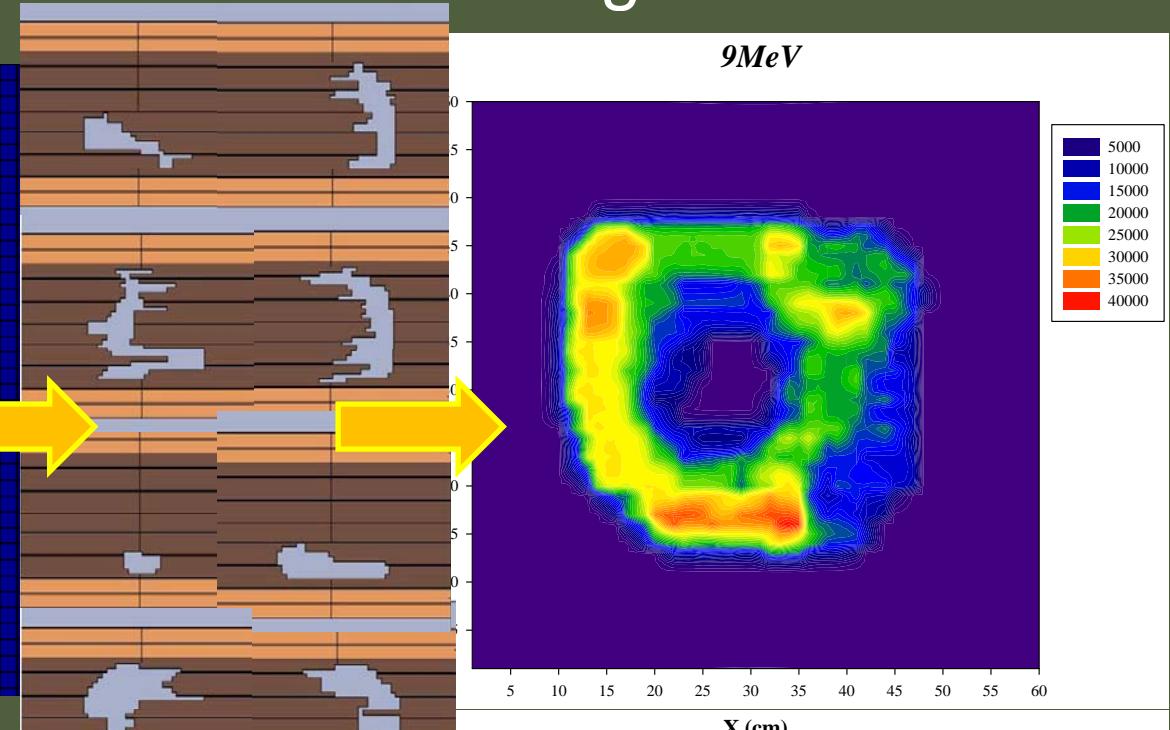
## Inverse planning optimization

### 3º Stage: Segmentation procedure

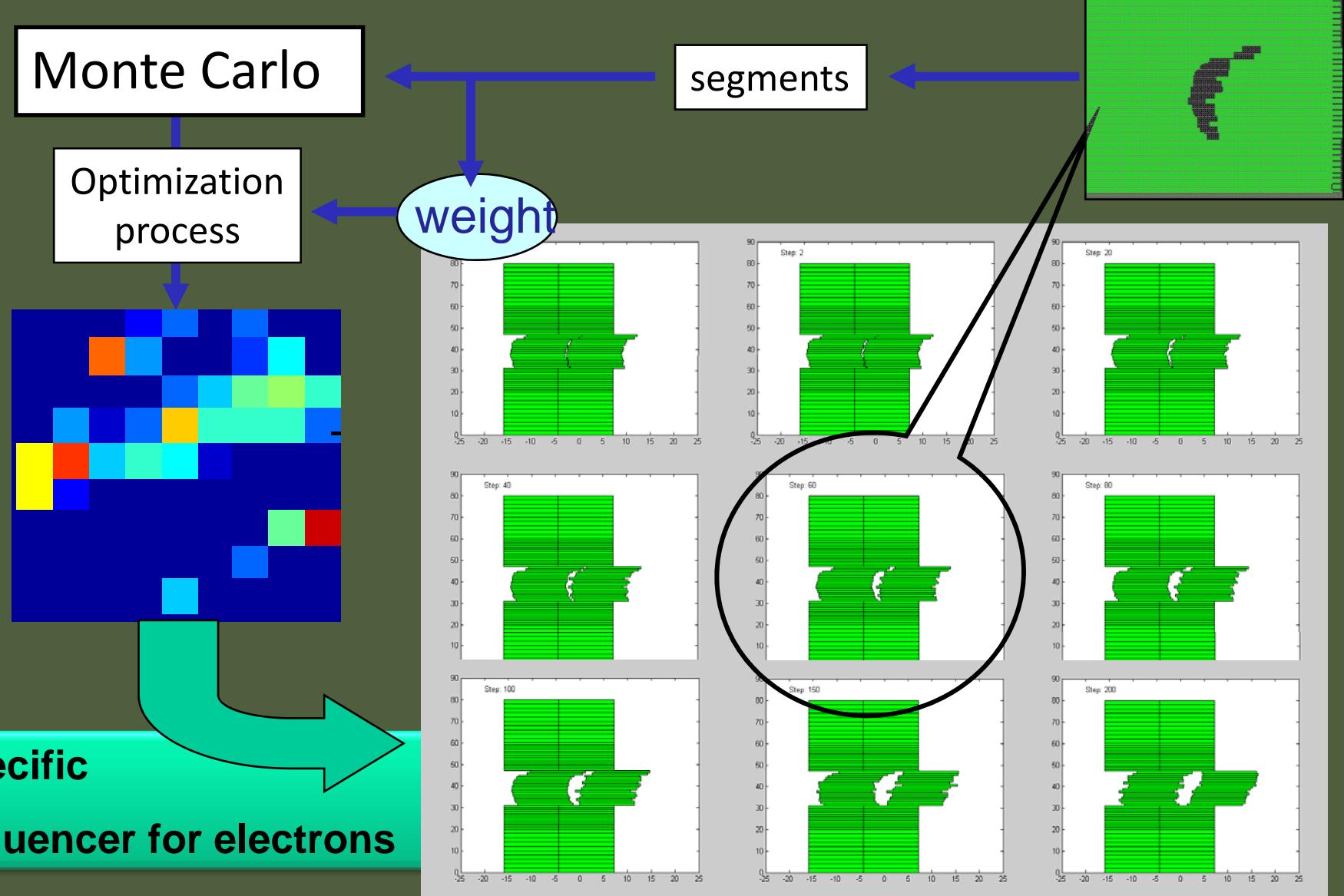
Beamlets fluence



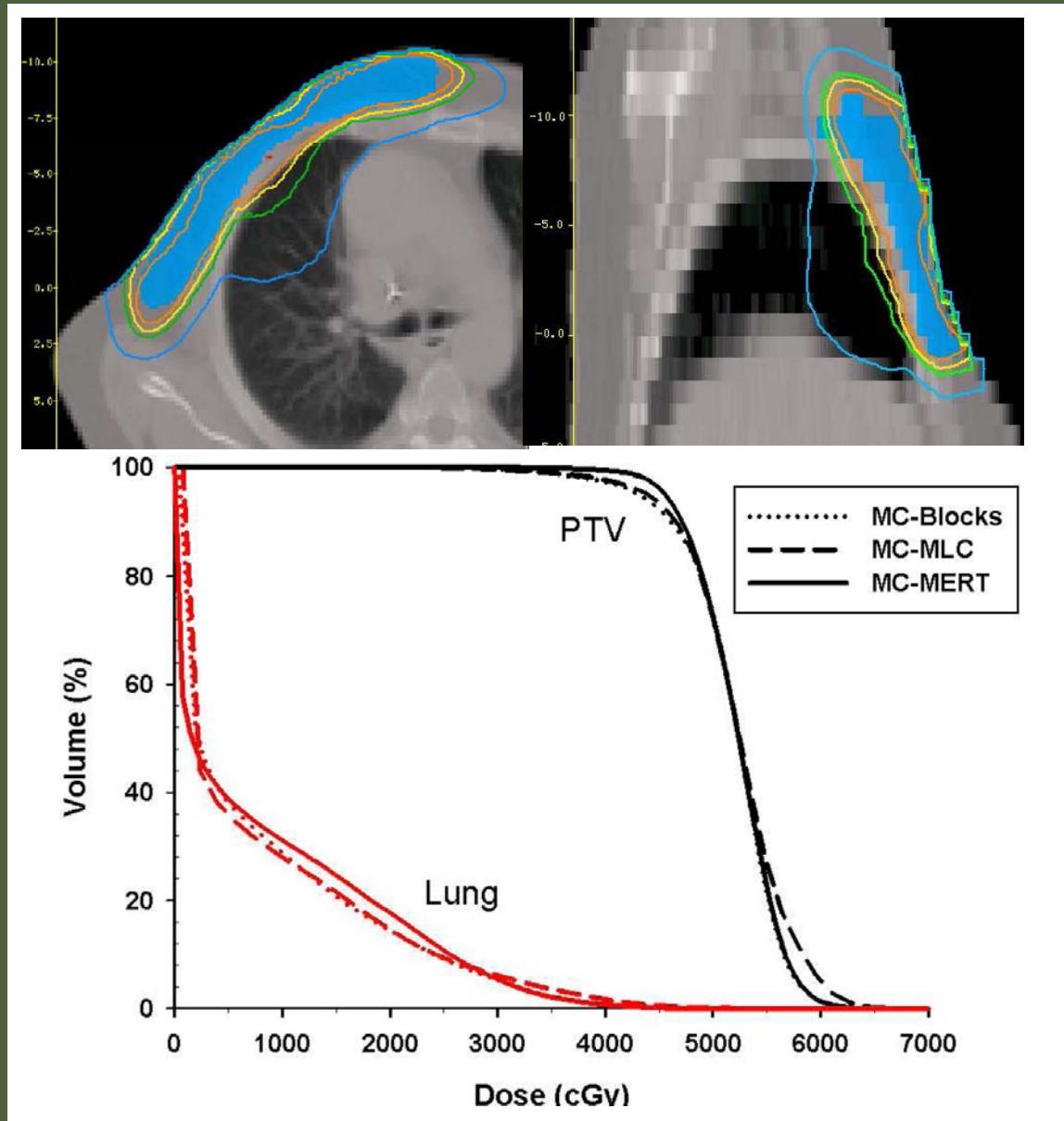
Segments fluence



## Inverse planning optimization



## Chest Wall cases by MERT with our MC-TP

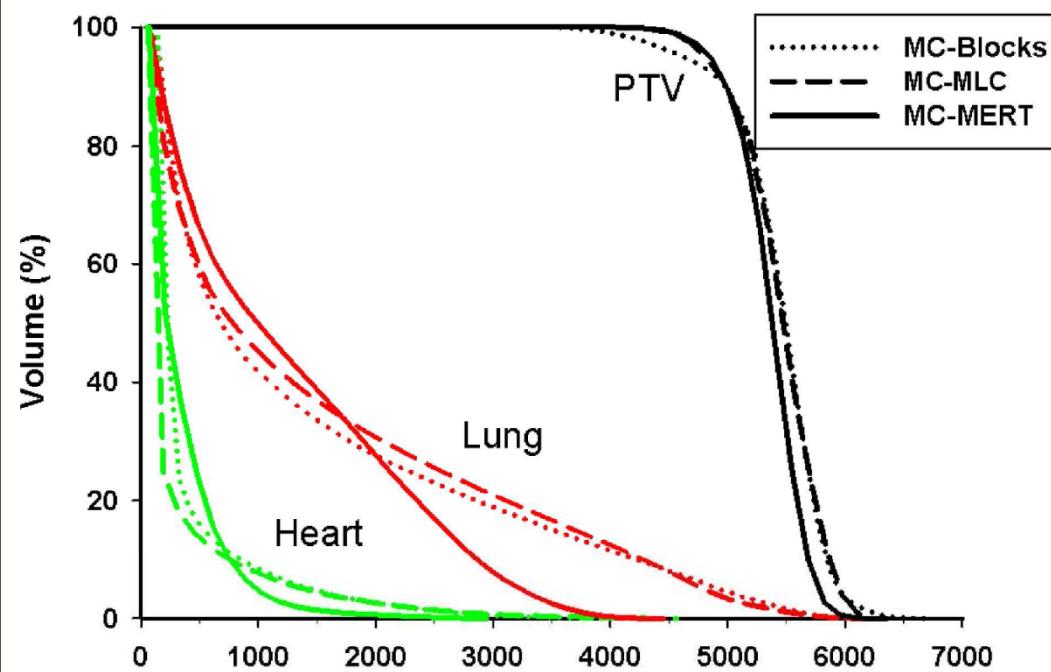
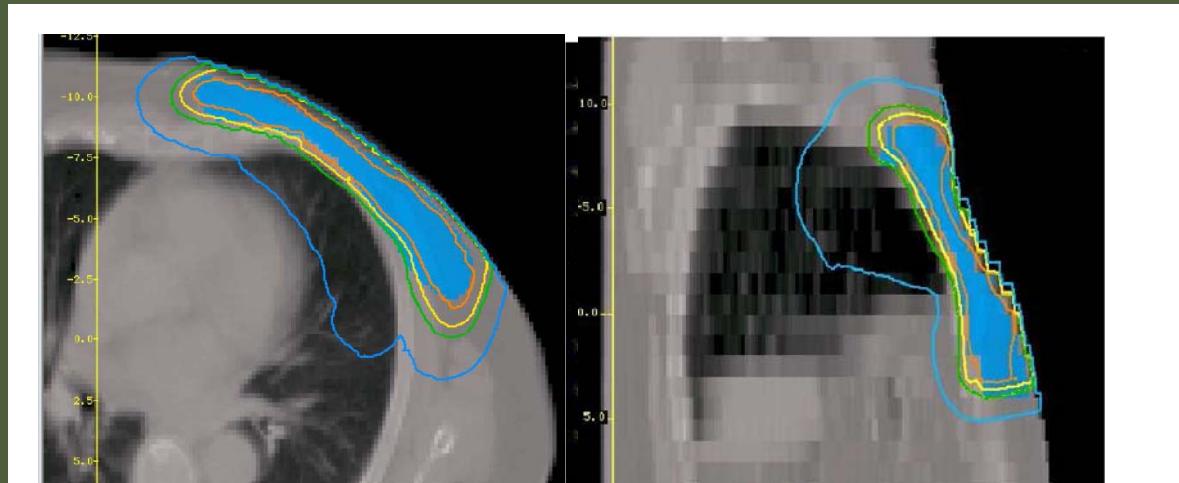




## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning

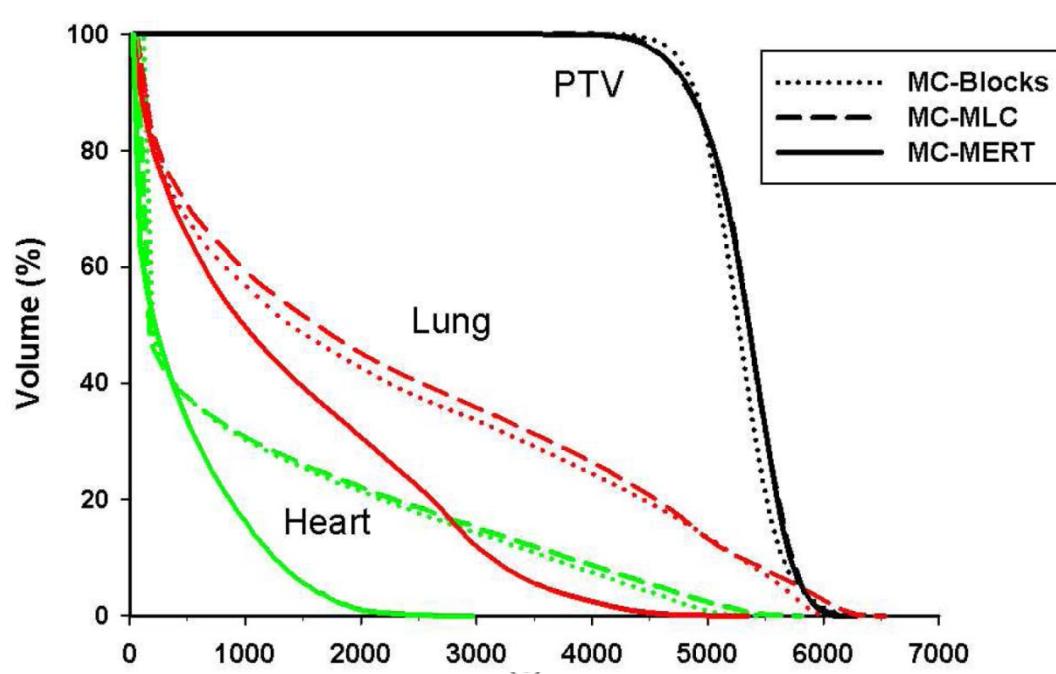
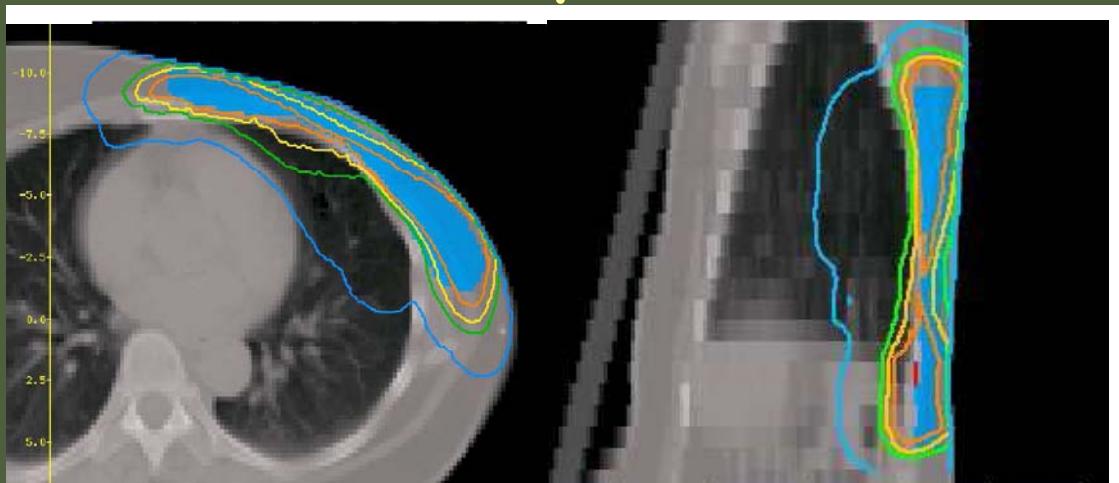


Chest Wall cases by MERT with our MC-TP



Deep region:  
9 MeV y 15 MeV

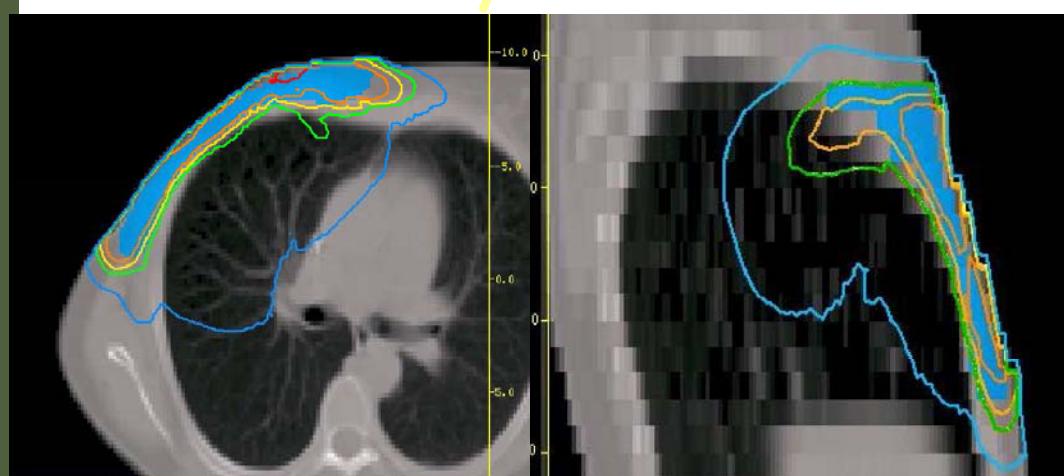
## Chest Wall cases by MERT with our MC-TP



Shallow region:  
Degrader slice

6 MeV degrader  
6 MeV and 9 MeV

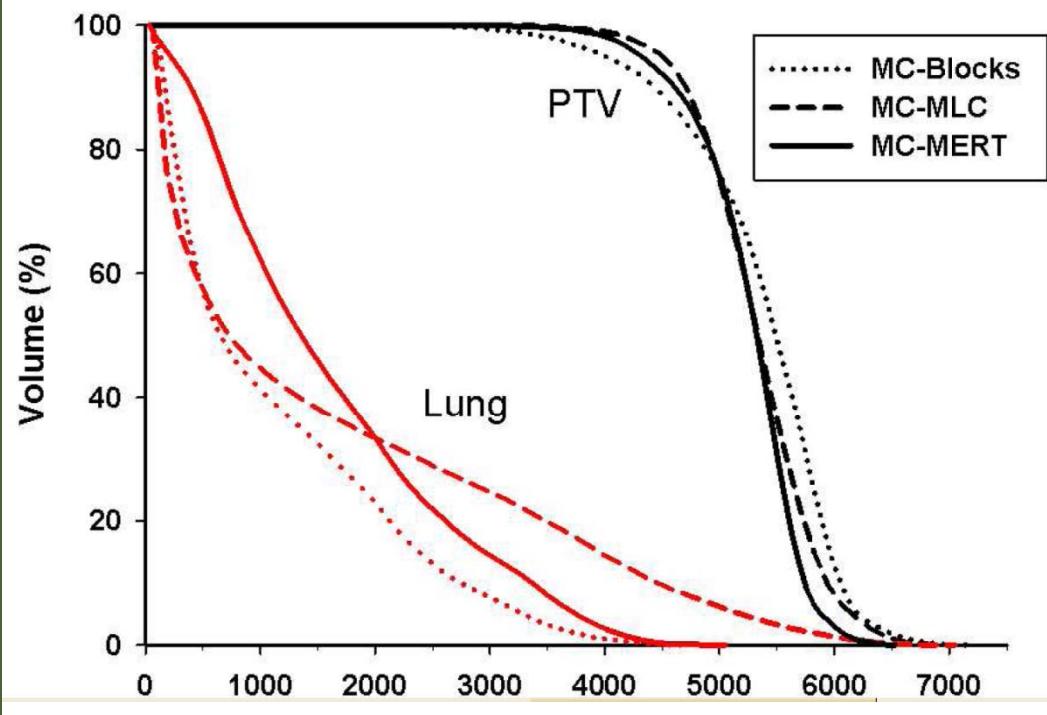
## Chest Wall cases by MERT with our MC-TTP



Big PTV

SSD=70 cm

6 MeV, 9 MeV and  
12 MeV





## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning



### Chest Wall cases by MERT with our MCTP

Irradiation parameters used for the presented chest wall cases.

Patient P1	Angle	E(MeV)	Number of segments	Total MU
MC-Blocks	325	6 + 9	1 + 2	196 + 196
MC-MLC	325	6 + 9	1 + 2	73 + 73
MC-MERT	325	6 + 9	4 + 9	121 + 233

Patient P2	Angle	E(MeV)	Number of segments	Total MU
MC-Blocks	35	9 + 15	1 + 1	206 + 206
MC-MLC	35	9 + 15	1 + 1	79 + 79
MC-MERT	35	6 + 9 + 15	4 + 4 + 5	95 + 82 + 68

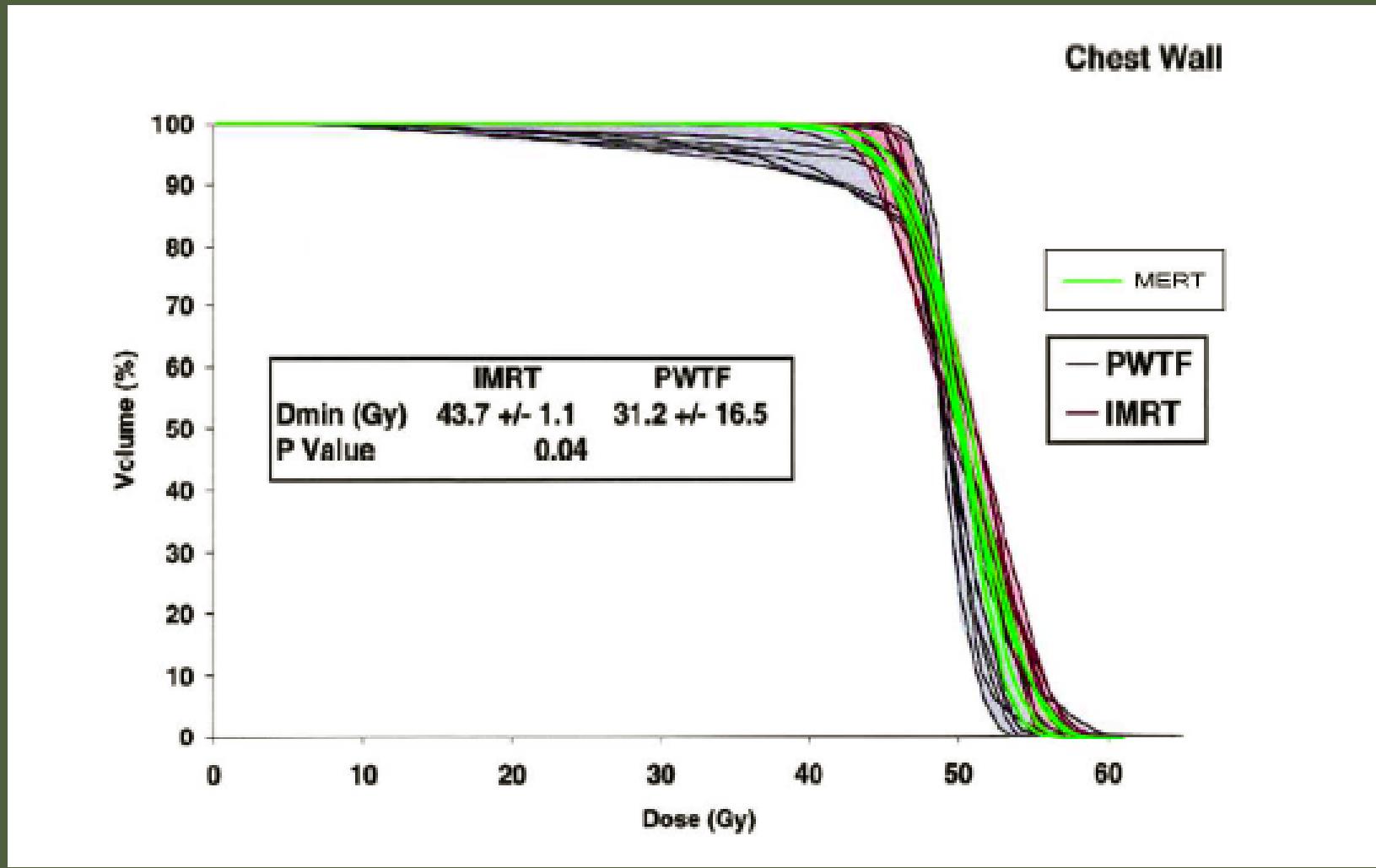
Patient P3	Angle	E(MeV)	Number of segments	Total MU
MC-Blocks	35	6 + 9	1 + 1	193 + 193
MC-MLC	35	6 + 9	1 + 1	139 + 139
MC-MERT	35	6 + 9 + 12	7 + 3 + 6	224 + 127 + 232

Patient P4	Angle	E(MeV)	Number of segments	Total MU
MC-Blocks	327	6 + 9 + 12	1 + 1 + 1	191 + 191 + 191
MC-MLC	327	6 + 9	1 + 1	195 + 195
MC-MERT	315	6deg + 12	3 + 11	185 + 275

Modulated electron radiotherapy treatment planning using a photon multileaf collimator for post-mastectomized chest walls. Salguero et al. Radiother & Oncol. 2009 Dec;93(3):625-32.

## Chest Wall cases by MERT with our MCTP DVH Comparison (I)

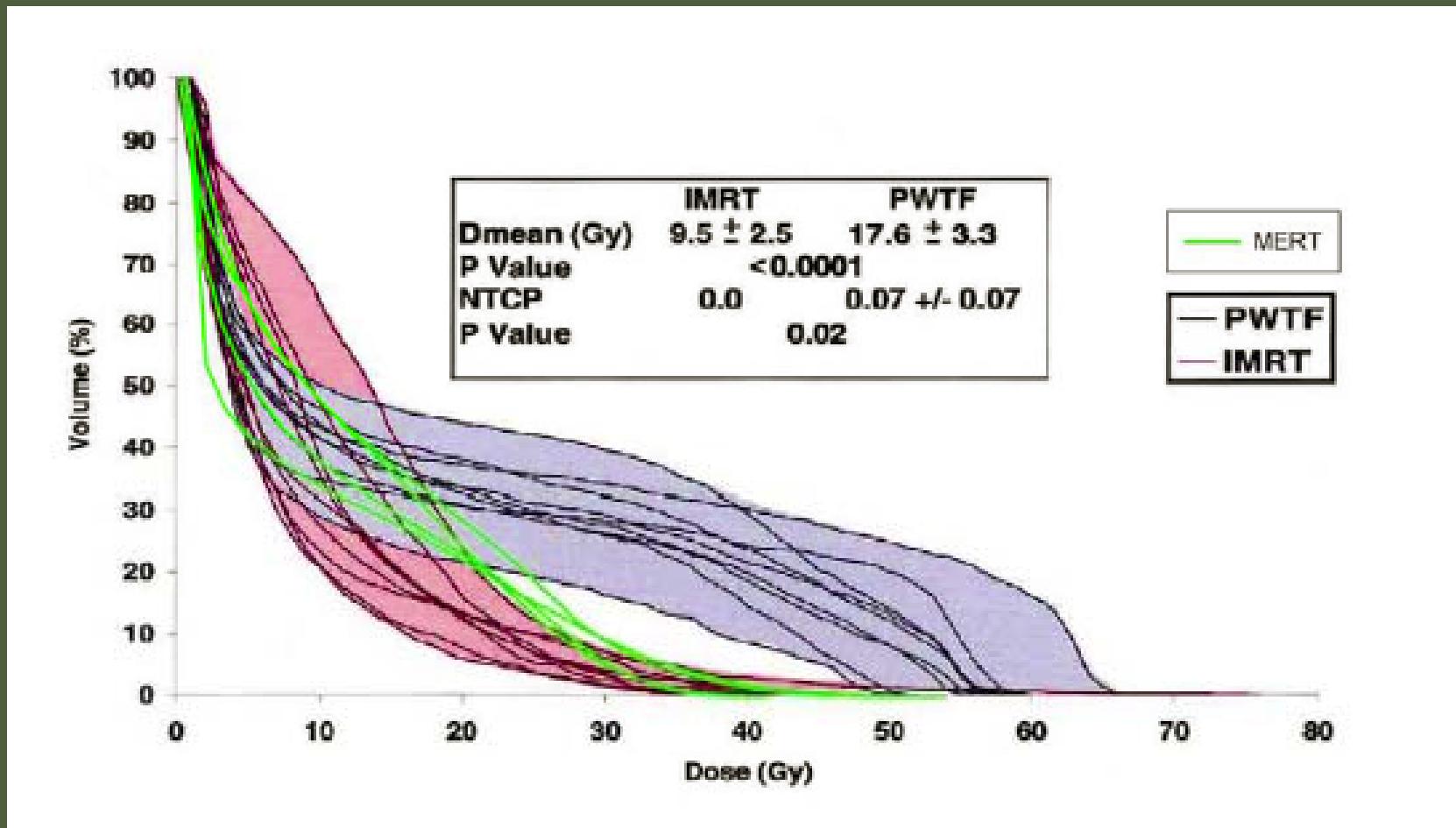
Data from: EA Krueger et al. Int.J.Radiat.Oncol.\*Biol.\*Phys. Vol. 56, Nº4, pp1023-1037



## Chest Wall cases by MERT with our MCOTP

### DVH Comparison (II)

Data from: EA Krueger et al. Int.J.Radiat.Oncol.\*Biol.\*Phys. Vol. 56, №4, pp1023-1037



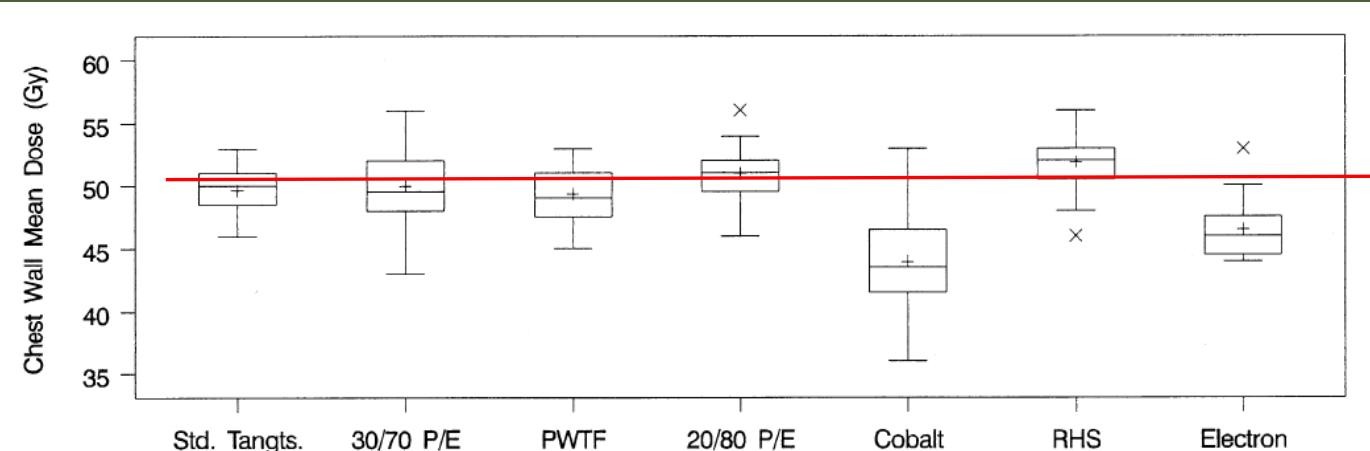


## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning

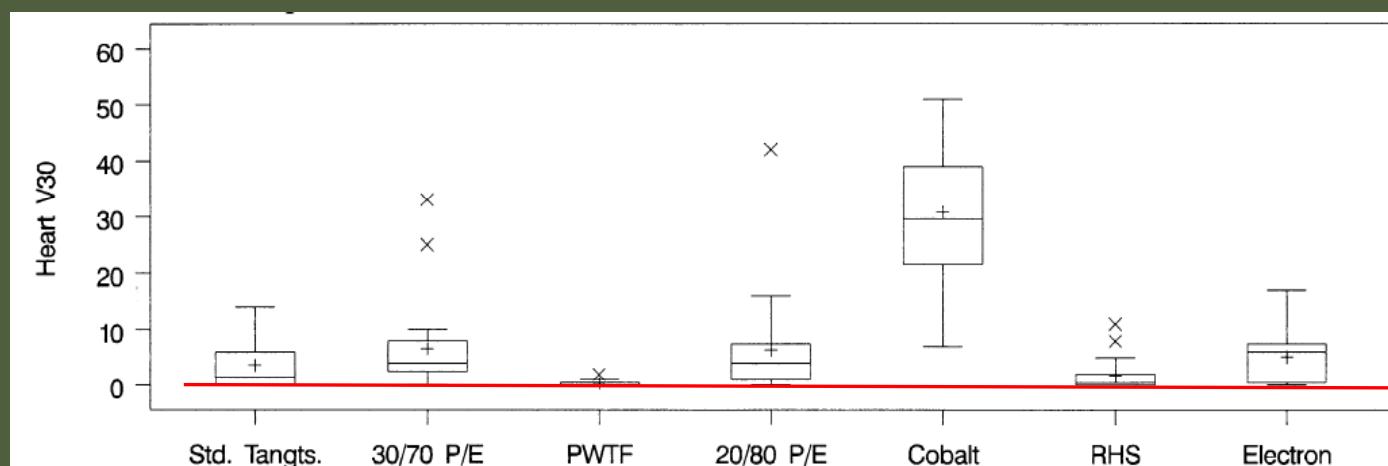


### Chest Wall cases by MERI with our MC T.P Comparison (III)

Int.J.Radiat.Oncol.\*Biol.\*Phys. Vol. 52, Nº5, pp1220-1230



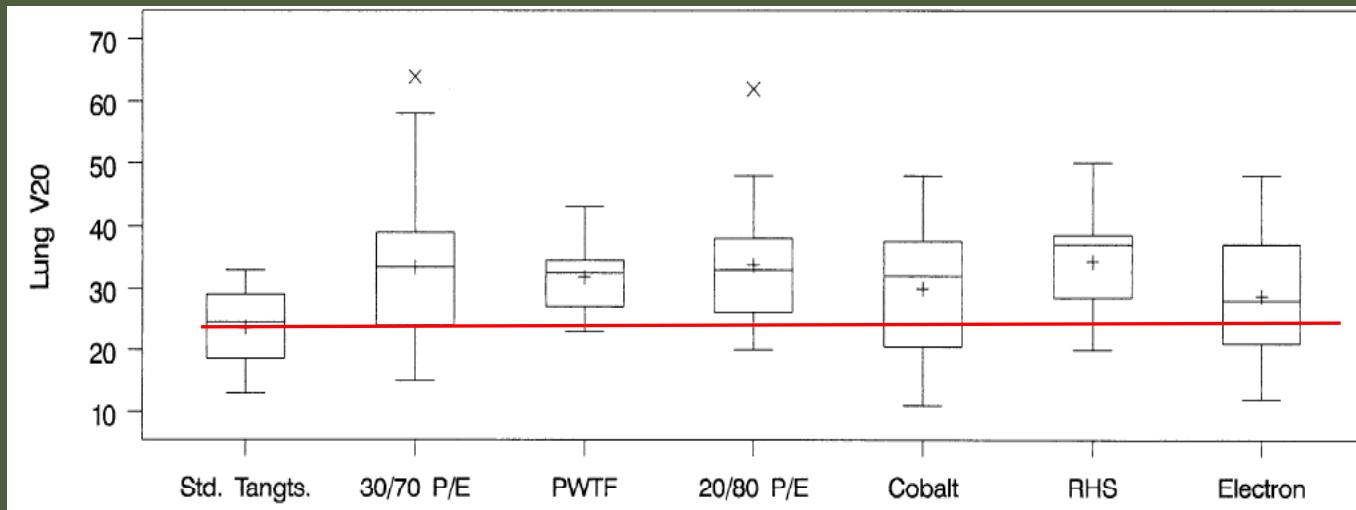
Average Dose in  
PTV=50.5Gy



V30 of Heart:  
0.03%

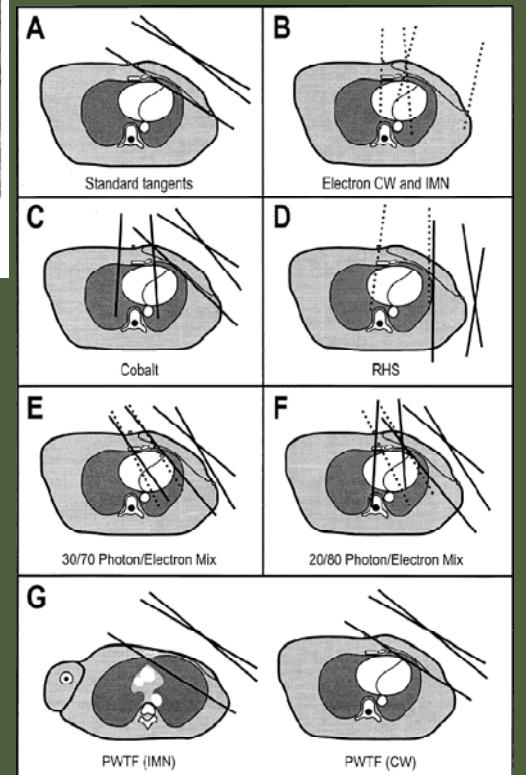
## Chest Wall cases by MERT with our MCOTP Comparison (IV)

Int.J.Radiat.Oncol.\*Biol.\*Phys. Vol. 52, Nº5, pp1220-1230



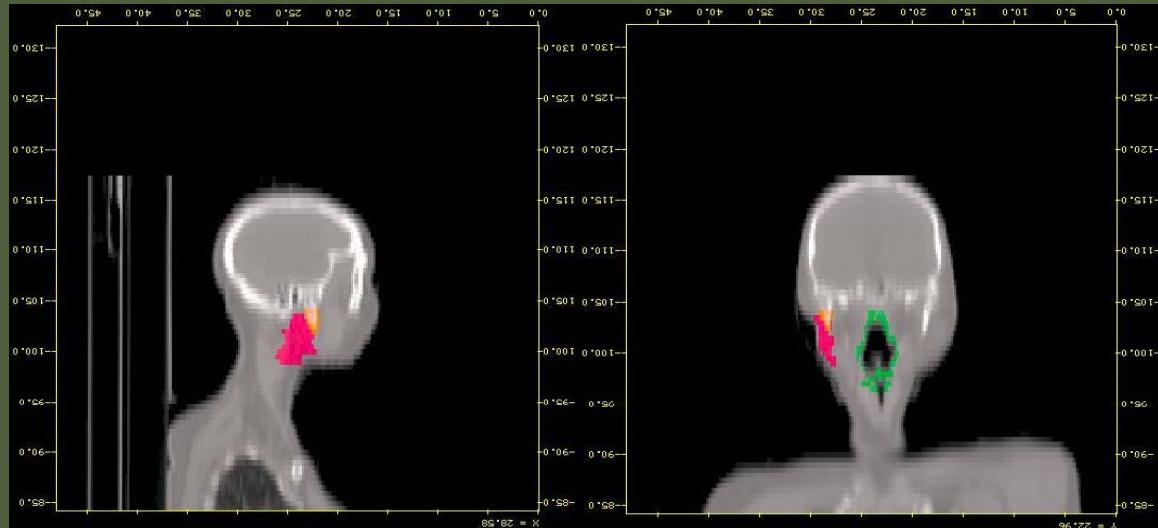
- Standard Tangents
- Photon and electron (30%/70%)
- Partially wide tangent fields (PWTFs)
- Photon and electron (20%/80%)
- Cobalt
- Reverse hockey stick (RHS)
- 9 and 12-MeV electron field (Electron)

**V20 lung:  
23.5%**

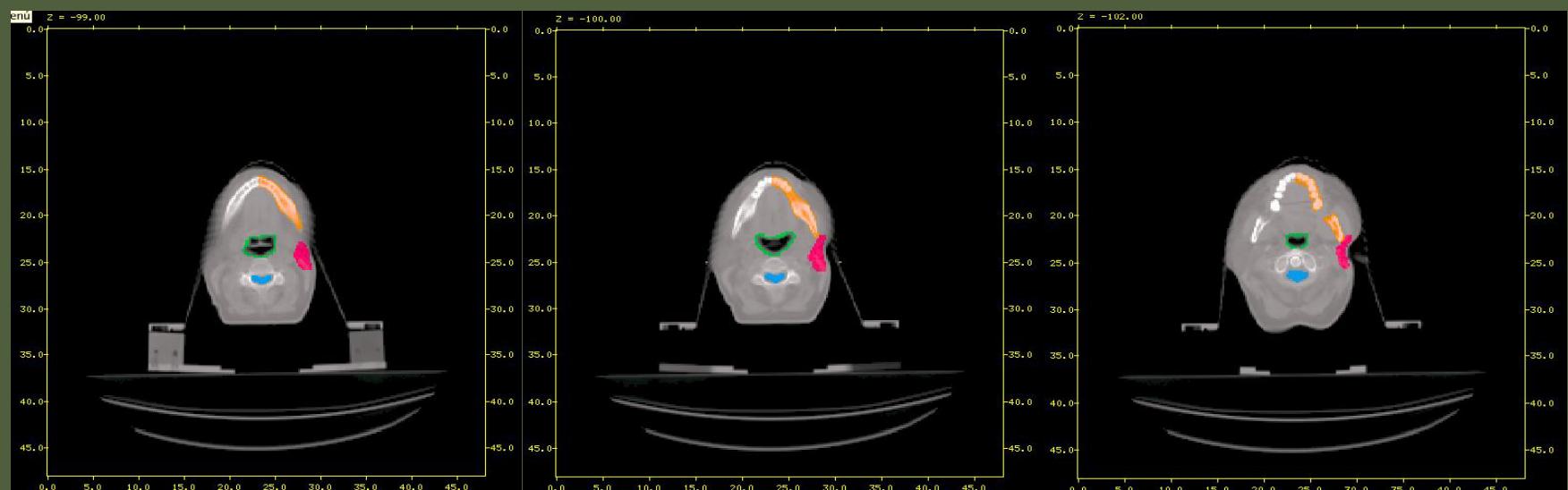


## H&N shallow tumors by MERT with our MCTP

### Parotid glands case



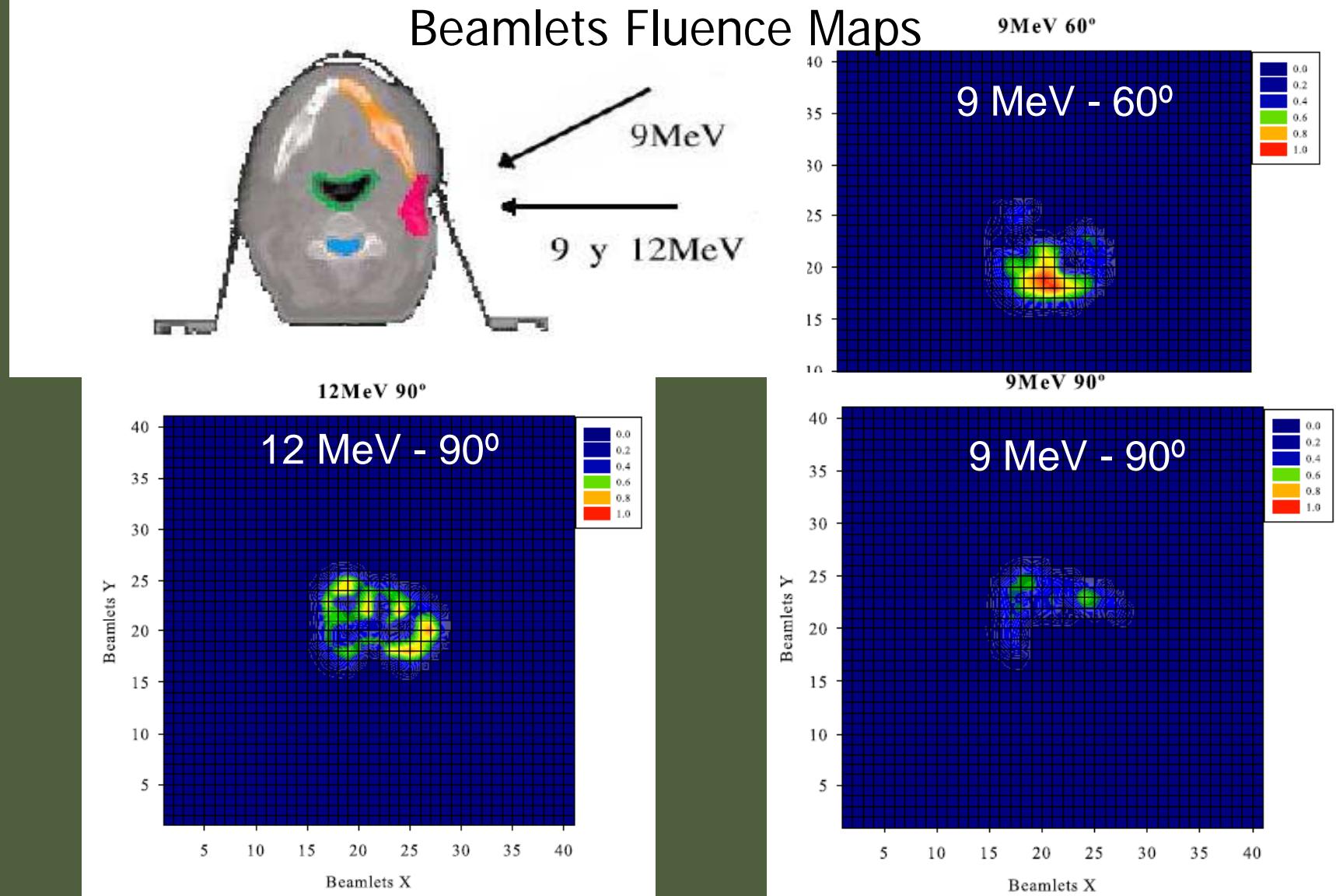
- PTV
- Hemi-jaw
- Larinx mucous
- Marrow



## H&N shallow tumors by MERT with our MCTP

### Parotid glands case

#### Beamlets Fluence Maps





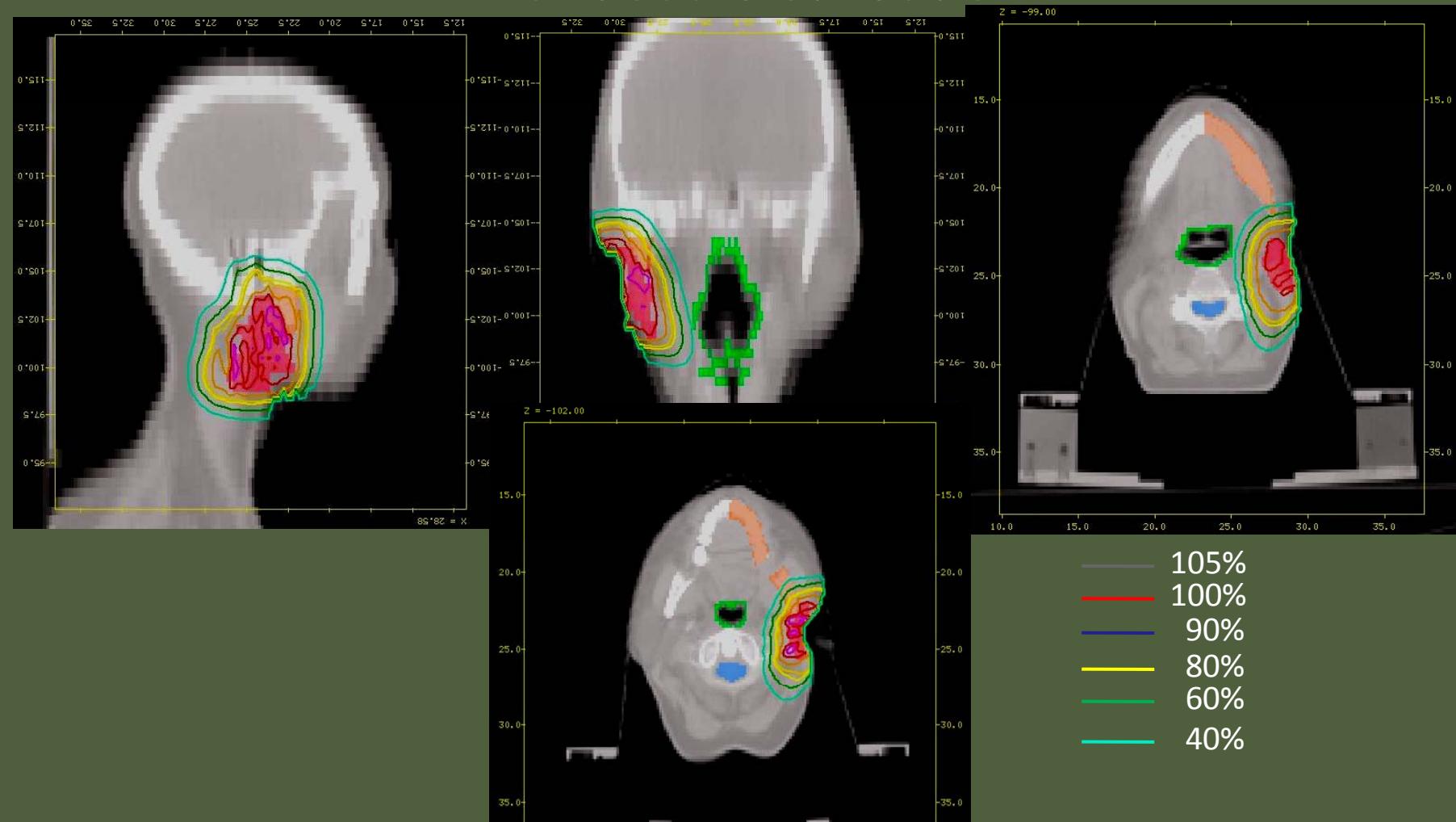
## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning



H&N shallow tumors by MERT with our MCTP

Parotid glands case

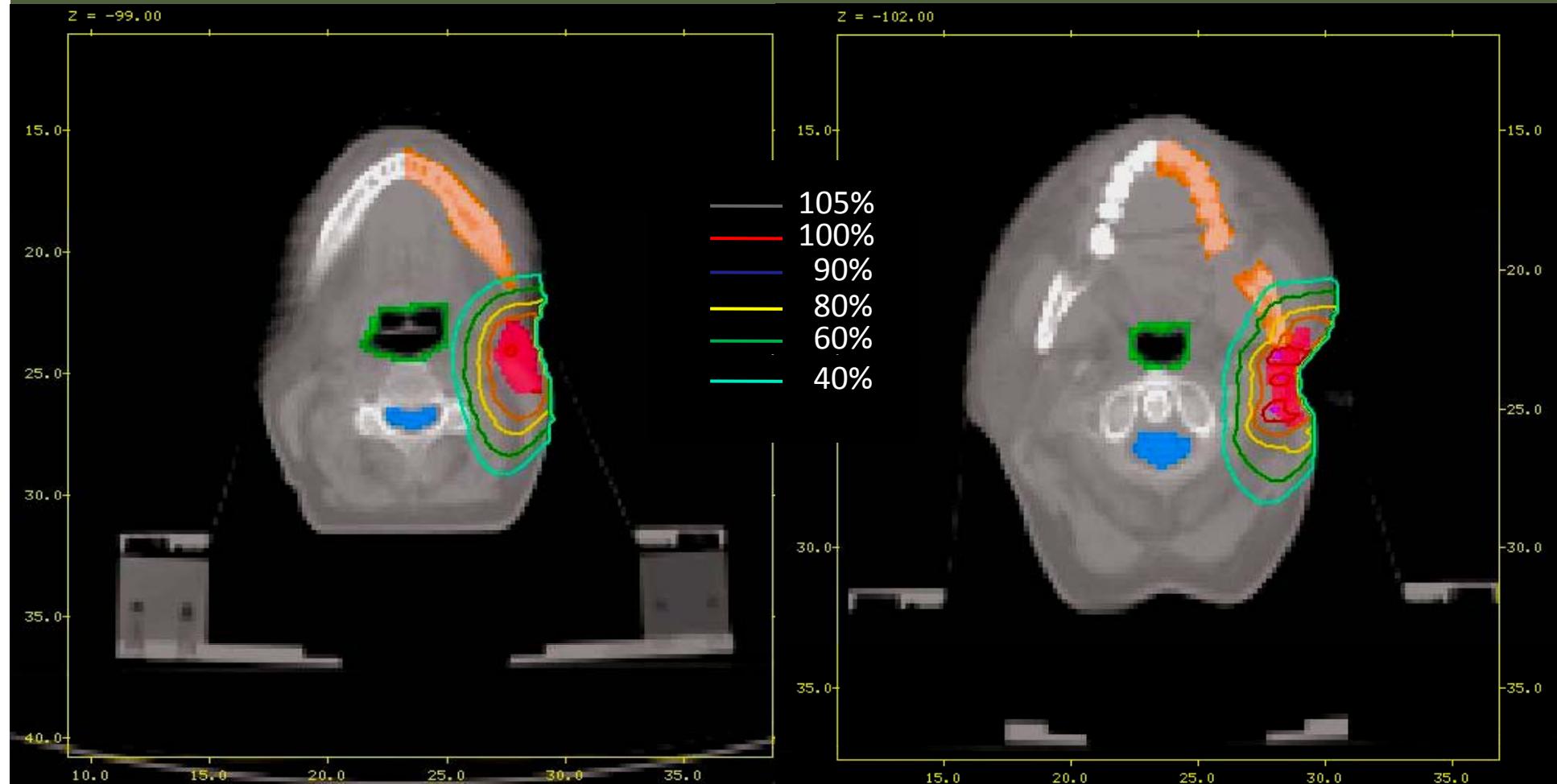
Final dose distribution



## H&N shallow tumors by MERT with our MCOTP

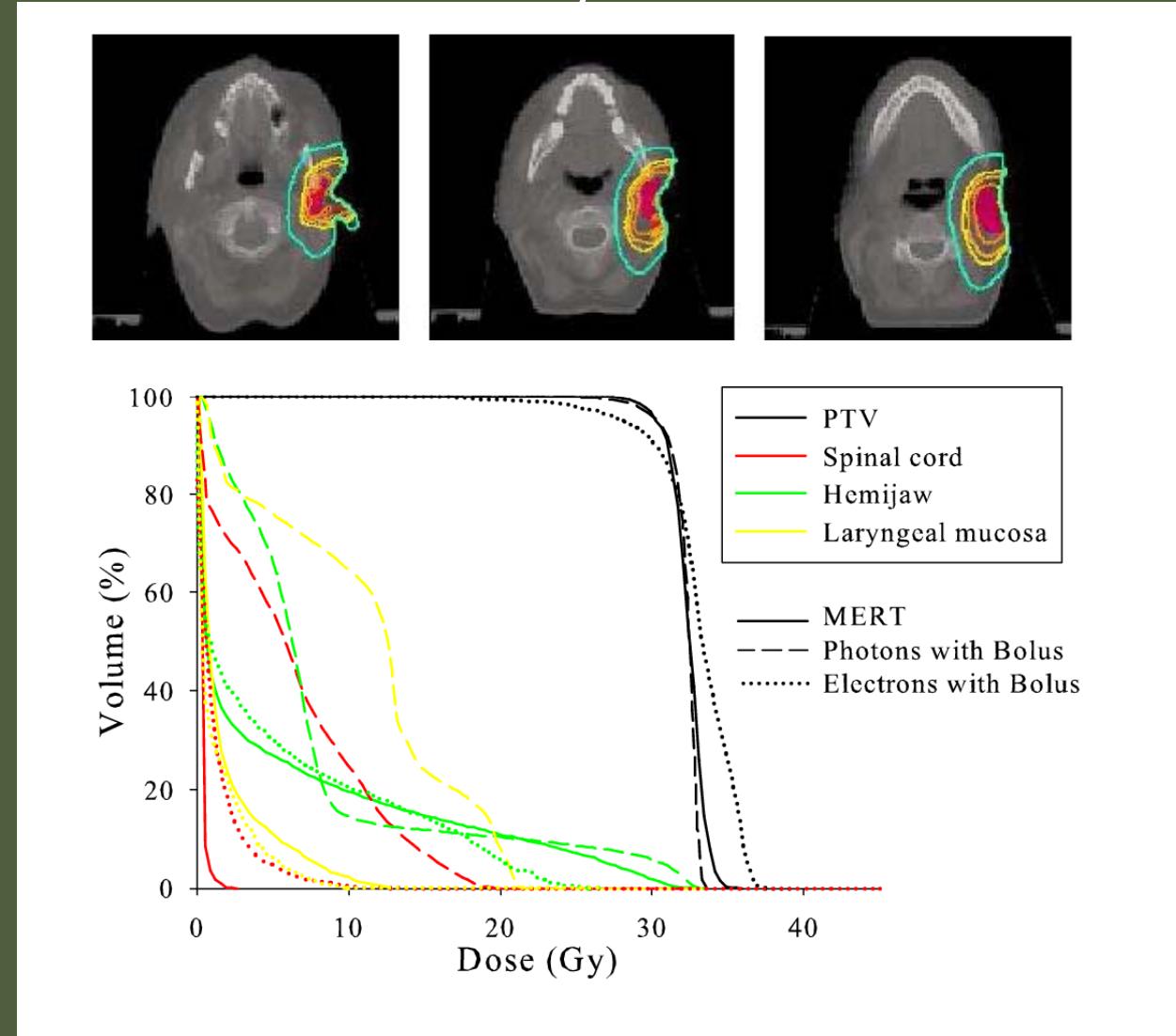
### Parotid glands case

#### Beamlets dose distribution

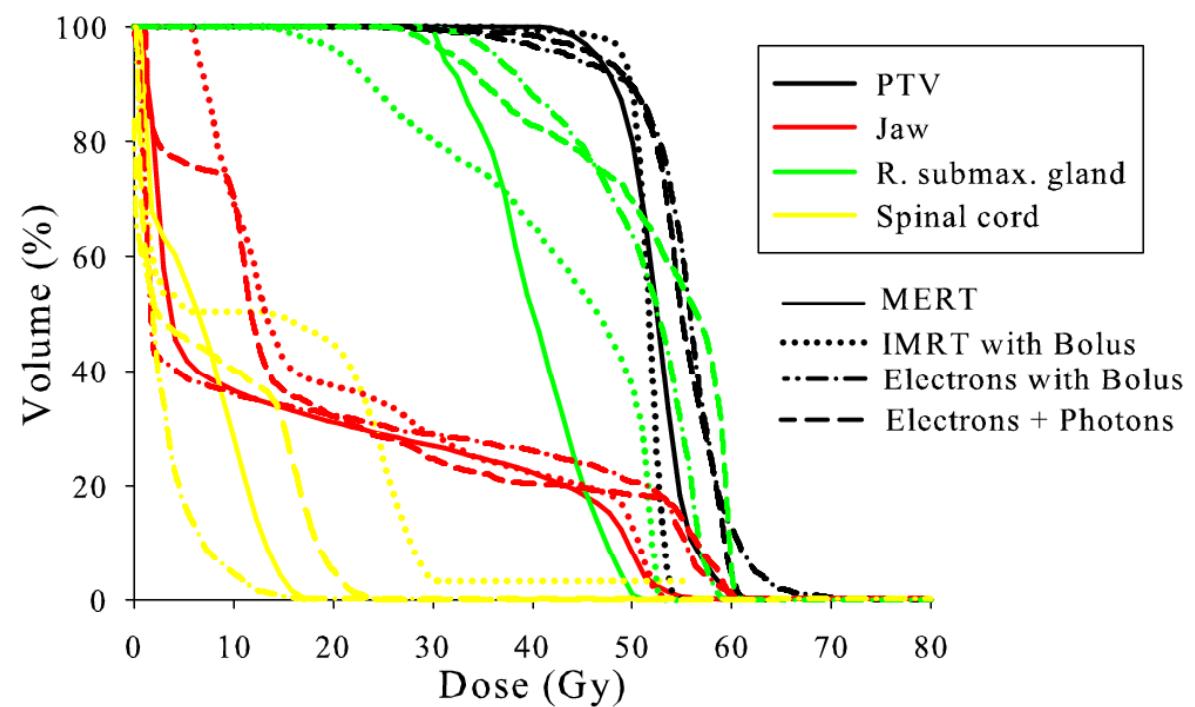
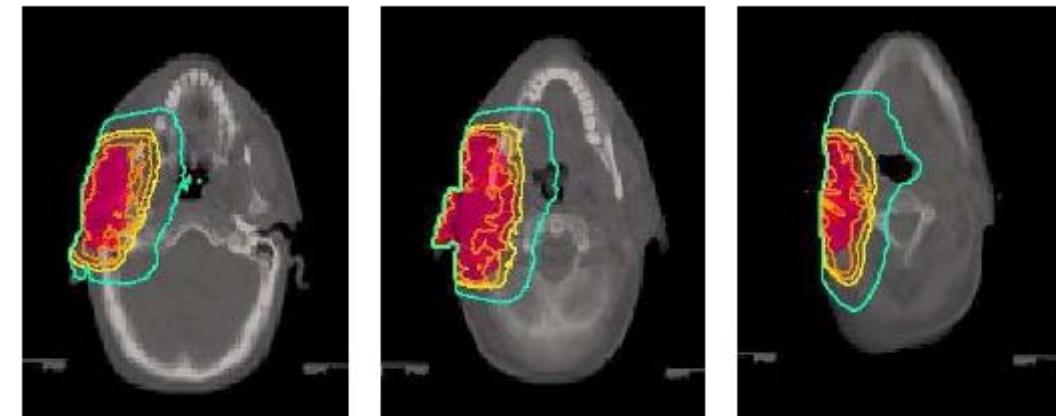


## H&N shallow tumors by MERT with our MCTP

### Parotid glands case

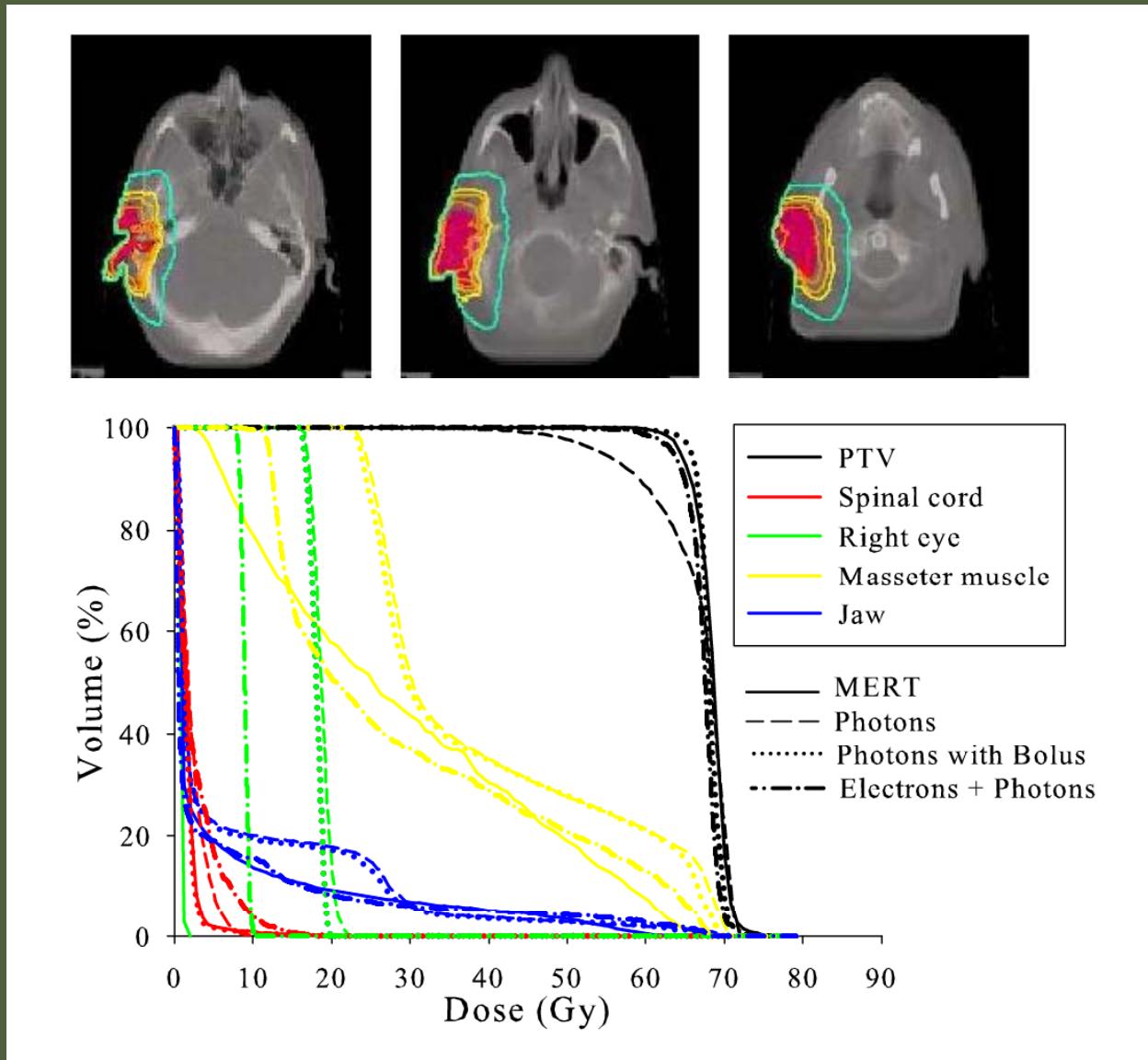


## H&N shallow tumors by MERT with our MCOTP Parotid glands case

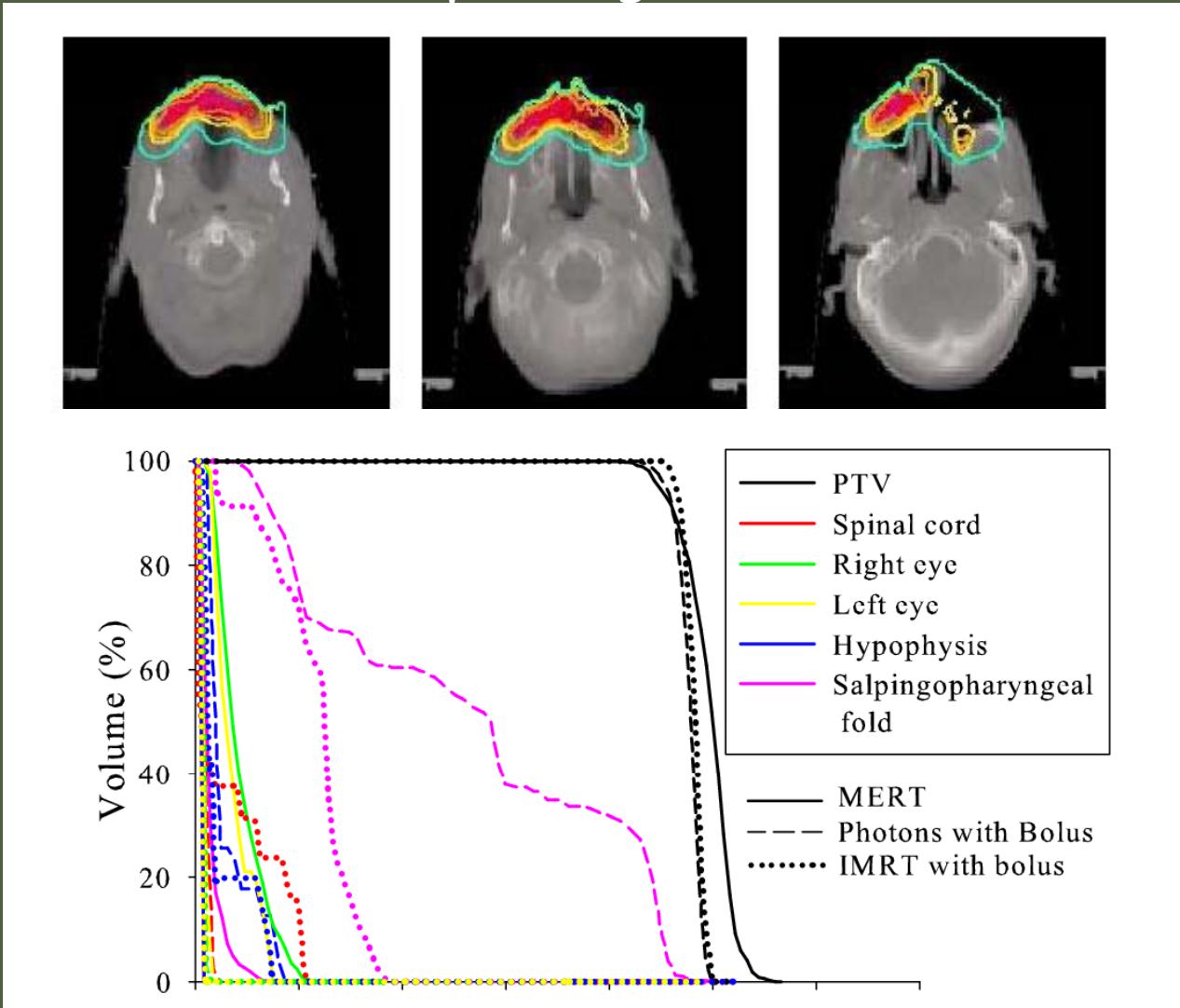


## H&N shallow tumors by MERT with our MCTP

### Ear tumor case

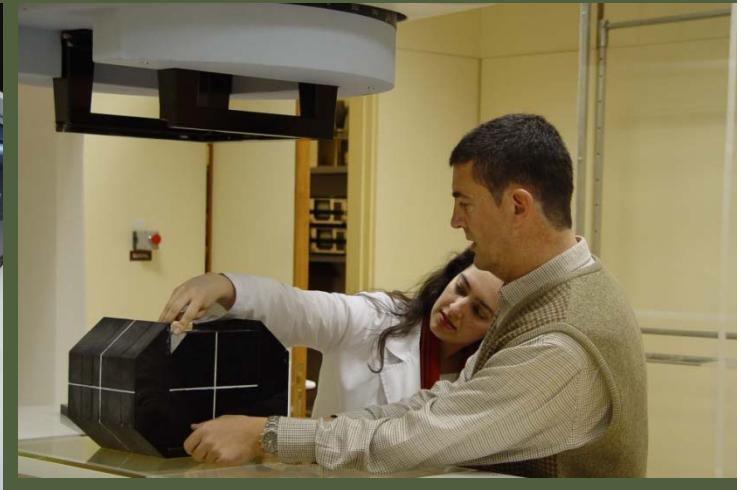


## H&N shallow tumors by MERT with our MCTP Oropharynge case

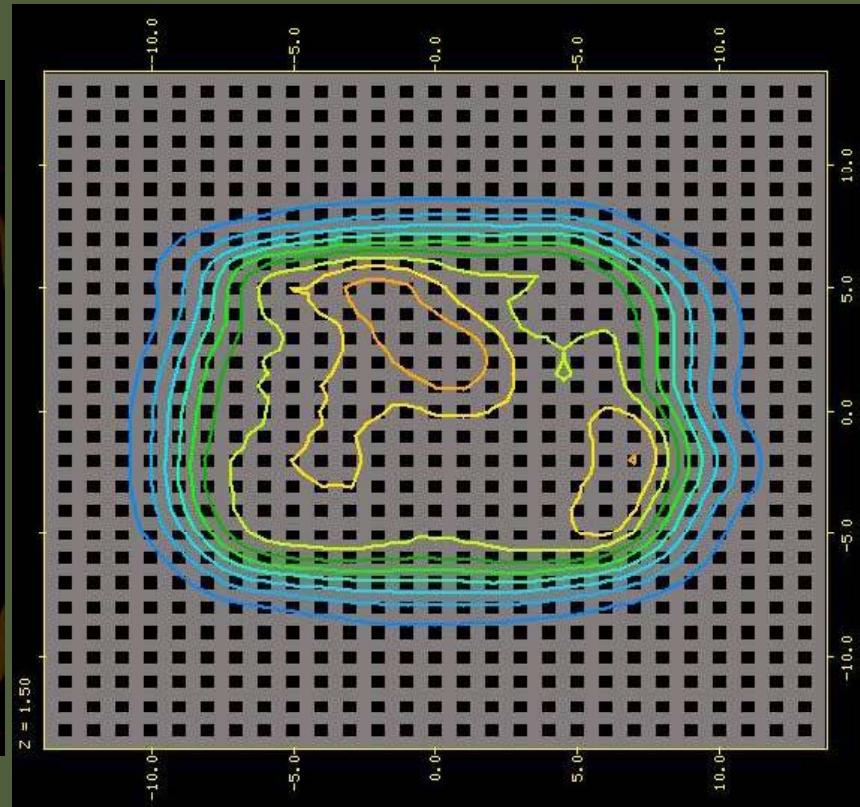
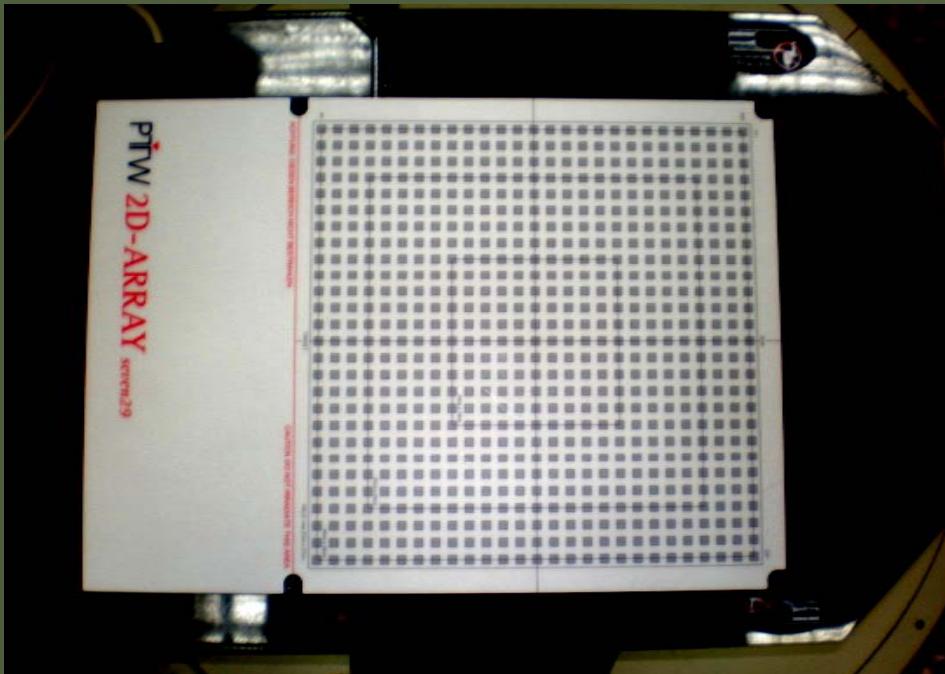


Intensity- and energy-modulated electron radiotherapy by means of an xMLC for head and neck shallow tumors. Salguero et al. *Physics in Medicine and Biology*. 55, 5 (2010)

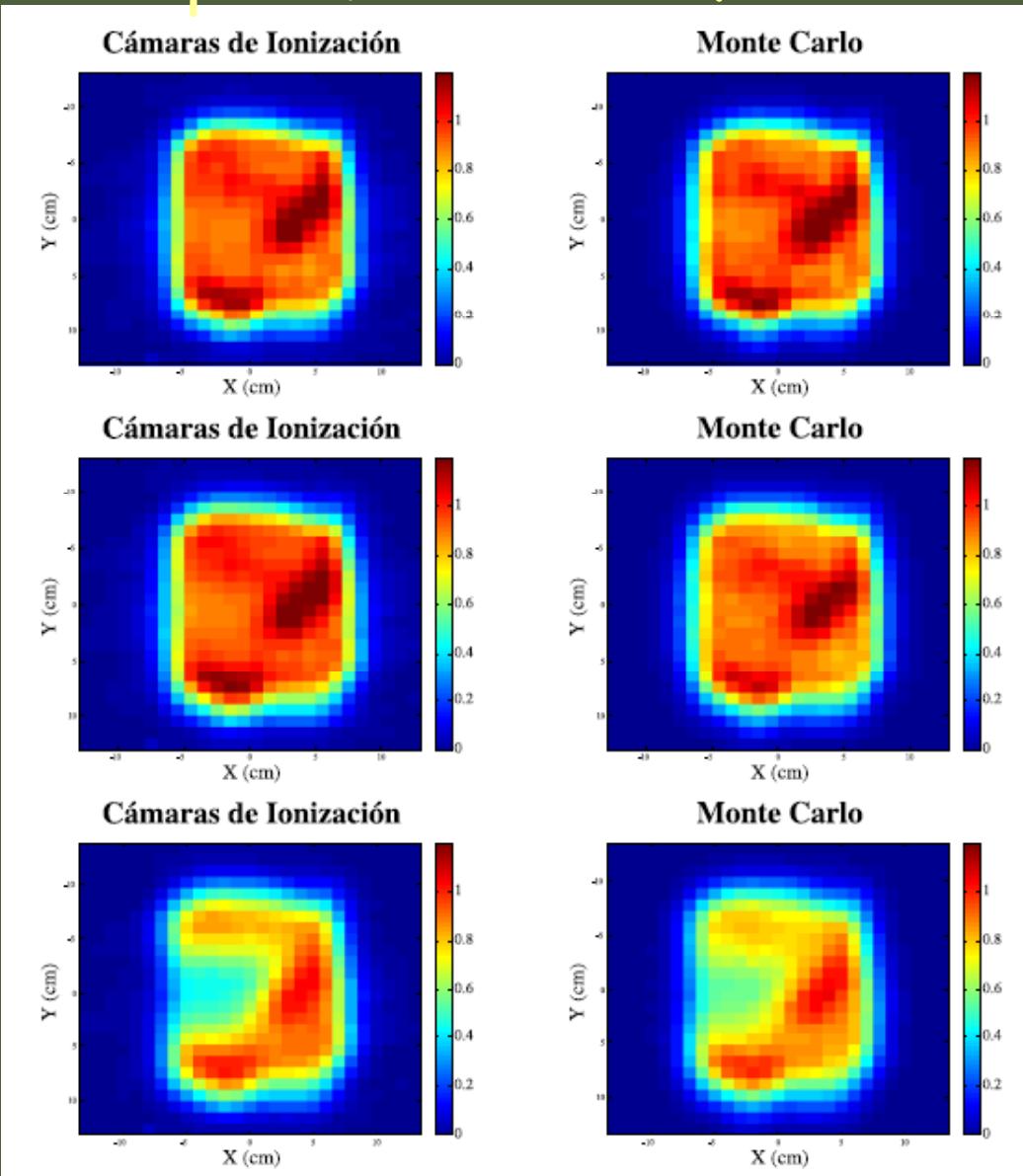
# Experimental verification



# Experimental verification

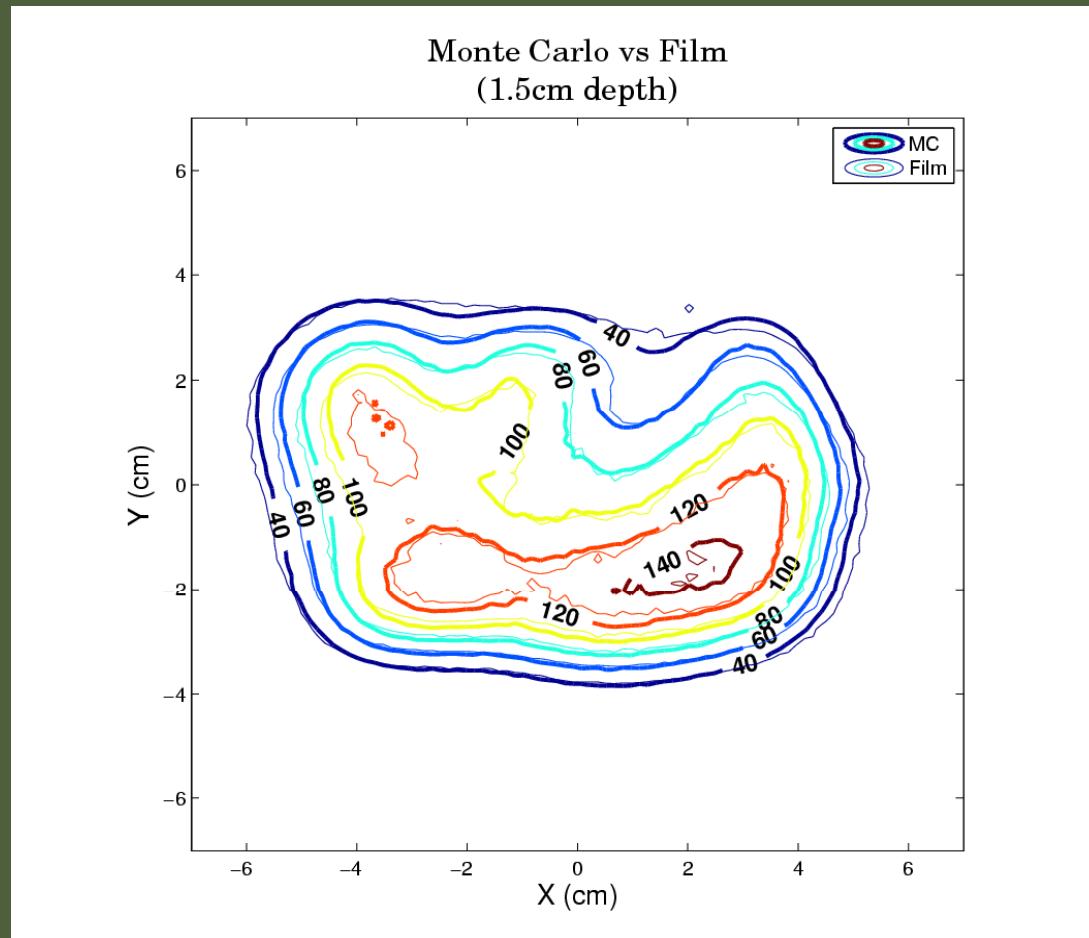


# Experimental verification



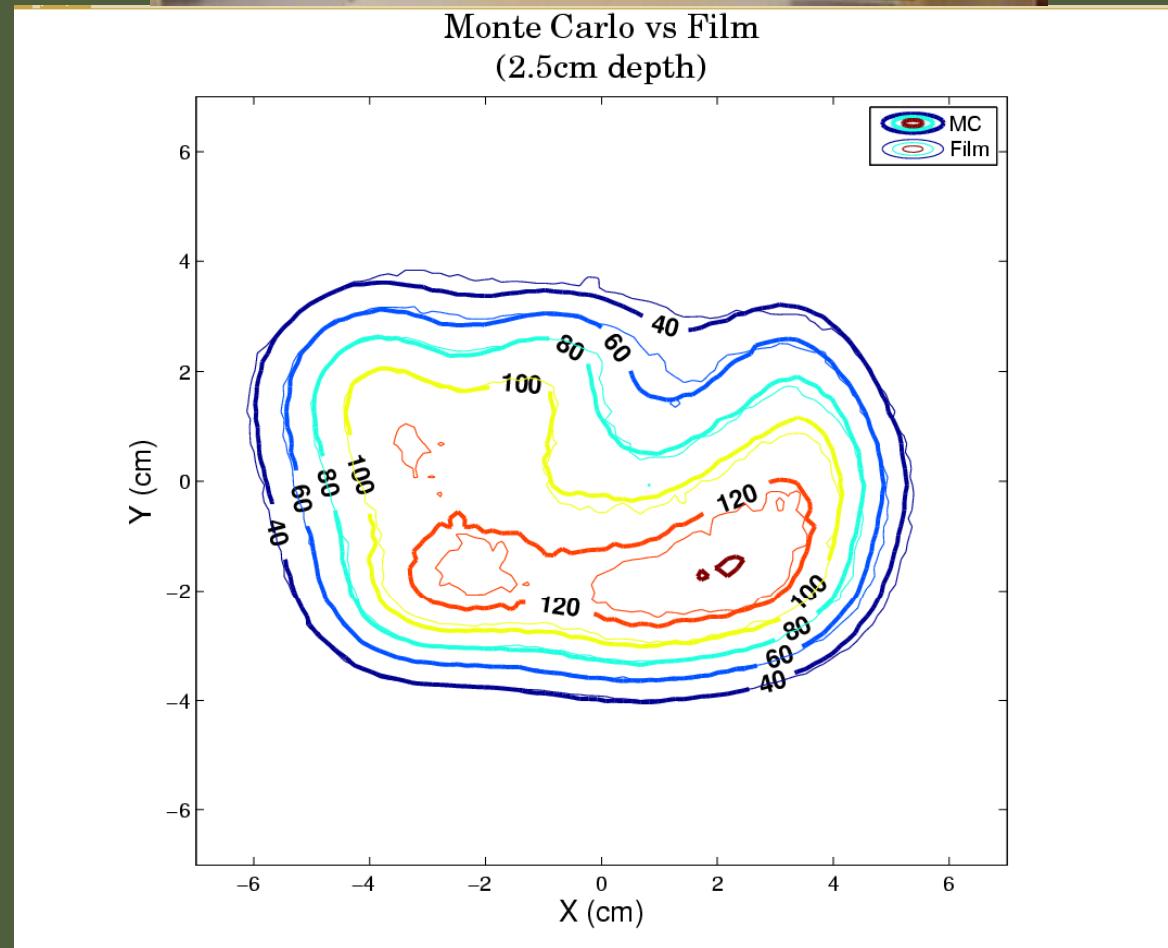
# Experimental verification

## Relative dose verification: Radiochromic films



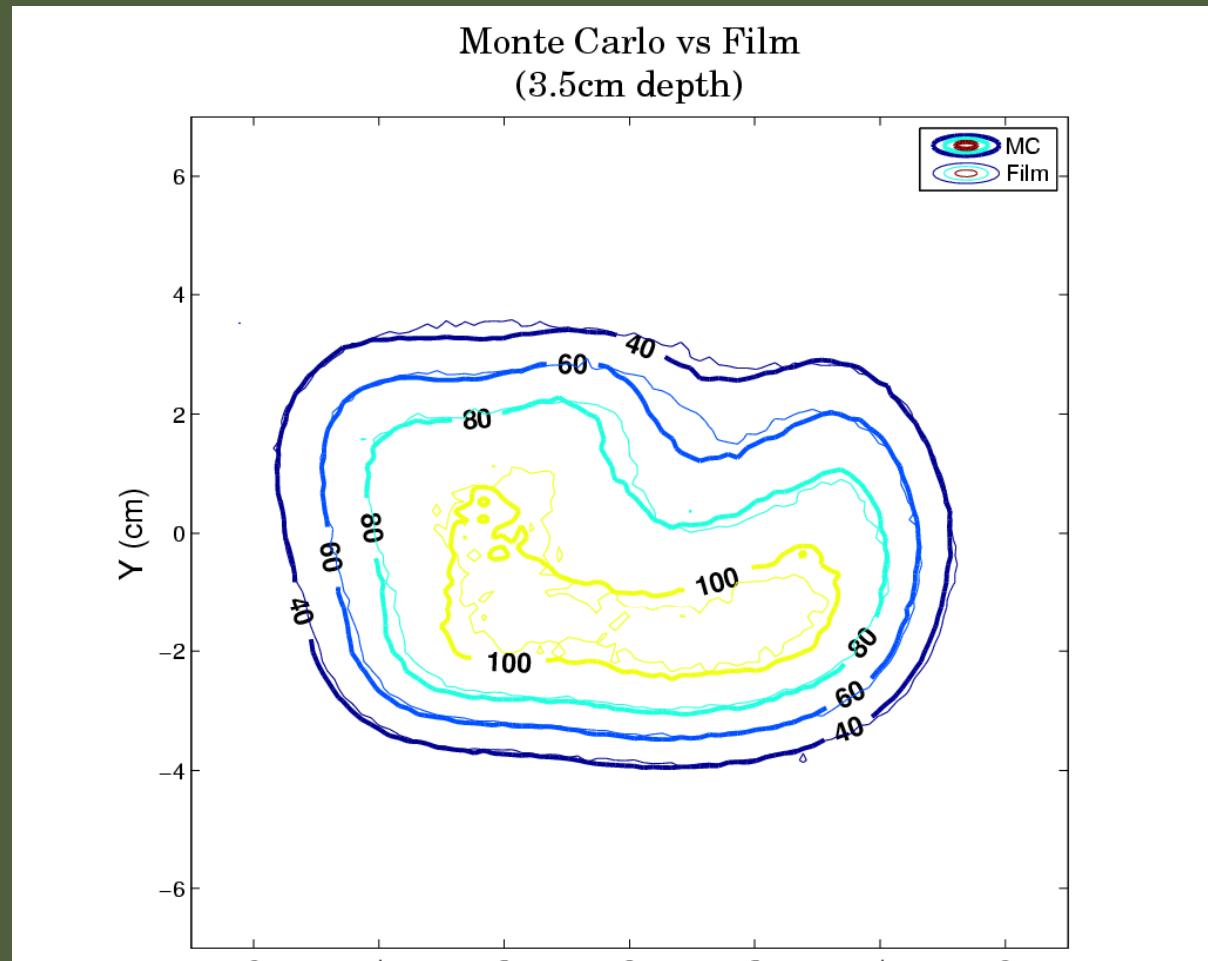
# Experimental verification

## Relative dose verification: Radiochromic films

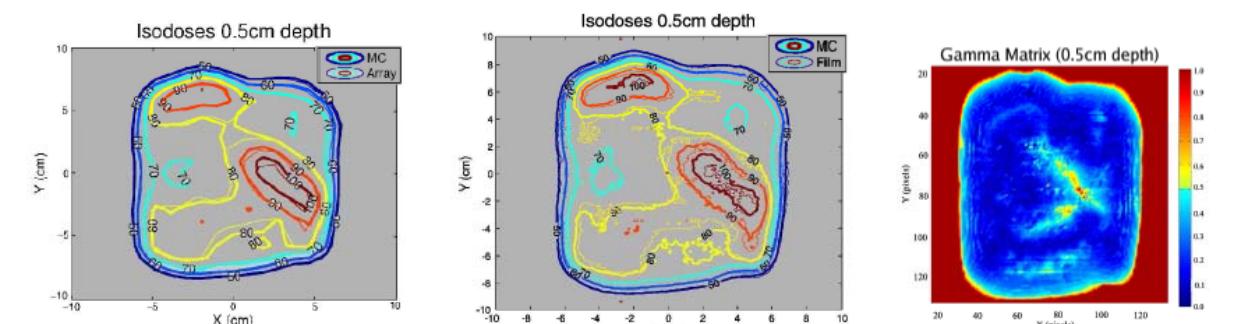


# Experimental verification

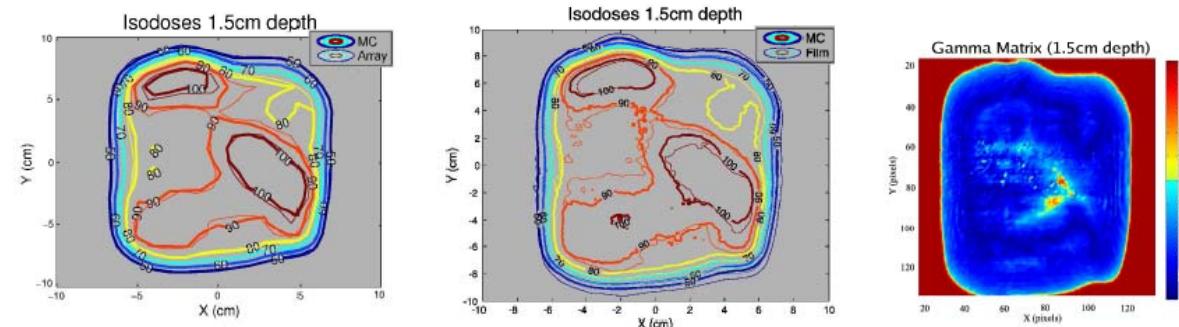
## Relative dose verification: Radiochromic films



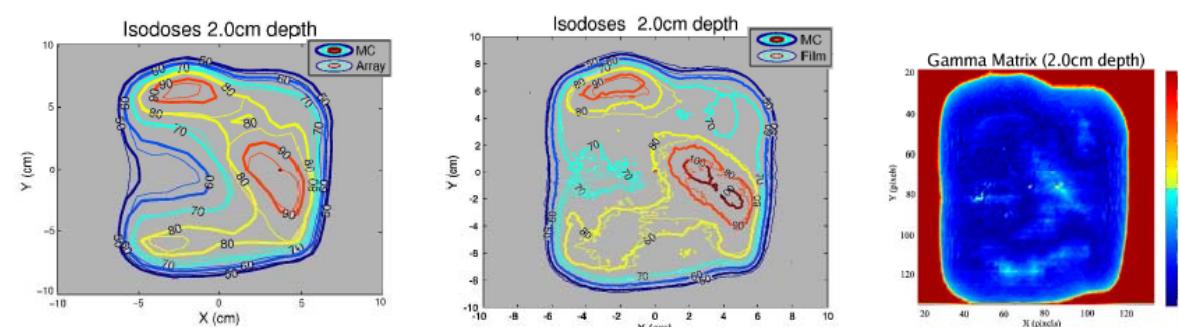
## Experimental verification



(a) (b)



(c) (d)



Gamma  
analysis



## Experimental verification

Absolute dose verification: Plane-parallel ion chamber

Chest wall cases

Case	Experimental dose (cGy)	MC dose (cGy)	Difference
P1	217.5	217.2	-0.1%
P2	219.1	221.2	+1.0%
P3	216.2	213.2	-1.4%
P4	157.5	153.1	-2.9%

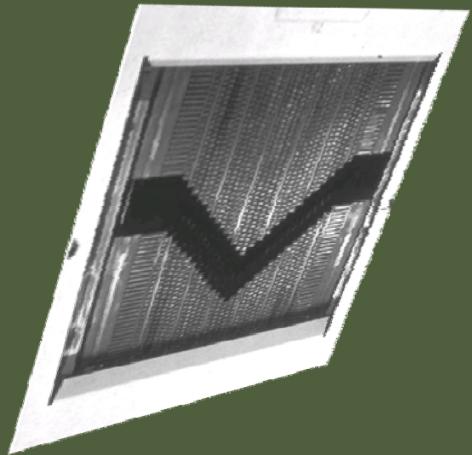
Shallow  
H&N cases

	Experimental dose (cGy)	Monte Carlo dose (cGy)	Difference
Case 1	201.1	204.1	-1.47%
Case 2	255.9	253.2	+1.07%
Case 3	231.9	233.0	-0.47%
Case 4	245.2	242.7	+1.03%



Can we extend the model ? Yes, IMRT+MERT

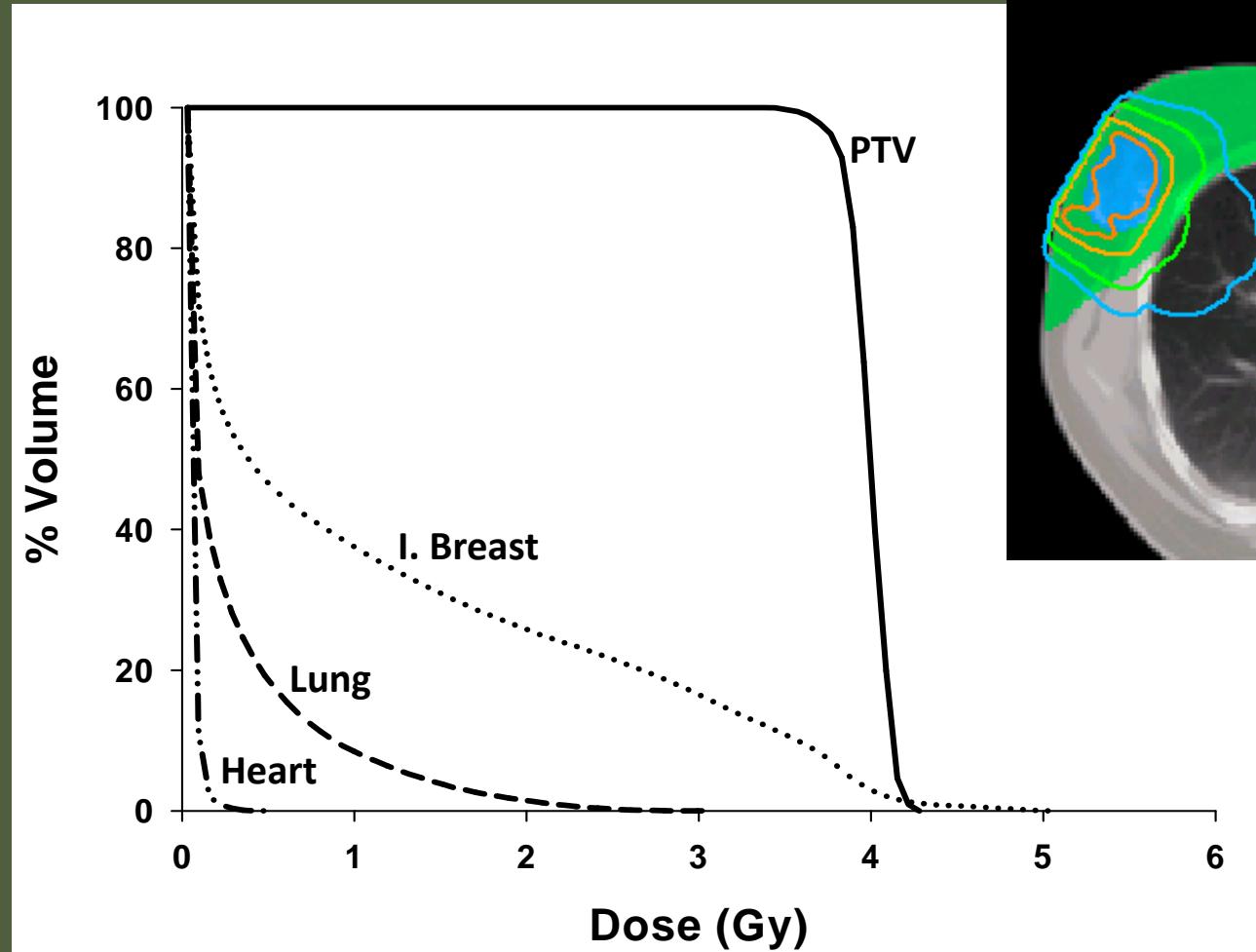
-We have the same collimation device for both type of particles.



- We have the same algorithm to calculate the dose with the wished precision:

**MCTP**

# Combination IMRT+MERT Accelerated Partial Breast Irradiation



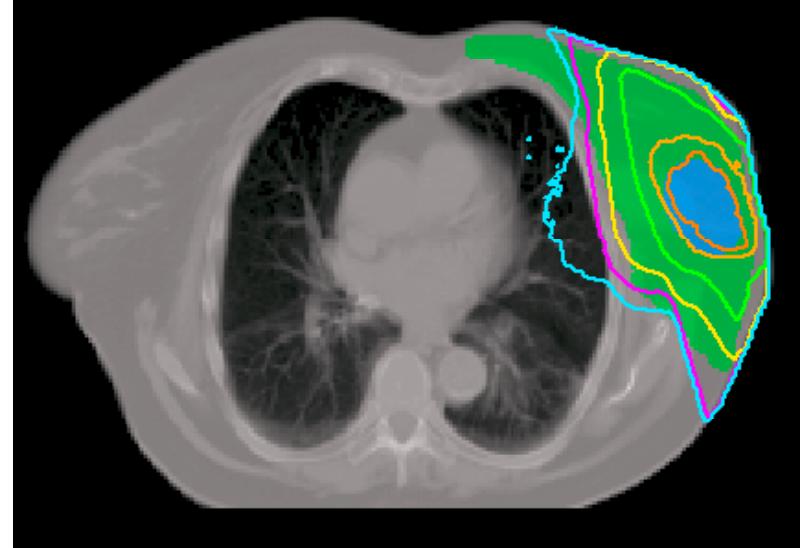
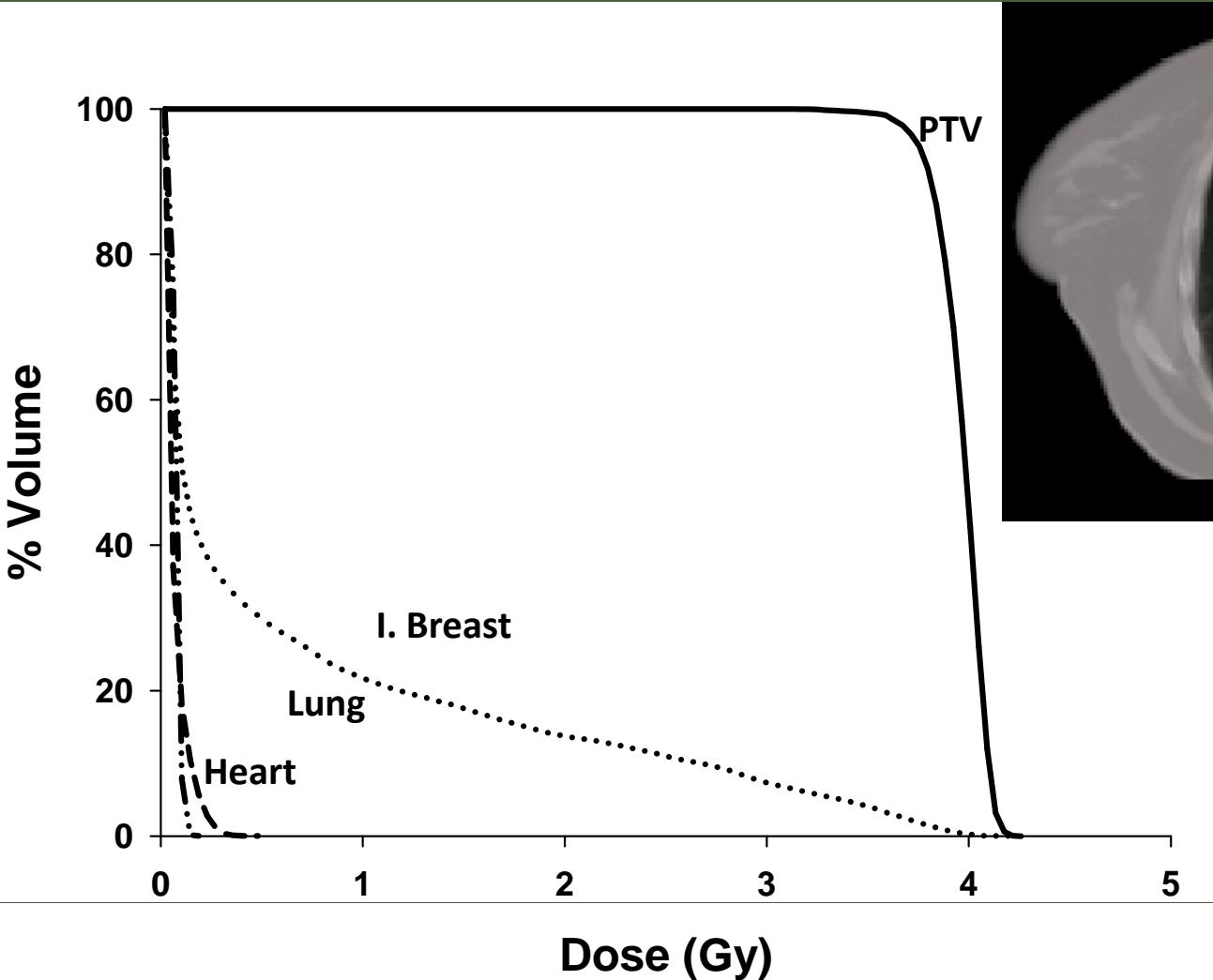
20, 50, 90, 100, 110%  
isodose lines.  
Prescription : 38.5 Gy  
10 fractions.



## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning



# Combination IMRT+MERT Accelerated Partial Breast Irradiation



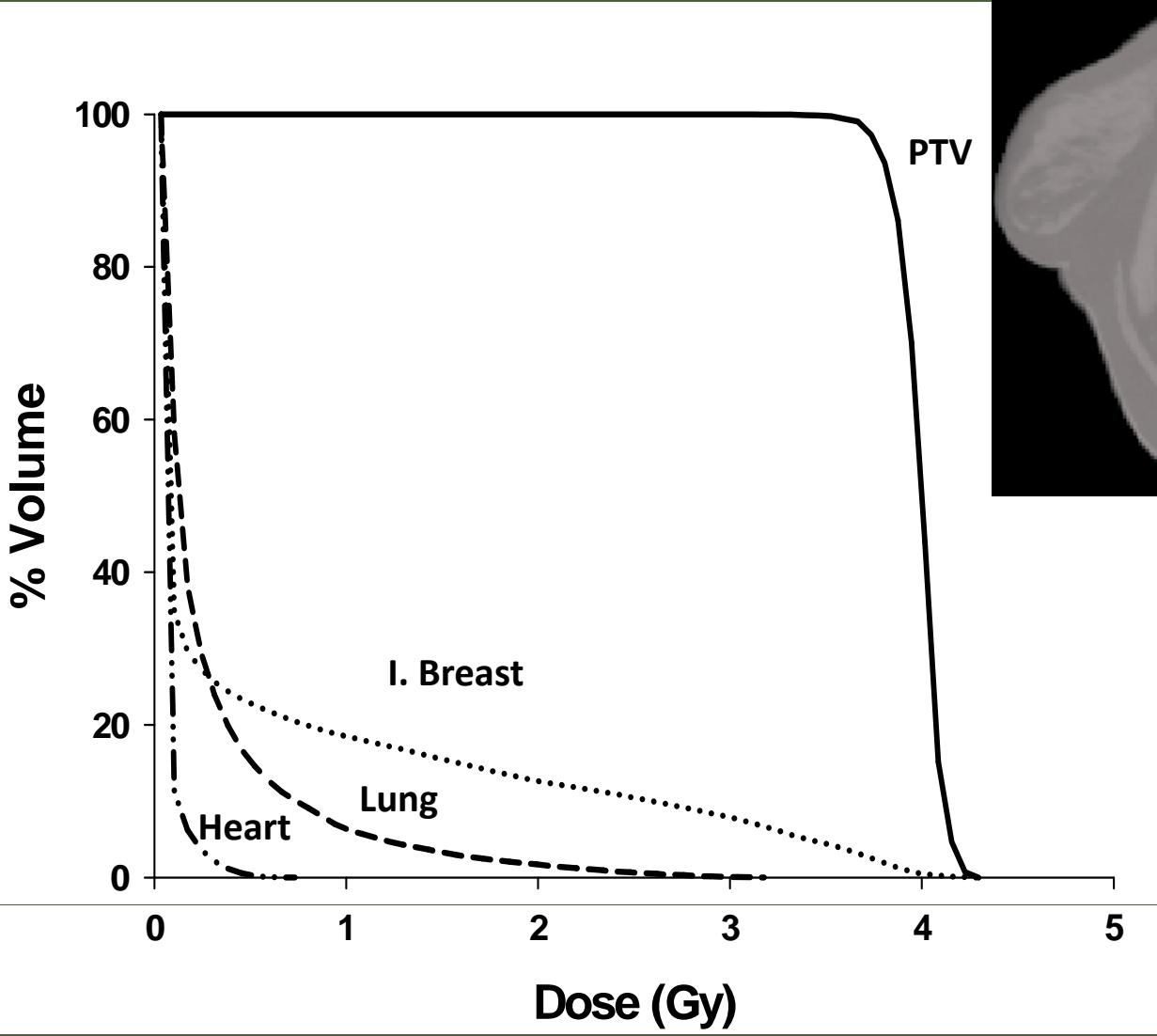
5, 10, 20, 50, 90, 100,  
110, 120% isolines  
Prescription: 38.5 Gy  
10 fractions.



## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning

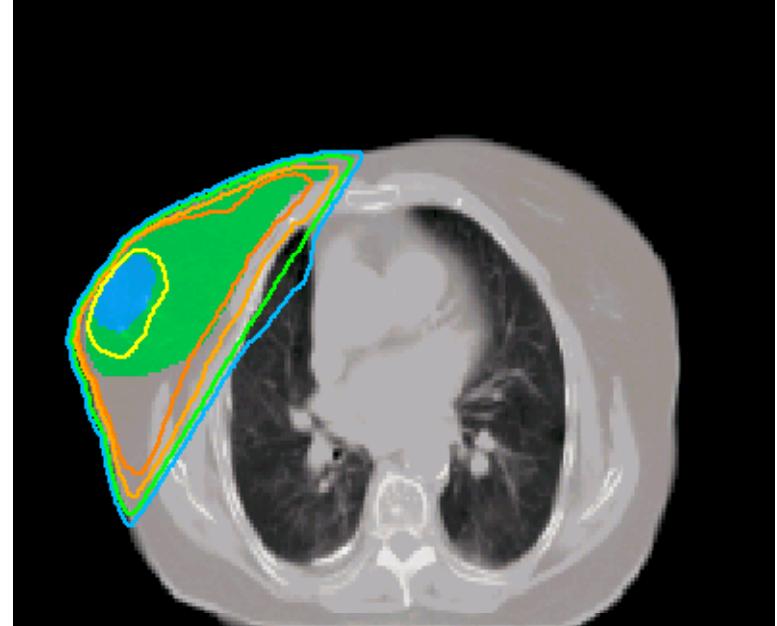
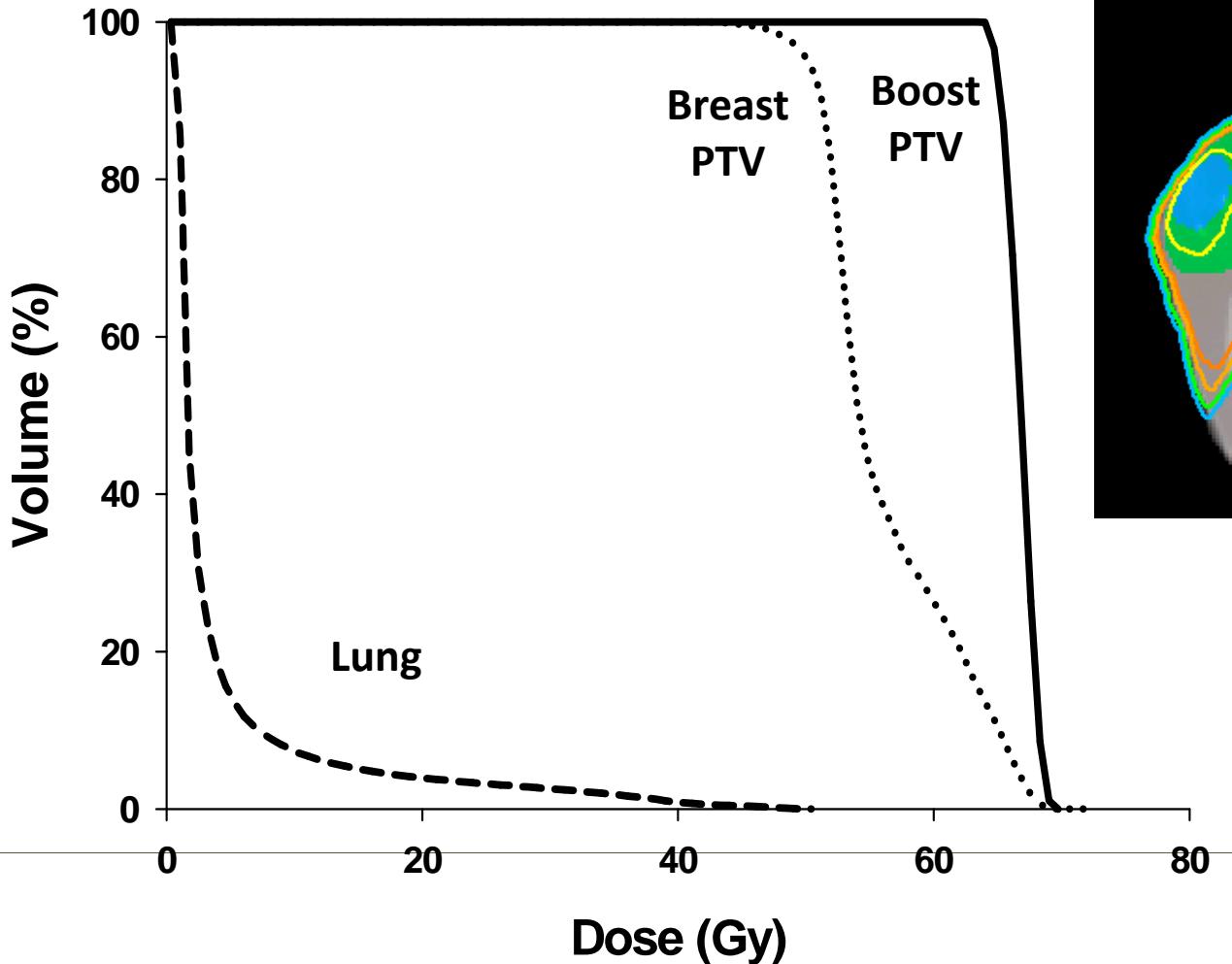


# Combination IMRT+MERT Accelerated Partial Breast Irradiation



5, 10, 20, 50, 90, 100,  
110, 120% isolines  
Prescription: 38.5 Gy  
10 fractions.

## Combination IMRT+MEERT Simultaneous Irradiated Boost



20, 50, 90, 100 y 128%  
isolines.  
Prescription PTV: 50.4 Gy  
Prescription CTV: 64.4 Gy



## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning



### Combination IMRT+MERT

Technique	Case	Beam type	Energy (gantry angle)	Number of segments	Monitor Units
PBI	P1	Electrons	12 MeV (295°)	3	28.0, 75.5, 59.7
			15 MeV (295°)	4	60.5, 28.1, 33.3, 32.9
	P2	Electrons	18 MeV (90°)	4	5.4, 11.2, 25.4, 12.6
			6 MV (342°)	4	20.3, 16.8, 33.9, 62.1
				2	209.0, 0
	P3	Electrons	12 MeV (320°)	4	60.4, 50.1, 3.5, 39.4
			15 MeV (320°)	6	32.3, 37.5, 38.4, 5.2, 30.9, 34.8
SIB	P3	Electrons	12 MeV	1	19.4
		Photons	6 MV (39°)	2	95.3, 10.1
			6 MV (213°)	2	96.4, 9.7



# TCP and NTCP for PBI cases

\* El fraccionamiento es igual a 2 Gy debido a que se convirtió la dosis a dosis equivalente del fraccionamiento convencional.

	Dosis (Gy)/Frac	a	TD50	P1		P2		P3	
				$\gamma$	$\gamma/\beta$	EUD	TCP (%)	EUD	TCP (%)
Breast TCP	2 (*)	-7.2 (1)	36.24 (2)	3 (4)		56.39	97.17	56.42	97.18
				2 (3)	4 (5)	56.09	97.05	56.11	97.06
				4.6 (6)		55.96	96.99	55.97	97.00
				0.88 (2)	4 (5)	56.09	82.31	56.11	82.33

NTCP	Dosis (Gy)/Frac	$\gamma/\beta$	a	TD50	$\gamma$	P1 EUD	P2 NTCP (%)	P3 EUD	NTCP (%)
Pneumonitis	2 (*)	3 (4, 8-10)	1 (3)	24.5 (7)	2 (3)	0.74	0.00	3.00	0.00
				30.8 (8)				2.82	0.00
Pericarditis	3 (4)	0.78 (4)	3 (3)	50 (7)	3 (7)	0.86	0.00	0.77	0.00
				52.3 (9)	1.28 (9)			1.20	0.00
			60 (10)	3.4 (6)					
				4 (3)					
			65 (10)	4 (3)					
			70 (7)	3.4 (6)					

Our group is committed with few fields and with just the necessary MUs :

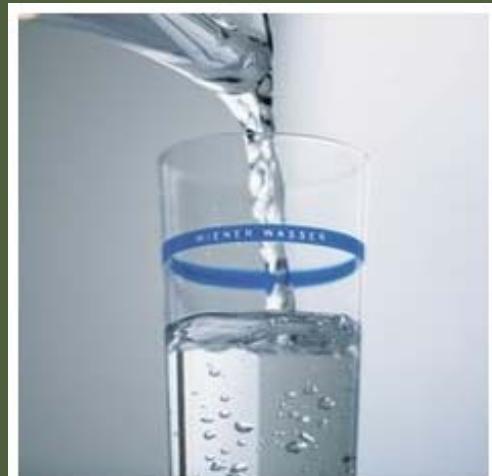
Leakage issue:



MUs in the beam delivery can be reduced :



Dose prescription to the target and as lower as possible integral dose





Few fields?...

Latest 3 years

Intensity Modulated Arc Therapy (IMAT):

Average MUs with IMAT is lower than with IMRT but the dynamic version one.

Step&Shoot IMRT is slower than IMAT but similar MUs

- RapidArc of Varian is based on DAO (Otto K 2007)

65 references

- Volumetric Modulated Arc Therapy (VMAT)

45 references

ERGO++ :

MLC shapes are given by anatomic relationship between PTV and OARs



## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning

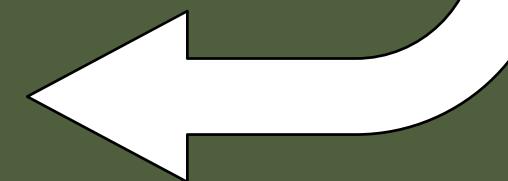


Few fields?...

Not always new techniques and simpler to use are the best.



Smart sequencer





## Hybrid optimization model (our proposal) :

Weights calculation under Linear Programming:

- The problem is reduced to the necessary voxels
- Dose-volume restrictions are not always necessary.
- The calculation time is faster.

Class solutions in an automatic way:

- Few beamlets for the optimization procedure.
- Aperture can be defined from the begining but...

Why don't we use the benefit of our sequencer?



## Linear Programming formulation to find weights

Objetive function

$$f.o. = P \sum_{i=1}^{N_{ptv}} x_i + Q_{PTV} \sum_{i=1}^{N_{ptv}} y_i + R_{OAR} \sum_{i=N_{ptv}+1}^N x_i$$

Initial conditions

$$\begin{cases} \sum_{j=1}^M B_{ij} \omega_j - x_i \leq D^{max} & i = 1, \dots, N_{ptv} \\ \sum_{j=1}^M B_{ij} \omega_j + y_i \geq D_{min} & i = 1, \dots, N_{ptv} \\ \sum_{j=1}^M B_{ij} \omega_j - x_i \leq d^{max} & i = N_{ptv} + 1, \dots, N \end{cases}$$

con  $x_i, y_i \geq 0 \quad \forall i$

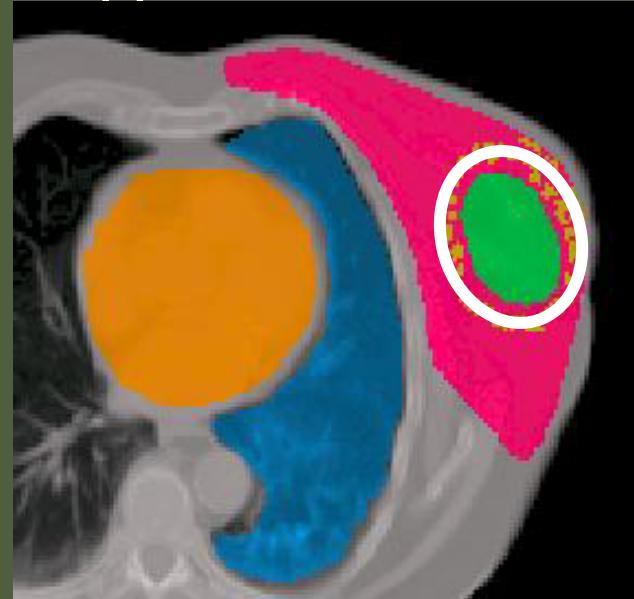
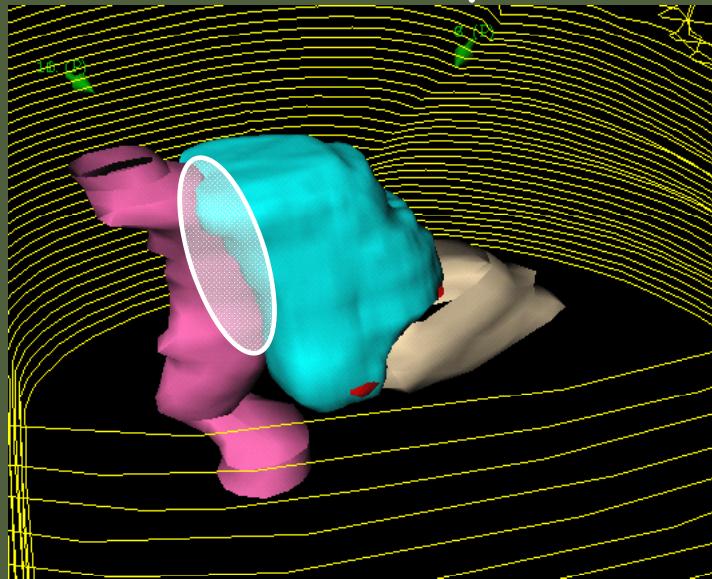
nº of equations:  $N + N_{PTV}$   
nº of unkowns:  $M + (N + N_{PTV})$

LP is not feasible for all the potential beamlets but it is the fastest method if the initial problem is adequately reduced.

## Linear Programming for a reduced initial problem

### 1. Voxel reduction:

Is it necessary to know what happen with all voxels?

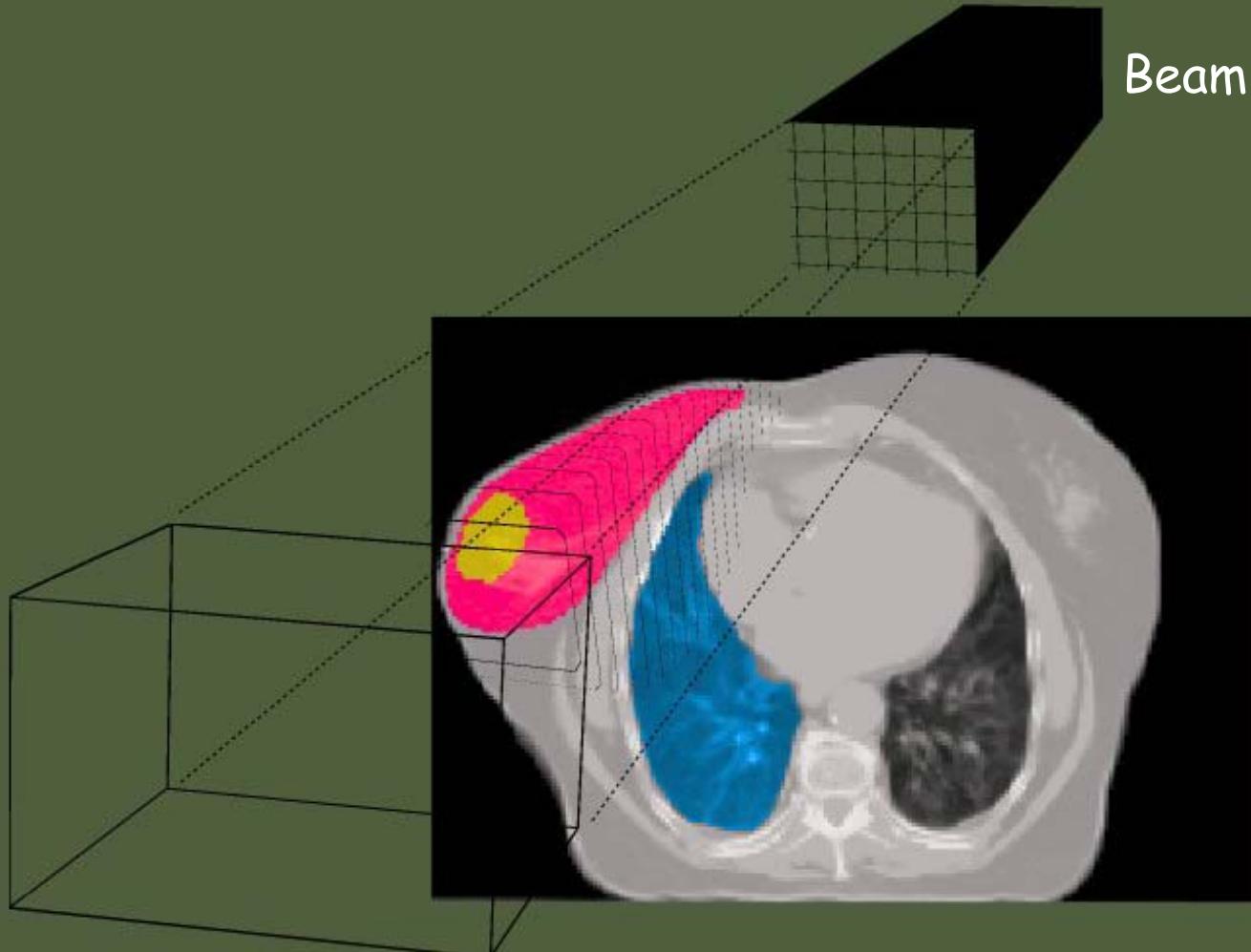


### 2. Grouping of beamlets:

We need to find the apertures susceptible for weighting.

## Smart sequencer for LP optimization

Looking for freedom degrees for the fluence weighting.

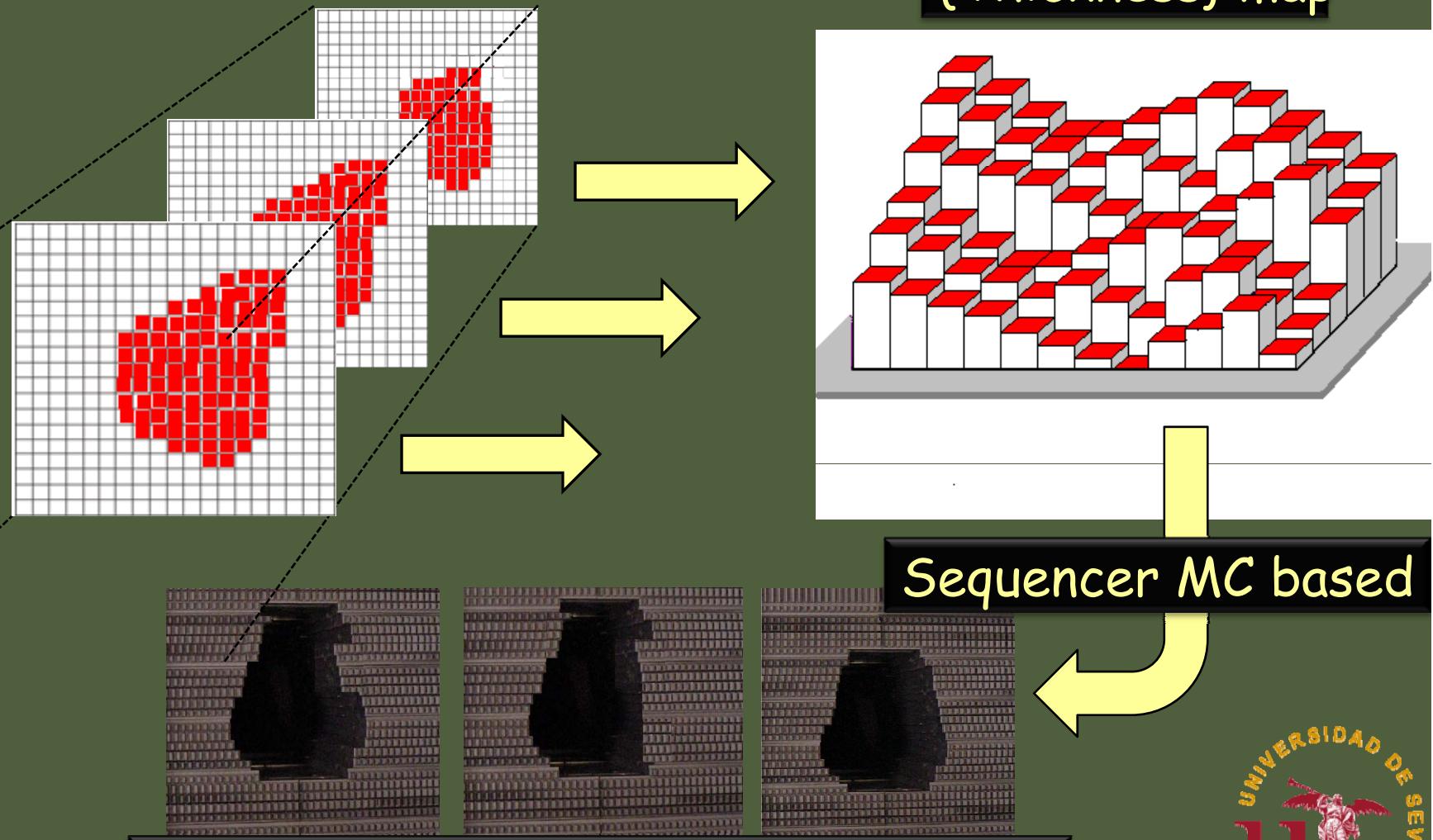


Beamlets (PSD)

## Smart sequencer for LP optimization

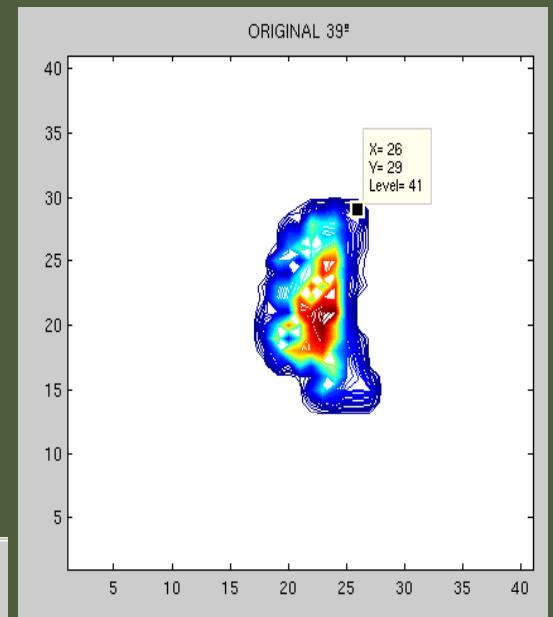
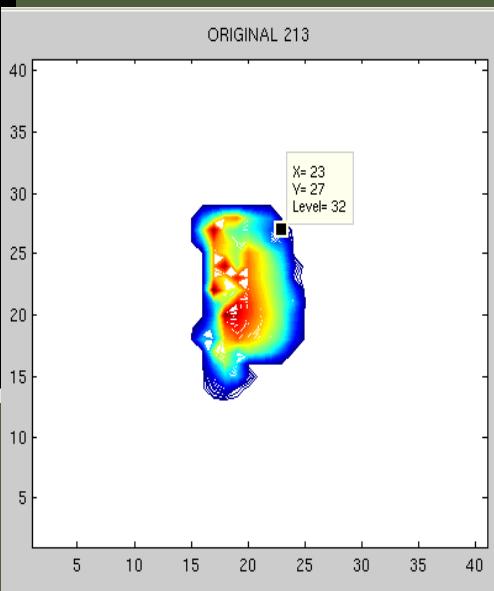
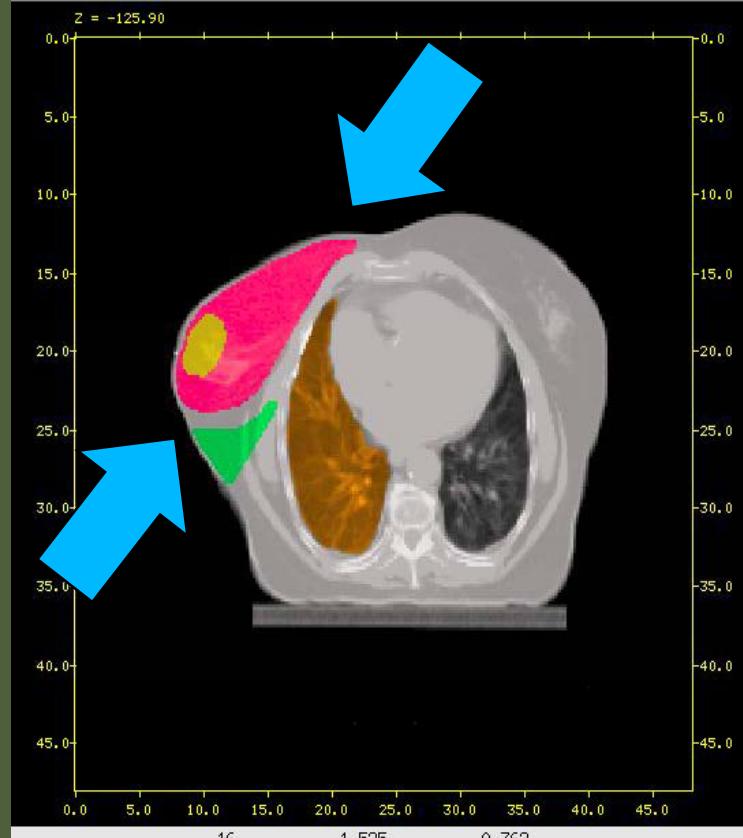
Looking for freedom degrees for the fluence weighting.

{Thickness} map



Smart Class solution anatomic based

# Finding freedom degree for weighting photon beams in a SIB case



{Thickness} map  
Metabolic map??

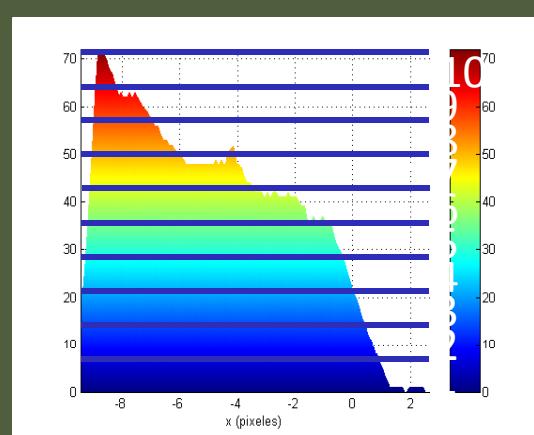
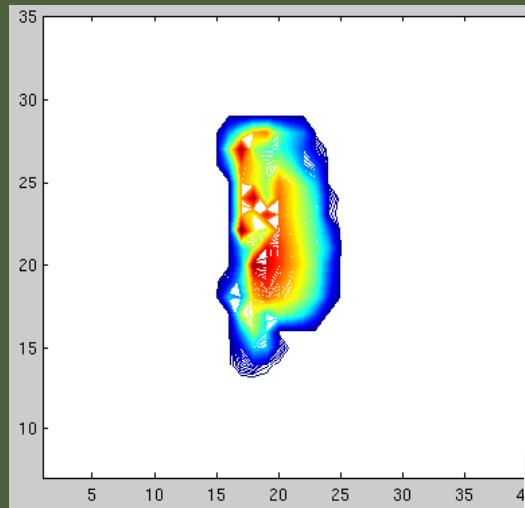
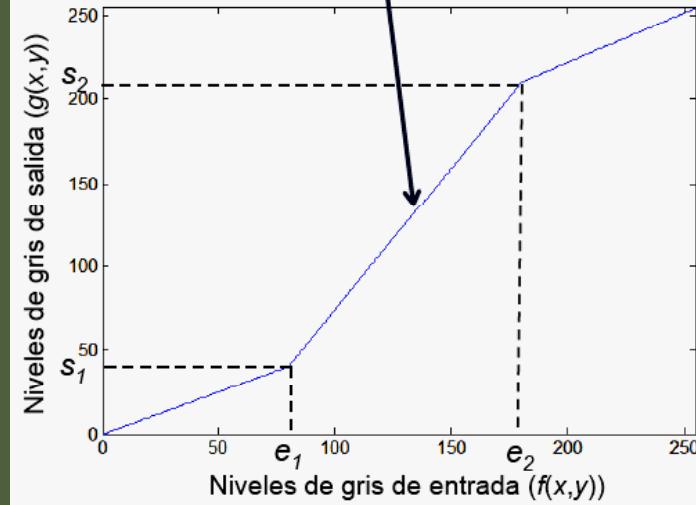
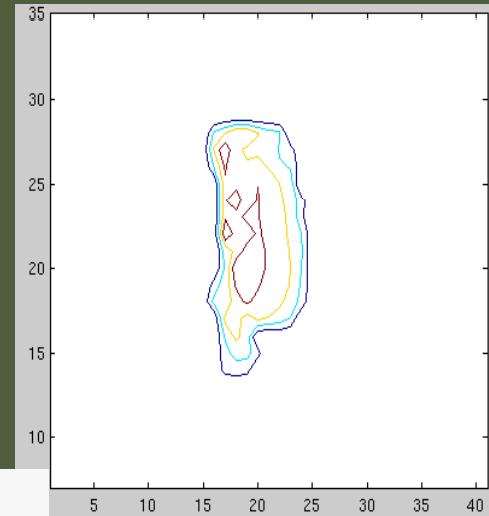


Image processing

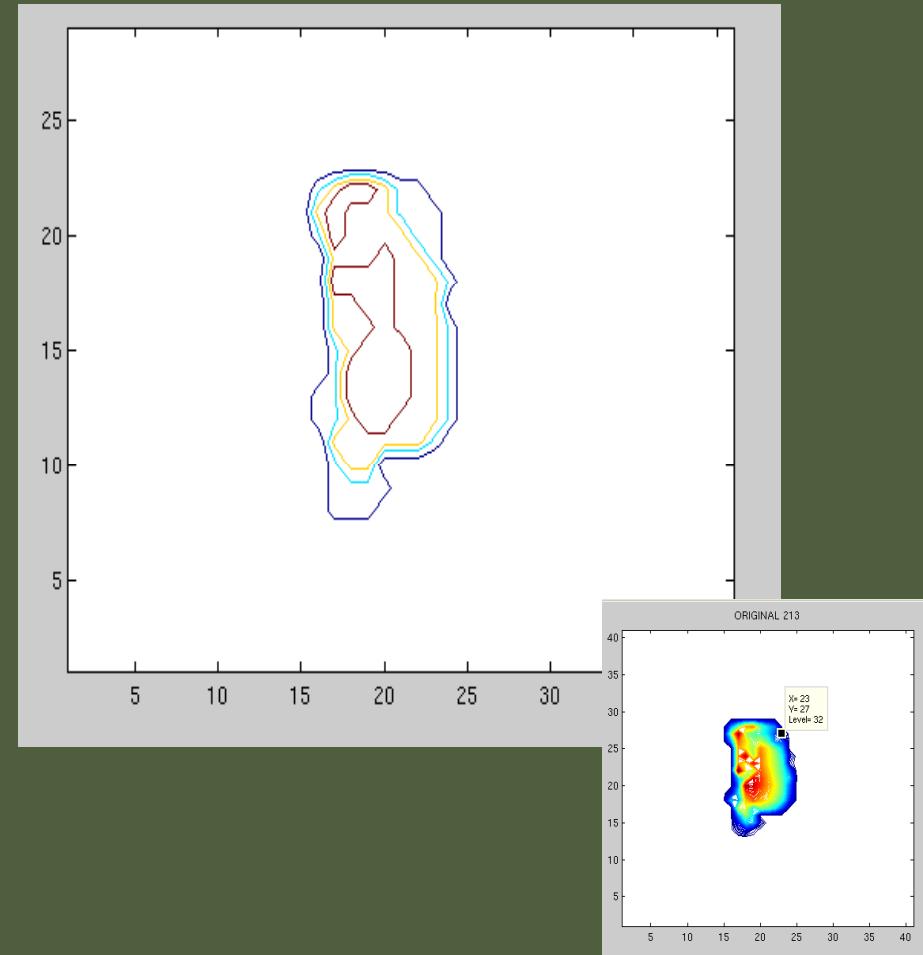
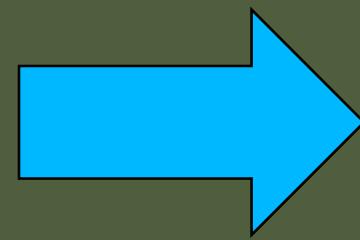
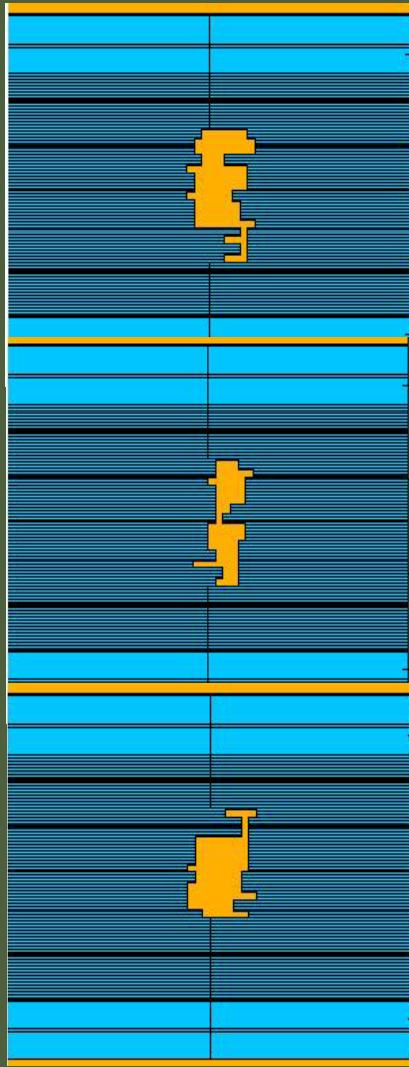
$$g(x, y) = T[f(x, y)]$$



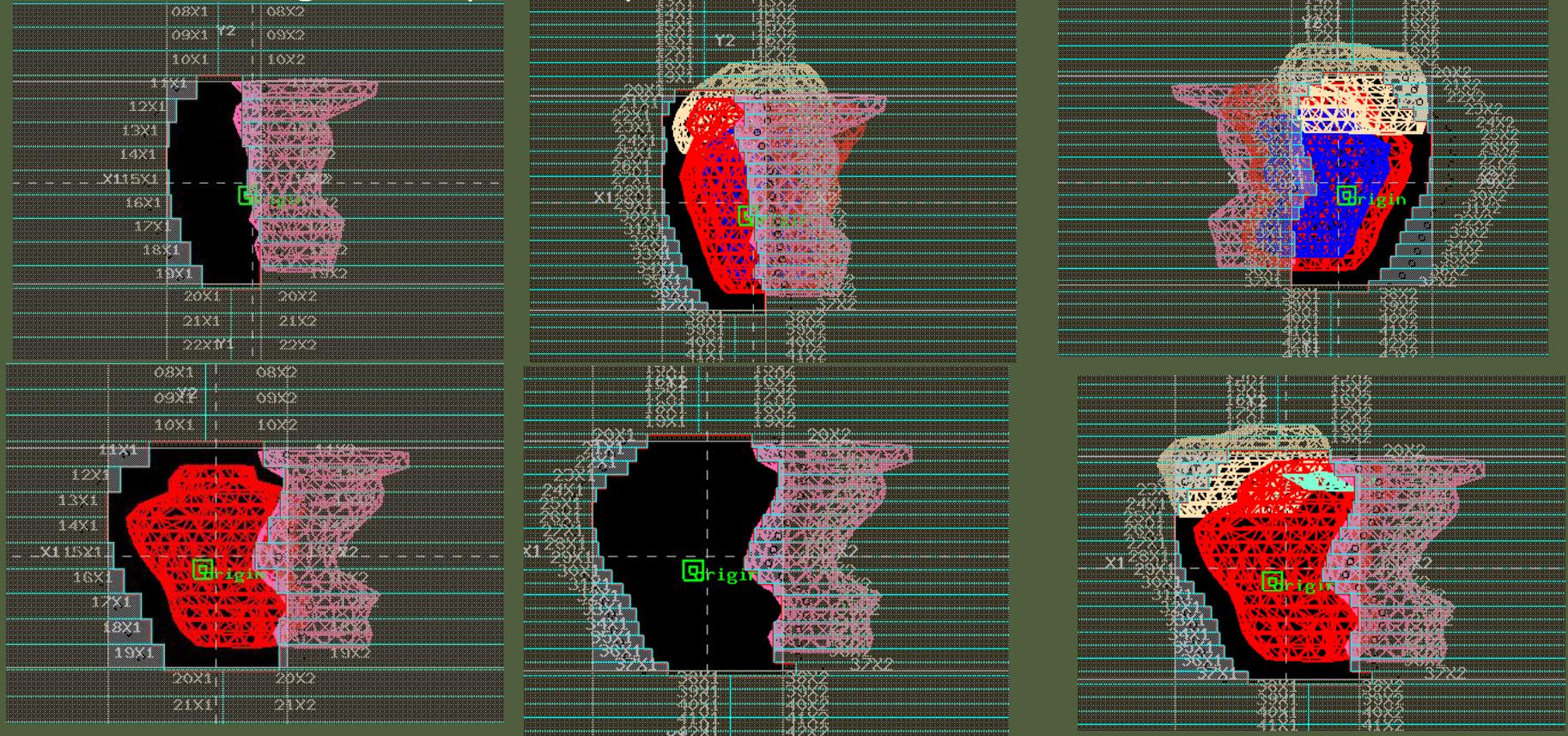
Matrix for the sequencer



# Direct aperture from a sequencing process !!!



- Thickness map with the information of structures can be "sequenced" to obtain the smart aperture to be weighted.
- Few "beamlets" linked to "regions of voxels of interest" will allow a fast LP solution with the best set of weights.
- These few segments yes they are worth full simulated MC.





## Radiotherapy optimization methods for modulated beams in Monte Carlo treatment planning



Thanks for your attention

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